



LAPORAN PENUH

4th

**BERWANG AGE GROUP
TRACK & FIELD
COMPETITION**

KOMPLEKS SUKAN PENAMPANG

10 - 12 DISEMBER 2022

4th Berwang Group Age Track & Field Competition 2022
Kompleks Sukan Penampang, Sabah
10 - 12 Disember 2022

JADUAL ACARA KEJOHANAN						
TARIKH : 10/12/2022						
NO ACARA	MASA	KATEGORI	ACARA	PERINGKAT	BIL	PESERTA
101	0730	LELAKI TERBUKA	LOMPAT KIJANG	AKHIR	1	16
102	0730	LELAKI 15 TKB	LOMPAT TINGGI	AKHIR	1	11
103	0730	PEREMPUAN TERBUKA	REJAM LEMBING	AKHIR	1	10
104 [121]	0830	PEREMPUAN 12 TKB	200 m	SEPARUH AKHIR	14	112
105 [122]	0940	LELAKI 12 TKB	200 m	SEPARUH AKHIR	13	100
106	1030	PEREMPUAN TERBUKA	LOMPAT JAUH	AKHIR	1	20
107 [123]	1045	PEREMPUAN 15 TKB	200 m	SEPARUH AKHIR	5	37
108 [124]	1110	LELAKI 15 TKB	200 m	SEPARUH AKHIR	13	102
109 [125]	1215	PEREMPUAN TERBUKA	200 m	SEPARUH AKHIR	4	28
110 [126]	1235	LELAKI TERBUKA	200 m	SEPARUH AKHIR	7	53
111	1430	PEREMPUAN 15 TKB	REJAM LEMBING	AKHIR	1	15
112	1430	PEREMPUAN 15 TKB	LOMPAT JAUH	AKHIR	1	40
113	1430	PEREMPUAN 15 TKB	100 m LARI BERPAGAR	AKHIR	1	30
114	1500	PEREMPUAN TERBUKA	100 m LARI BERPAGAR	AKHIR	1	7
115	1520	LELAKI 15 TKB	110 m LARI BERPAGAR	AKHIR	1	24
116	1550	LELAKI TERBUKA	110 m LARI BERPAGAR	AKHIR	1	6
117	1600	PEREMPUAN 15 TKB	800 m	AKHIR	1	31
118	1615	LELAKI 15 TKB	800 m	AKHIR	1	40
119	1635	PEREMPUAN TERBUKA	800 m	AKHIR	1	9
120	1640	LELAKI TERBUKA	800 m	AKHIR	1	27
[104] 121	1710	PEREMPUAN 12 TKB	200 m	AKHIR	1	8
[105] 122	1715	LELAKI 12 TKB	200 m	AKHIR	1	8
[107] 123	1720	PEREMPUAN 15 TKB	200 m	AKHIR	1	8
[108] 124	1725	LELAKI 15 TKB	200 m	AKHIR	1	8
[109] 125	1730	PEREMPUAN TERBUKA	200 m	AKHIR	1	8
[110] 126	1735	LELAKI TERBUKA	200 m	AKHIR	1	8

4th Berwang Group Age Track & Field Competition 2022
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10 - 12 Disember 2022

JADUAL ACARA KEJOHANAN							
TARIKH : 11/12/2022							
NO ACARA	MASA	KATEGORI	ACARA	PERINGKAT	BIL	PESERTA	
201	0730	LELAKI 15 TKB	LONTAR PELURU	AKHIR	1	28	
202	0730	PEREMPUAN 15 TKB	LEMPAR CAKERA	AKHIR	1	8	
203	0730	PEREMPUAN TERBUKA	LOMPAT KIJANG	AKHIR	1	12	
204	[226] 0730	PEREMPUAN 9 TKB	60 m	SEPARUH AKHIR	9	66	
205	[227] 0815	LELAKI 9 TKB	60 m	SEPARUH AKHIR	10	76	
206	[220] 0905	PEREMPUAN 12 TKB	100 m	SEPARUH AKHIR	19	145	
207	1000	LELAKI 15 TKB	LOMPAT JAUH	AKHIR	1	33	
208	1000	PEREMPUAN TERBUKA	LONTAR PELURU	AKHIR	1	6	
209	1000	LELAKI TERBUKA	LEMPAR CAKERA	AKHIR	1	17	
210	[221] 1035	LELAKI 12 TKB	100 m	SEPARUH AKHIR	17	130	
211	[222] 1200	PEREMPUAN 15 TKB	100 m	SEPARUH AKHIR	7	52	
212	[223] 1235	LELAKI 15 TKB	100 m	SEPARUH AKHIR	13	104	
213	[224] 1340	PEREMPUAN TERBUKA	100 m	SEPARUH AKHIR	4	30	
214	[225] 1400	LELAKI TERBUKA	100 m	SEPARUH AKHIR	9	71	
215	1430	LELAKI TERBUKA	LOMPAT JAUH	AKHIR	1	32	
216	1430	PEREMPUAN 15 TKB	LOMPAT TINGGI	AKHIR	1	6	
217	1430	LELAKI 15 TKB	LEMPAR CAKERA	AKHIR	1	19	
218	1500	PEREMPUAN TERBUKA	400 m LARI BERPAGAR	AKHIR	1	12	
219	1520	LELAKI TERBUKA	400 m LARI BERPAGAR	AKHIR	1	15	
[206] 220	1535	PEREMPUAN 12 TKB	100 m	AKHIR	1	8	
[210] 221	1540	LELAKI 12 TKB	100 m	AKHIR	1	8	
[211] 222	1550	PEREMPUAN 15 TKB	100 m	AKHIR	1	8	
[212] 223	1555	LELAKI 15 TKB	100 m	AKHIR	1	8	
[213] 224	1600	PEREMPUAN TERBUKA	100 m	AKHIR	1	8	
[214] 225	1605	LELAKI TERBUKA	100 m	AKHIR	1	8	
[204] 226	1610	PEREMPUAN 9 TKB	60 m	AKHIR	1	8	
[205] 227	1615	LELAKI 9 TKB	60 m	AKHIR	1	8	
228	1630	PEREMPUAN VETERAN	4 x 100 m	AKHIR	1	4	
229	1640	LELAKI VETERAN	4 x 100 m	AKHIR	1	3	
230	1650	PEREMPUAN TERBUKA	3000 m	AKHIR	1	6	
231	1715	LELAKI TERBUKA	5000 m	AKHIR	1	23	

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JADUAL ACARA KEJOHANAN							
TARIKH : 12/12/2022							
NO ACARA	MASA	KATEGORI	ACARA	PERINGKAT	BIL	PESERTA	
301	0730	LELAKI TERBUKA	5000 m JALAN KAKI	AKHIR	1	12	
302	0730	PEREMPUAN TERBUKA	5000 m JALAN KAKI	AKHIR	1	11	
303	0730	PEREMPUAN TERBUKA	LEMPAR CAKERA	AKHIR	1	9	
304	0730	PEREMPUAN 15 TKB	LOMPAT KIJANG	AKHIR	1	9	
305	0730	LELAKI TERBUKA	LOMPAT TINGGI	AKHIR	1	10	
306	0800	PEREMPUAN 15 TKB	400 m	AKHIR	1	30	
307	0830	LELAKI 15 TKB	400 m	AKHIR	1	66	
308	0930	PEREMPUAN TERBUKA	400 m	AKHIR	1	24	
309	0945	LELAKI TERBUKA	400 m	AKHIR	1	37	
310	1000	LELAKI 15 TKB	LOMPAT KIJANG	AKHIR	1	22	
311	1000	LELAKI 15 TKB	REJAM LEMBING	AKHIR	1	16	
312	1000	LELAKI TERBUKA	LONTAR PELURU	AKHIR	1	15	
313	1015	PEREMPUAN 15 TKB	1500 m	AKHIR	1	23	
314	1035	LELAKI 15 TKB	1500 m	AKHIR	1	31	
315	1055	PEREMPUAN TERBUKA	1500 m	AKHIR	1	6	
316	1105	LELAKI TERBUKA	1500 m	AKHIR	1	24	
317	1125	PEREMPUAN 9 TKB	4 x 50 m	AKHIR	1	13	
318	1140	LELAKI 9 TKB	4 x 50 m	AKHIR	1	13	
319	1155	PEREMPUAN 12 TKB	4 x 100 m	AKHIR	1	29	
320	1215	LELAKI 12 TKB	4 x 100 m	AKHIR	1	26	
321	1235	PEREMPUAN 15 TKB	4 x 100 m	AKHIR	1	11	
322	1245	LELAKI 15 TKB	4 x 100 m	AKHIR	1	24	
323	1300	PEREMPUAN TERBUKA	4 x 100 m	AKHIR	1	8	
324	1310	LELAKI TERBUKA	4 x 100 m	AKHIR	1	23	
325	1430	LELAKI TERBUKA	REJAM LEMBING	AKHIR	1	18	
326	1430	PEREMPUAN 15 TKB	LONTAR PELURU	AKHIR	1	12	
327	1430	PEREMPUAN TERBUKA	LOMPAT TINGGI	AKHIR	1	2	
328	1430	PEREMPUAN 15 TKB	200 m LARI BERPAGAR	AKHIR	1	22	
329	1450	LELAKI 15 TKB	200 m LARI BERPAGAR	AKHIR	1	17	
330	1510	PEREMPUAN 15 TKB	4 x 400 m	AKHIR	1	11	
331	1520	LELAKI 15 TKB	4 x 400 m	AKHIR	1	20	
332	1535	PEREMPUAN TERBUKA	4 x 400 m	AKHIR	1	6	
333	1540	LELAKI TERBUKA	4 x 400 m	AKHIR	1	18	

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SEPARUH AKHIR 2 / 14							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	5	1283	AVA JECAYA ANTHONIUS		TUARAN ATHLETICS	33.41 s	
2	2	0795	SCHA DANIA QALESYA BINTI PATRICK		POD PAPAR	34.43 s	
3	1	0661	DANIA KARMILA BINTI SAIFUL AZUA		MONTANA KINABALU AC	35.34 s	
4	6	0328	NUR AFIQAH BINTI SUDIN		(SKOAC)	35.64 s	
5	7	0377	MELLY ANNE CHARLES		HUMANSPO T&F	37.64 s	
6	8	1026	ASHLEY LIEW KER YING		RS ATHLETIC CLUB	37.76 s	
-	3	1377	NUR AZWALYZA BINTI ANWAR		BERWANG SPORTS CLUB	DNS	
-	4	0509	PUTRI AELLY YANA DYA DANISHYA BINTI MOHD FARIZ		SRK LOK YUK LIKAS	DNS	
SEPARUH AKHIR 3 / 14							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	5	0241	AMANDA AUDREY ROSLY		CAC	31.96 s	q
2	7	0560	VANESSA ANN DUNIS		MILE4 ATHLETICS	33.06 s	
3	3	0383	LORAINNE LOVELYN LIANUS		HUMANSPO T&F	33.27 s	
4	8	1036	ARABELLA MAE JERRY		RS ATHLETIC CLUB	34.99 s	
5	2	1292	ALLYVIA RONALD PILAH		TUARAN ATHLETICS	35.34 s	
6	4	0088	NOR FAZYIRA IZATY		ATHRA	35.40 s	
7	6	0793	NUR IZLIN ILYANA BINTI MUHAMMAD IZZAT		POD PAPAR	35.70 s	
8	1	0848	HANNAH XUENNA ALAU ROBERT		PLN KENINGAU	39.07 s	
SEPARUH AKHIR 4 / 14							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	7	1360	NUR ELLESYA AZWA BT. AWANG		TUNGKU SPORTS CLUB	31.72 s	q
2	3	1113	ANTHONIA JOYCE		POD SANDAKAN	33.26 s	
3	4	0327	NUR AINA FAZILAH BINTI ALMAN		(SKOAC)	33.53 s	
4	5	1281	STEPHANIE LALENG ROBERT		TUARAN ATHLETICS	33.81 s	
5	1	1032	MAYCHEBELL YONG NYUK JING		RS ATHLETIC CLUB	33.88 s	
6	8	0385	AIN HUMAIRAH BINTI AZLAN		HUMANSPO T&F	35.35 s	
7	6	0082	STELLA STEPHANIE PAN		ATHRA	35.61 s	
8	2	0243	PRINCESSMYA LOVELYN ADRIAN SIPONONG		CAC	36.68 s	
SEPARUH AKHIR 5 / 14							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	1	0232	CHELCALSEA KRISLLEY BICKLEY		CAC	29.82 s	q
2	4	0457	QASEH SAIYIDAH HUDA BINTI HAMIDI		KO SK.MALAWA	32.84 s	
3	2	0018	NUR ANA LISA BINTI ABDULLAH		AAC	33.78 s	
4	8	1290	ALVIANNEY ADVENTHIA SIBUN		TUARAN ATHLETICS	34.50 s	
5	6	0090	ALIYA ALLESYA WALDDEY		ATHRA	38.14 s	
6	5	1042	SAMANTHA OBAKPE		RS ATHLETIC CLUB	40.36 s	
-	3	0268	ALENAH FINA WINMIN		SOLUSUK SANDAYOH	DNS	
-	7	1040	HALEY HANA NEA HERALD		RS ATHLETIC CLUB	DNS	
SEPARUH AKHIR 6 / 14							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	7	0460	CHE NUHA HUMAYRA BINTI CHE NOOR MAZLAN		KO SK.MALAWA	32.68 s	
2	8	0380	DYANE ELLYCEA CHARLES		HUMANSPO T&F	33.84 s	
3	4	1287	BRITTANY WONG BAO XIAN		TUARAN ATHLETICS	34.22 s	
4	6	0330	SITI NORSALEHA BINTI MOHD YASSIN		(SKOAC)	35.23 s	
5	5	1034	LEONG ZI CHENG		RS ATHLETIC CLUB	35.51 s	
6	3	0508	NUR ZARA QAISARAH BINTI SHAHRIZAN		SRK LOK YUK LIKAS	36.15 s	
-	1	0559	VALENTINA MESSI LODIN		MILE4 ATHLETICS	DNS	
-	2	0244	MARY KAYLA CLARENCE ONGKUDON		CAC	DNS	
SEPARUH AKHIR 7 / 14							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	1	0378	DJENE KAY SIDIME		HUMANSPO T&F	30.55 s	q
2	2	1320	SHERLY SHARREL SYLVESTER		TONGOD AA	31.06 s	q
3	8	1033	WEE YUN TING		RS ATHLETIC CLUB	33.54 s	
4	7	1294	REA XENIEA ROBERT		TUARAN ATHLETICS	37.08 s	
5	6	1027	NURBAYAH BINTI HERMAN		RS ATHLETIC CLUB	37.88 s	
6	3	0242	NATHANIELLE BABY HERRY KONG		CAC	38.47 s	
7	4	1156	CHUNG YI YING		ST.JAMES, KK	41.21 s	
8	5	0147	SAMREEN ROS JAYENDRAN		BERWANG SPORTS CLUB	45.28 s	
SEPARUH AKHIR 8 / 14							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	5	0266	NINI KARLINA JOHANIS		SOLUSUK SANDAYOH	32.45 s	
2	8	1282	SUZELLENA ABELLA LAMAN		TUARAN ATHLETICS	32.76 s	
3	6	0083	NUR NATALIA VELANI BINTI CHARLO		ATHRA	34.17 s	
4	3	1295	BRITTANY MATTHEW		TUARAN ATHLETICS	35.45 s	
5	4	1155	SHENELLE CHIN HUI XUAN		ST.JAMES, KK	35.86 s	
6	1	1028	NUR ALYAA ZAHRAA BINTI FAZLY		RS ATHLETIC CLUB	36.34 s	
7	2	0512	BERTILIA DANIELA PAUBILI		SRK LOK YUK LIKAS	37.36 s	
8	7	0026	ABBY JONG CHIN LING		KAIROS ATHLETICS	40.86 s	

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SEPARUH AKHIR 9 / 14							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	3	1137	JANE FRANCES GWEN MARCUS		SALAPING ATHLETIC	31.09 s	q
2	7	0239	RYEANNA RODNEY LINUS		CAC	32.65 s	
3	6	0331	NURSAFIKA JAINUDDIN BINTI SAMIN		(SKOAC)	32.85 s	
4	1	0796	LEA LYNNESA LYANE CHRISTOPHER		POD PAPAR	33.69 s	
5	2	1289	EVA VYOLET KILON		TUARAN ATHLETICS	34.08 s	
6	8	1035	CARMEN EVE TONY		RS ATHLETIC CLUB	34.35 s	
7	5	1025	ALYSHA LIM JING WEN		RS ATHLETIC CLUB	34.76 s	
8	4	0394	BEBILINE ANAK BARNABAS		KUNAK ATHELETIC	36.01 s	
SEPARUH AKHIR 10 / 14							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	5	1160	NEHTA LEAH KIMBINS LIAU		ST.JAMES, KK	30.19 s	q
2	1	0329	JESSY CONEY JOSUE		(SKOAC)	34.31 s	
3	8	0087	ARIE MAISANDRA BINTI RAZALI		ATHRA	35.02 s	
4	2	0379	DYANA JANE CHARLES TAMI		HUMANSPOORT T&F	35.53 s	
5	7	1285	EZRA ERNA CHYLSEY UJUM		TUARAN ATHLETICS	36.95 s	
6	3	1043	DAMIA NUR ER YNNA BINTI MOHD EZNI HEZRI		RS ATHLETIC CLUB	38.24 s	
7	6	1030	ARWEN MISYAEEL ISHFA BINTI ABDUL RAHMAN		RS ATHLETIC CLUB	40.09 s	
-	4	0557	MYRABELL ANGELLA ARIEL		MILE4 ATHLETICS	DNS	
SEPARUH AKHIR 11 / 14							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	8	1291	ALVIONNEY ADVENTHIA SIBUN		TUARAN ATHLETICS	32.24 s	
2	4	1037	DASHIE ONG ZUAN NEO		RS ATHLETIC CLUB	32.62 s	
3	1	0263	NURHAYATI BINTI AUNI		CHEETAH ATHELETIC	34.51 s	
4	2	0381	CHLOE CHARLES		HUMANSPOORT T&F	34.56 s	
5	3	0792	ELLY SANDRA BINTI JUBAL		POD PAPAR	35.32 s	
6	5	1139	AUDREY GLACY RAYNER		SALAPING ATHLETIC	35.33 s	
7	7	1095	SHERRA ASTHERA JONIAS		SEMEKSI	37.88 s	
8	6	0248	NURUL SYAFIQAH SYAHERA		CAC	38.89 s	
SEPARUH AKHIR 12 / 14							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	4	0106	SHIVAANI SHARON DENESH KUMAR		BULLET ATHLETICS	32.90 s	
2	3	0267	NUR FAREEZA LEA BINTI JUMRI		SOLUSUK SANDAYOH	33.38 s	
3	6	1031	SHAWNA ELORA SAMMY CHIUNG		RS ATHLETIC CLUB	34.39 s	
4	5	0235	LYDIA ISABELL		CAC	35.04 s	
5	1	1029	THEA ANNELIESE TAISON		RS ATHLETIC CLUB	38.03 s	
6	7	0085	MARSHANDA NABILA BTE MATNOOR		ATHRA	38.28 s	
7	2	0376	REZZHONEY BINTI TOIRROL		HUMANSPOORT T&F	38.31 s	
-	8	1286	JOANNE FIEONA PIUS		TUARAN ATHLETICS	DNS	
SEPARUH AKHIR 13 / 14							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	8	1284	DENDRA ELVY RESLE		TUARAN ATHLETICS	32.74 s	
2	5	1326	THERESA VERA PETRUS		TANDEK ATHLETICS	34.62 s	
3	3	0234	ARMELLA MAGDALEN ARIL		CAC	35.37 s	
4	6	0025	AMBER LIM HE YEE		KAIROS ATHLETICS	35.90 s	
5	1	0092	NURATYQAH MAISARAH BT ABDULLAH		ATHRA	39.95 s	
6	2	0382	SAMANTHA ALLYSSA SAM		HUMANSPOORT T&F	40.67 s	
-	4	1041	CHARLOTTE HAYLEE LEIKSON		RS ATHLETIC CLUB	DNS	
-	7	0663	HAWA BINTI SABL		MONTANA KINABALU AC	DNS	
SEPARUH AKHIR 14 / 14							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	1	0558	RYESSE ANN ATHANASIOUS		MILE4 ATHLETICS	33.10 s	
2	8	0264	ARFA ARIF RAIHAN BINTI ABDULLAH		CHEETAH ATHELETIC	33.15 s	
3	4	0546	SHARMILA BINTI MIASIN		MSN SANDAKAN	33.16 s	
4	2	0794	ESMERLDA ANNE JACKSON		POD PAPAR	33.87 s	
5	7	0246	BRYVELEY ELVRA B. KUIBIN		CAC	36.11 s	
6	5	1288	MYRA ELLYE ANN MICHEAL BUNCOH		TUARAN ATHLETICS	38.44 s	
7	3	1039	AIRISH AIMY THADDEUS B. RUDY THADDEUS		RS ATHLETIC CLUB	38.94 s	
8	6	1327	KATELYN LARA FERRER		TANDEK ATHLETICS	39.08 s	

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NO ACARA : 105			SEPARUH AKHIR		8 masa terbaik (q) layak		
ACARA : 200 m			LELAKI 12 TKB				
SEPARUH AKHIR 1 / 13							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	3	0323	ESTEEN DIAZ NELTON		(SKOAC)	27.51 s	q
2	2	0370	HARELD BRYAN GODFREY JOHNIU		HUMANSPO RT T&F	28.29 s	
3	6	0628	DANYAL MARCZQUI RAHMAT HARON MUZAFFAR		MONTANA KINABALU AC	29.26 s	
4	4	0710	MUNIFĀ AL-HUBAISHĪĀ BINĀ MOHAMMEDĀ MOHAMMEDĀ ALĪĀ AL-HUBAISHI		SSM SABAH	30.20 s	
5	8	0999	AYDEN VOO FENG PYN		RS ATHLETIC CLUB	32.05 s	
6	1	0390	MOHD SYAIF ZAQUAN BIN SOBRI		KUNAK ATHELETIC	34.01 s	
7	7	0203	IVERSON ADAM IVON		CAC	34.08 s	
8	5	1144	MASON CHU WEE RUNG		ST.JAMES, KK	36.19 s	
SEPARUH AKHIR 2 / 13							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	6	0639	YEO JING YEW		MONTANA KINABALU AC	28.72 s	
2	4	0326	IRFAN NAIM BIN RAZI		(SKOAC)	29.76 s	
3	2	0199	CLAD KIEL CLINT		CAC	32.69 s	
4	5	1150	ETHAN WONG		ST.JAMES, KK	33.46 s	
5	7	0054	MOHAMMAD ALBY AMEERUL		ATHRA	33.51 s	
6	3	1003	MOHAMAD MUZAFFAR		RS ATHLETIC CLUB	37.00 s	
-	8	0799	DALVIN ETHAN THOMSON		PISMA TEAM	DNS	
SEPARUH AKHIR 3 / 13							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	4	1130	JEROME FRANCIS GLEN MARCUS		SALAPING ATHLETIC	29.16 s	
2	7	0055	AQEELAZZEZ BIN AZMAN		ATHRA	31.16 s	
3	8	0205	IVAN FERNANDEZ VIKI SINGH RAMDAY		CAC	32.10 s	
4	3	0995	KIEFER TAI JIAN		RS ATHLETIC CLUB	33.03 s	
5	6	0992	YONG ZHE XU		RS ATHLETIC CLUB	34.44 s	
-	2	1265	OLLEHANDRO SEBASTIAN SUFIAN		TUARAN ATHLETICS	DNS	
-	5	1373	MUHAMMAD SUZDRIE		BERWANG SPORTS CLUB	DNS	
SEPARUH AKHIR 4 / 13							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	2	0632	NEYDAL ELIJAH LIAU		MONTANA KINABALU AC	27.13 s	q
2	3	0998	MOHAMMAD QYSH FAREEZ BIN ABDULLAH		RS ATHLETIC CLUB	29.60 s	
3	4	1000	AURYLEO DENVER JERRY		RS ATHLETIC CLUB	29.84 s	
4	1	0204	HOWELL HARDLEY HILLORD		CAC	33.06 s	
5	8	0782	AWANG MAHATDIR FARIS BIN KMOO NEE SOON		POD PAPAR	34.48 s	
6	6	1151	MAX RONALD LIM		ST.JAMES, KK	35.17 s	
-	5	1371	MUHAMMAD RIFDI		BERWANG SPORTS CLUB	DNS	
-	7	0407	MOHAMAD ARIFF DANISH BIN MOHD. ARSAD		KOTA BELUD ATHLETIC	DNS	
SEPARUH AKHIR 5 / 13							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	2	0997	ASYSHAFADIE BIN ALIMUDDIN		RS ATHLETIC CLUB	26.41 s	q
2	4	0369	MOHD SHAFIQ ASRI BIN ABDULLAH		HUMANSPO RT T&F	26.51 s	q
3	6	0626	ADAM BIN SABLĪ		MONTANA KINABALU AC	28.11 s	
4	8	1264	HIPPOLYTUS DOUMIN		TUARAN ATHLETICS	28.60 s	
5	3	0709	AWANGKUĀ MUHAMMADĀ HAZWANĀ BINĀ AWANGKUĀ MULĪĀ DE		SSM SABAH	29.32 s	
6	5	0499	MUHAMMAD BIN MD SUHAIMI		SRK LOK YUK LIKAS	33.06 s	
7	1	0899	MOHD ASYRAF SYALI		POD PUTATAN	34.82 s	
8	7	0053	MUHAMMED FIKRI BIN ABD HADI		ATHRA	36.20 s	
SEPARUH AKHIR 6 / 13							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	8	1263	MUHAMMAD AZZIQ IK`TIZHAM BIN AZLAN		TUARAN ATHLETICS	26.76 s	q
2	3	0630	JARREL SHAMRY		MONTANA KINABALU AC	28.47 s	
3	7	0195	JONAH JOINOD MOJUNTIN		CAC	30.37 s	
4	4	0785	AWANG AFIF ISKANDAR BIN A AZIZAN		POD PAPAR	30.52 s	
5	5	1127	FEDREEZ ISAAC BOMMEY		SALAPING ATHLETIC	31.99 s	
6	2	0258	SHARIF ARIEZAN BIN SH MAHADAR		CHEETAH ATHELETIC	32.47 s	
7	6	0371	BRONSON BRYAN GODFREY JOHNIU		HUMANSPO RT T&F	34.51 s	
8	1	0987	IVAN CHONG KAI VUN		RS ATHLETIC CLUB	38.36 s	
SEPARUH AKHIR 7 / 13							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	2	0713	GERFAN NIGEL FRANK		SSM SABAH	27.98 s	
2	1	1147	EZEKIEL CHONG IAN		ST.JAMES, KK	29.18 s	
3	7	0257	SHARIF AL-ZIZAM BIN SHARIF OTHMAN		CHEETAH ATHELETIC	29.78 s	
4	5	0629	DECLAN FRANCOE		MONTANA KINABALU AC	31.60 s	
5	4	0198	BREYDEN HILLARY		CAC	33.35 s	
6	8	0988	DAVEY EZEKIEL CYRIL		RS ATHLETIC CLUB	36.35 s	
-	3	0406	MOHAMAD GHADAFI MAULANI		KOTA BELUD ATHLETIC	DNS	
-	6	0551	RAZIQ NAQIB BIN RIDWAN		MILE4 ATHLETICS	DNS	

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SEPARUH AKHIR 8 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	7	0011	MOHAMMAD SHAHRIZAL BIN DOUGLAS		AAC	27.22 s
2	4	0043	JASHUA MIRO JUHARY		ATHRA	28.67 s
3	3	1001	TRISTAN CHAN ZHIYUAN		RS ATHLETIC CLUB	28.73 s
4	6	0990	MARCIUS XAVIER LAI SHYNWAH		RS ATHLETIC CLUB	32.40 s
5	2	0200	DARREN AYDEN FELIX		CAC	33.61 s
6	5	0500	MUHAMMAD ANAS ZAKWAN BIN SHAHZAROL		SRK LOK YUK LIKAS	35.25 s
-	8	0763	MUHAMMAD HAZEEQ MUIZZUDEEN MAURICE		(TTNF)	DNS
SEPARUH AKHIR 9 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	8	0094	MACLANE ANAK THOMAS		BULLET ATHLETICS	29.32 s
2	3	1129	ANSON CHUNG WEI HAO		SALAPING ATHLETIC	29.88 s
3	6	1352	GERALD CHONG YUNG HEIN		CHLK	31.75 s
4	5	1154	HAYDER HARRIS MUHAMMAD ALI		ST.JAMES, KK	32.57 s
5	7	0207	MARK GREGORY FRANCIS		CAC	34.65 s
6	1	0900	AARON ISKANDAR		POD PUTATAN	36.61 s
7	4	0996	EIZRAF DANISH JEFRI		RS ATHLETIC CLUB	43.38 s
-	2	1266	RAYVEN THIEN		TUARAN ATHLETICS	BATAL
SEPARUH AKHIR 10 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	7	0711	AERON AMUN		SSM SABAH	28.77 s
2	1	0202	ALEXANDER CHONG HAW CHENG		CAC	29.00 s
3	2	1346	ETHAN WILLSON		CHLK	31.41 s
4	6	0059	HANIF HAQIMI JASIRIN		ATHRA	31.89 s
5	3	0372	BARACHEAL IVAN BARANTING		HUMANSPOORT T&F	32.36 s
6	8	0539	MOHAMMAD SYAHFUAN NOOR IQBAL BIN MOHD MASRI		MSN SANDAKAN	32.64 s
7	4	0930	ADRIEL DEAN ANDERSON TODEY		RINADAK ATHLETIC	35.63 s
8	5	0989	MATTHIAS HII JIA HENG		RS ATHLETIC CLUB	36.97 s
SEPARUH AKHIR 11 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	5	0197	ANCHEZ FERNANDEZ CHONG GERALD		CAC	27.60 s
2	1	1125	FREDO ISCOVICH BOMMEY		SALAPING ATHLETIC	27.78 s
3	4	0325	DANIEL ADAM NOLI BIN ABDULLAH		(SKOAC)	29.33 s
4	3	0368	CLYVINCENT SONNY		HUMANSPOORT T&F	30.50 s
5	6	0391	MUHAMMAD IHSAN HASMIE BIN SABRI		KUNAK ATHELETIC	35.55 s
6	2	0062	DANNYHO EDMOND		ATHRA	36.38 s
7	7	0635	ARMAND ABRAHAM		MONTANA KINABALU AC	38.18 s
-	8	0993	KARLO ROMERO		RS ATHLETIC CLUB	DNS
SEPARUH AKHIR 12 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	7	0923	GRENDLY GEORGE		PATAU TEAM	25.30 s
2	6	1004	MUHAMMAD NURMANSYAH BIN NURDIN		RS ATHLETIC CLUB	25.31 s
3	2	0994	FRANKIE ANAK KISHOR		RS ATHLETIC CLUB	28.75 s
4	8	0324	MOHAMAD DANIEL FIRDAUS BIN HILMI		(SKOAC)	29.15 s
5	5	0712	MOHAMAD NAUFAL IMAN BIN JUFRI		SSM SABAH	29.41 s
6	3	0640	MUHAMMAD IZZAN HAZIQ BIN ISMAIL		MONTANA KINABALU AC	29.44 s
7	4	1072	AMIRUL AIMIN BIN ABDULLAH		STOVE ATHLETICS	35.25 s
8	1	0201	LIONEL GABRIEL YAPP		CAC	40.85 s
SEPARUH AKHIR 13 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	3	0196	CHRISTIAN SAENZ SUHAILI		CAC	29.62 s
2	5	0057	MOHD HAZIQ ZAQWAN MURSALIH		ATHRA	31.21 s
3	2	0991	MUHAMMAD ALIF HERMAN BIN ABDULLAH		RS ATHLETIC CLUB	32.26 s
4	4	0633	NIKOLAI TUVA JINTONY		MONTANA KINABALU AC	32.67 s
5	7	1128	FEDRER ISAAC BOMMEY		SALAPING ATHLETIC	33.11 s
6	6	1002	RYAN AVVEL GRY ALEXZANDER		RS ATHLETIC CLUB	33.40 s
7	8	1145	DYLAN YONG HAO KONG		ST.JAMES, KK	37.47 s

NO ACARA : 106		AKHIR											
ACARA : LOMPAT JAUH		PEREMPUAN TERBUKA											
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6		
1	18	1065	FEOVA LIM	SMK TAMPARULI	5.29 m	5.08	5.10	5.01	5.21	5.29	4.98		
2	3	0835	SAMANTHA COLLETTE VALENTINE	PLN KENINGAU	5.06 m	4.69	4.88	4.83	5.01	5.06	4.86		
3	11	0012	SHARRNIE BINTI DARIUS	AAC	4.99 m	4.80	X	4.99	X	4.59	4.66		
4	4	0736	CORRIE TRINITY JELSON	SMK MAT SALLEH	4.94 m	4.47	4.42	4.50	4.94	4.74	4.75		
5	5	1183	CAREFINA DIAN ELDY	SMKPI	4.66 m	4.55	4.66	4.60	4.60	4.59	4.53		
6	2	1213	ANNY EZNY RIZAM	SMK TANDEK	4.55 m	X	4.29	4.39	X	4.55	X		
7	10	1218	CLARRYSAH JAEMON	SMK TANDEK	4.53 m	X	X	4.43	4.53	X	X		
8	13	1184	FARLINAH BINTI FRANCIS	SMKPI	4.42 m	4.30	4.38	4.33	4.42	X	4.22		
9	7	0525	ELWIESHEAN ROY	SM ST MARTIN	4.36 m	4.36	X	4.23					
10	15	0286	WILNIE JOHANIES	DPM TRACK & FIELD	4.32 m	4.32	X	4.24					
11	8	0524	AISHWARYA RAI HENRY	SM ST MARTIN	4.03 m	3.78	4.03	X					
12	16	0170	AUDREY ARSYIELA JAIDUL	BANDAU WARRIOR	3.99 m	3.94	3.96	3.99					
13	6	1009	LYDIA ALIMUDDIN	RS ATHLETIC CLUB	3.96 m	3.56	3.96	3.88					

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14	12	1062	JESSICA YAKAI	SMK TAMPARULI	3.94 m	3.94	3.72	X			
15	9	1058	NUR WANDHA WARYZEA	SMK TAMPARULI	3.87 m	3.55	X	3.87			
16	17	0133	NUR AISHA ABD GHANI	BERWANG SPORTS CLUB	2.66 m	X	2.63	2.66			
-	1	0716	MESELEMYA BINTI BIOUS	SSM SABAH	DNS						
-	14	0717	EDEL SIMON TAY	SSM SABAH	DNS						
-	19	0135	NURANATI SYAFIKAH	BERWANG SPORTS CLUB	DNS						
-	20	0134	ELISSIEBALL JONAL	BERWANG SPORTS CLUB	DNS						

NO ACARA : 107				SEPARUH AKHIR		5 tempat teratas (Q) dan			
ACARA : 200 m				PEREMPUAN 15 TKB		3 masa terbaik (q) layak			
SEPARUH AKHIR 1 / 5									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	8	1111	ALLYSON GRACE		POD SANDAKAN	29.88 s			Q
2	6	0816	RIZKAH ABDULLAH		POD KINABATANGAN	30.65 s			q
3	4	1319	SAPIKAH BINTI DIDIN		TONGOD AA	32.33 s			
4	7	0143	AIYFFA HAZEERA		BERWANG SPORTS CLUB	32.92 s			
5	2	0433	PUTRI LIYANA BINTI SAFIE		SMK KUNAK JAYA	33.25 s			
6	5	1024	DASHA ONG HENG NEO		RS ATHLETIC CLUB	34.99 s			
-	3	0073	DEFNA DENIS		ATHRA	DNS			
SEPARUH AKHIR 2 / 5									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	2	0262	ALVYSTEVFIANI STEVEVINSON		CHEETAH ATHELETIC	30.18 s			Q
2	3	0432	NUR HIDAYAH AKYSAH BINTI ARDITURAH		SMK KUNAK JAYA	32.17 s			
3	8	0656	DEBRENE IVY DAVID		MONTANA KINABALU AC	33.12 s			
4	7	0786	DG NUR ANNISA A. AZIZAN		POD PAPAR	35.68 s			
5	5	0017	GUINEVFYE ANAK HENRI		AAC	36.85 s			
-	4	0769	NUR AMANINA ROSMANSAH		(TTNF)	DNS			
-	6	0467	NURSYAKINAH SUDIRMAN		KINAH SPRINT	DNS			
SEPARUH AKHIR 3 / 5									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	4	0726	ROSLYNNE RAHMAN		SSM SABAH	30.91 s			Q
2	3	0742	SWEET ERSYA BINTI SOBVEST		SMK MAT SALLEH	31.21 s			
3	1	0259	SLYICIE AMAD		CHEETAH ATHELETIC	31.49 s			
4	6	0293	SONIA LYSSA MARK KOISUN		DPM TRACK & FIELD	32.62 s			
5	2	0223	NUR ATHIRAH MARSYA BINTI RAMCY		CAC	32.88 s			
6	8	0924	GLOVENDY GEORGE		PATAU TEAM	32.92 s			
7	7	0657	NICOLE IZORA BIUS		MONTANA KINABALU AC	37.15 s			
-	5	0309	KRISTINA LONJU		SEMETRA	DNS			
SEPARUH AKHIR 4 / 5									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	6	0532	AVY ELLYVIA CONROD MOOL		SM ST MARTIN	30.38 s			Q
2	1	0015	NURUL NAJWA BINTI JAINAL ABADIN		AAC	31.19 s			
3	7	0674	MARSIDAH BINTI AGAS		SMEKEPP ATHLETICS	31.76 s			
4	2	0392	ANDI NUR ATIQA SAIDAH BT NORDIN		KUNAK ATHELETIC	32.45 s			
5	5	0545	MARSHANDAH BINTI MOHD MASRI		MSN SANDAKAN	32.84 s			
6	3	0231	SITI NURUL NAZURAH BINTI MOHD ZAYA		CAC	37.68 s			
7	8	0658	HOSANAH HOLY		MONTANA KINABALU AC	39.15 s			
-	4	0768	NURUL SUHADA SULAIMAN		(TTNF)	DNS			
SEPARUH AKHIR 5 / 5									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	8	0289	MARYSHA ASYERA ANAK AMBROSE CANNON		DPM TRACK & FIELD	27.35 s			Q
2	2	1019	ARINISIA JEWAA		RS ATHLETIC CLUB	28.92 s			q
3	3	0771	FARAH NATASHA FIRMAN		(TTNF)	30.43 s			q
4	7	0790	DEVienne LIEW CHIA YING		POD PAPAR	37.03 s			
5	5	0080	DAYANG NURAINI BTE ABD HADI		ATHRA	37.52 s			
-	4	0839	TYRALANA TOMY @ DEXTER		PLN KENINGAU	DNS			
-	6	0306	NURCY QRISTINA PALINUS		SEMETRA	DNS			

NO ACARA : 108				SEPARUH AKHIR		8 masa terbaik (q) layak			
ACARA : 200 m				LELAKI 15 TKB					
SEPARUH AKHIR 1 / 13									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	2	0760	IAN DANIAL JOSEPH		(TTNF)	25.06 s			
2	5	0009	RUZMIE BIN MUSTAJAL		AAC	25.24 s			
3	6	0361	MOHAMMAD RIDZUAN BIN MAHINDEE		HUMANSPOORT T&F	25.55 s			
4	3	0947	DEXTER LIEW LIP KEAT		SMK KOTA MARUDU	25.91 s			
5	8	0617	ADRIEL TEO		MONTANA KINABALU AC	26.22 s			
6	4	0705	MUHAMMAD SYAHRUL BIN ABDULLAH		SSM SABAH	27.23 s			
7	1	0041	MOHAMAD SYAHEZAN AZMI		ATHRA	27.28 s			
8	7	0254	SHARIF AHLAMI BIN SHARIF AHJAD		CHEETAH ATHELETIC	27.30 s			

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SEPARUH AKHIR 2 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	0187	SCHWARZENEGGER CALVIN ROBERT PIDOLIN		CAC	24.30 s
2	4	0609	HARRISON LEONG ZHI YOU		MONTANA KINABALU AC	24.76 s
3	7	0983	BRANDON JON CHENG		RS ATHLETIC CLUB	25.74 s
4	3	0366	ROEL MACCYLSON		HUMANSPOORT T&F	27.21 s
5	8	0576	CALVENNORIS CLADIUS		MAJAKIR T&F	27.59 s
6	6	0389	PUTRA FARISH ISKANDAR B MOHD SOFIAN		KUNAK ATHELETIC	27.79 s
7	1	1259	BRAELDYENN WONG ZHENG JIA		TUARAN ATHLETICS	27.87 s
8	2	1068	AZWAN BIN KUMSIH		STOVE ATHLETICS	28.63 s
SEPARUH AKHIR 3 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	0758	AIRIEL AMANI KAHAR		(TTNF)	25.93 s
2	7	0982	DANISH VICTORIANO		RS ATHLETIC CLUB	26.30 s
3	1	0610	IAN ISAIH BONIFACE		MONTANA KINABALU AC	27.39 s
4	2	0706	VELLDINNHO XAVIER VINUS		SSM SABAH	27.55 s
5	4	0042	KHAYRIN LUQMAN B NORHISYAM		ATHRA	28.51 s
6	3	0619	DANIEL CYRIL TANDUBA		MONTANA KINABALU AC	30.41 s
-	6	0523	DAMIAN EMMANUEL STEPHAN		SM ST MARTIN	DNS
-	8	1076	REYNOLDSRYAN BIN MASRANI		SEMEKSI	DNS
SEPARUH AKHIR 4 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	7	0280	DALTON XAVIER WENCES		DPM TRACK & FIELD	24.18 s
2	6	1252	ADAM JEREMIAH ANTHONIUS		TUARAN ATHLETICS	24.73 s
3	3	0611	MUHAMMAD ZAFFRAN DYLAN BIN ZAIDIE		MONTANA KINABALU AC	25.09 s
4	4	0915	YERMEKY HASSAN		SMK PITAS II	26.32 s
5	8	1168	MUHAMMAD DAFI BIN MUSLIH		SMK LIKAS	26.79 s
6	1	0468	BENEDICT TIVEZ ANAK JULIE		KTDTHB	27.05 s
7	2	0620	FAIZ DANISH BIN MASRAL		MONTANA KINABALU AC	27.79 s
-	5	0831	CARLSON SIMON		PLN KENINGAU	DNS
SEPARUH AKHIR 5 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	3	1101	MUHAMMAD MUZAFFAR SHAH		POD SANDAKAN	24.98 s
2	1	0621	MARC EDISON MARTONY		MONTANA KINABALU AC	25.35 s
3	5	0733	FREADDY JOE DENVERT		SMK MAT SALLEH	26.10 s
4	8	1250	IVAN JOVIC SUAN		TUARAN ATHLETICS	26.31 s
5	7	0429	SUPARDI BIN ABDUL SAMAD		SMK KUNAK JAYA	26.76 s
6	4	1052	JOEL GEKKOL@MAIKAL		SMK TAMPARULI	27.12 s
7	2	0893	MUHD HAZIQ ROSLI		POD PUTATAN	29.03 s
8	6	0019	MOHAMMAD ARSYAD IRSHADUDDIN BIN AHMAD		ARSYAD	35.47 s
SEPARUH AKHIR 6 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	7	0985	YONG LEH		RS ATHLETIC CLUB	24.98 s
2	6	0151	MOHAMAD QAMARUL ARIFIN		BADIN T&F	25.15 s
3	3	1103	AARON GIGGS ANTONY		POD SANDAKAN	25.74 s
4	8	0401	ZAFUANSYAH ABDULLAH MAULANI		KOTA BELUD ATHLETIC	26.35 s
5	5	0606	AYLMER PATRICK		MONTANA KINABALU AC	26.46 s
6	2	0946	JAY KINGSTON		SMK KOTA MARUDU	26.61 s
-	4	0129	RAYYAN DANISH		BERWANG SPORTS CLUB	DNS
SEPARUH AKHIR 7 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	4	0951	MUHAMMAD SYAHPUTRA HAFIFY EL		ROJI	25.27 s
2	8	0704	DANSON HO KAI LE		SSM SABAH	25.64 s
3	7	0538	JOE EILY SOFRIZAL BIN JAMALUDDIN		MSN SANDAKAN	26.16 s
4	3	1169	SUHAIID BIN ASMAT		SMK LIKAS	26.67 s
5	5	0613	REZNICK DAMIEN HILARY		MONTANA KINABALU AC	26.93 s
6	1	1255	BENEDICTH MATTHEW		TUARAN ATHLETICS	27.37 s
7	2	0152	ADRIAN SAPIKIN		BADIN T&F	29.76 s
-	6	0300	PHILLIP LEEROY PAULUS		SEMETRA	DNS
SEPARUH AKHIR 8 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	0253	MUHAMMAD JAMALUL LAIL BIN UNDANG		CHEETAH ATHELETIC	24.35 s
2	8	0755	MUHAMAD FITRI FAWWAZ ABDUL FATTAH		(TTNF)	24.72 s
3	2	0605	ALDEN ELIPHAZ ALFA ELMOZES		MONTANA KINABALU AC	27.26 s
4	7	0431	ABDUL WAFI BIN ABDUL MALIK		SMK KUNAK JAYA	27.56 s
5	6	1178	JOE ANLEY ELV STANLEY		SMKPI	28.02 s
6	4	0624	RYAN KENNETH GOH		MONTANA KINABALU AC	28.39 s
7	3	1171	ZYRIEL DANISH		SMK LIKAS	28.53 s
-	1	0272	JERICOH JOHN		PKPSC 1.0	DNS

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SEPARUH AKHIR 9 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	7	0614	SYED MUHAMAD MUKRISH BIN ZAINUDDIN		MONTANA KINABALU AC	25.24 s
2	8	1199	EMAX LORAND LORIN		SMK TANDEK	26.18 s
3	5	0364	KYLE ABRAHAM SMALLFLIED		HUMANSPOORT T&F	26.58 s
4	4	1100	JONASSON BIN AMIR BEN		POD SANDAKAN	27.09 s
5	3	0832	ROCHESTER NATHANGEL		PLN KENINGAU	28.04 s
-	2	0757	MOHAMAD AFIQ JAMIL		(TTNF)	DNS
-	6	0304	VIVY ABIXTER LIMUN		SEMETRA	DNS
SEPARUH AKHIR 10 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	3	0430	MOHAMMAD FAUZI BIN SANI		SMK KUNAK JAYA	26.02 s
2	4	0623	RICO STANLEY		MONTANA KINABALU AC	26.31 s
3	8	0363	ADAM IDRIS BIN AWANG JAIRI		HUMANSPOORT T&F	26.76 s
4	5	0256	CHARLES MON JAIMON		CHEETAH ATHELETIC	27.63 s
5	7	0774	STEVE WELLTER BLASUIS		SMK NABAWAN	27.70 s
6	2	0521	ANDERSON KENNETH		SM ST MARTIN	27.77 s
-	1	1078	MAVRYLL NIGEL SILON		SEMEKSI	DNS
-	6	0386	MOHAMMAD JULFAN		JULFAN	DNS
SEPARUH AKHIR 11 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	1	0537	MUHAMMAD DANIEL BIN DZULFI		MSN SANDAKAN	25.00 s
2	5	0255	JIKILI TULAI		CHEETAH ATHELETIC	25.73 s
3	6	0297	ZACHARRY LAWRENCE		SEMETRA	26.09 s
4	8	0948	SHELVEN AARON BOBBY CHRIST		SMK KOTA MARUDU	26.51 s
5	7	0365	SHAWN CLAY STANISLAUS		HUMANSPOORT T&F	26.53 s
6	4	1209	MOHAMMAD ADIEZULAI DIEY BIN ADANAN		SMK TANDEK	26.74 s
7	2	0618	ANDRE DANISH BIN FAISAL		MONTANA KINABALU AC	27.02 s
-	3	0044	AMMAR AMSYAR B AMLI		ATHRA	DNS
SEPARUH AKHIR 12 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	3	0252	MOHAMAD AIMAN BIN MAIDIN		CHEETAH ATHELETIC	24.58 s
2	4	0188	JEREMIAH HENRICUS		CAC	24.60 s
3	8	0282	RYAN NELSON SONLY		DPM TRACK & FIELD	25.52 s
4	1	0273	MUHAMMAD MURSUYID BIN AHADDUDIN		PKPSC 1.0	26.30 s
5	7	0296	IVICDEL CRUZ JUMRRY		SEMETRA	26.54 s
6	6	0607	BRYANT CHIN KUAN SUNG		MONTANA KINABALU AC	26.79 s
7	2	1206	LOVELLSTER RYNLEEO WAINSON		SMK TANDEK	27.48 s
8	5	1256	STEPHEN LALO ROBERT		TUARAN ATHLETICS	31.25 s
SEPARUH AKHIR 13 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	7	0128	MUHAMAS AQHERUL RAMADHAN		BERWANG SPORTS CLUB	25.06 s
2	1	0984	IVAN MIKAEL BIN ROSLEE		RS ATHLETIC CLUB	25.43 s
3	6	1167	NUR AIMAN NOR DIN		SMK LIKAS	26.23 s
4	5	0916	NIKO SINAL		SMK PITAS II	26.80 s
5	8	1249	RYNELL ONELL RIBUAN		TUARAN ATHLETICS	29.32 s
6	3	0625	EMMANUEL FRANCIS CHARLES JAKIM		MONTANA KINABALU AC	29.96 s
7	2	1123	JOHN FRANCIS GILES		SALAPING ATHLETIC	30.15 s
-	4	0522	SHALDONE MARK LAMIUS		SM ST MARTIN	DNS

NO ACARA : 109	SEPARUH AKHIR	1 tempat teratas (Q) dan				
ACARA : 200 m	PEREMPUAN TERBUKA	4 masa terbaik (q) layak				
SEPARUH AKHIR 1 / 4						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	8	0154	ESTHER JOANNE AILOS		BADIN T&F	27.25 s
2	6	0719	AYU NUR REBECCA BINTI NURMAN		SSM SABAH	27.90 s
3	7	1272	NIA JOVIC SUAN		TUARAN ATHLETICS	28.10 s
4	4	0287	ABBYGAIL CHRISTY ADELAIDE		DPM TRACK & FIELD	28.70 s
5	5	0138	SERENA SOUPIN		BERWANG SPORTS CLUB	28.81 s
6	3	1174	ELVIE BINTI LORIN		SMK LIKAS	30.42 s
7	2	0540	NURDIANA SHAFIQAH BINTI SAIFUL NIZAM		MSN SANDAKAN	32.18 s

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SEPARUH AKHIR 2 / 4						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	3	1105	NUR AZIQAH BINTI SAPRI		POD SANDAKAN	27.88 s
2	7	0464	JOEIVIVIEAN JAMSON		KENT TRACK & FIELD	29.92 s
3	6	1059	CLARENCE YONG JING CUI		SMK TAMPARULI	30.26 s
4	5	1274	MIRABELLE FRANCENE MAXMARINO		TUARAN ATHLETICS	30.94 s
5	4	0541	YAU MEI MEI		MSN SANDAKAN	32.38 s
6	8	0014	TIFFNY WAHYUNIE TITUS		AAC	33.35 s
7	2	0133	NUR AISHA ABD GHANI		BERWANG SPORTS CLUB	35.42 s
SEPARUH AKHIR 3 / 4						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	8	1065	FEOVA LIM		SMK TAMPARULI	26.25 s
2	4	1273	BIBI HALINA ALOYSIUS		TUARAN ATHLETICS	27.44 s
3	2	0210	SHAYNA HEATHER TAHING		CAC	27.74 s
4	7	0765	AVEYENDA ARON		(TTNF)	27.78 s
5	5	0132	NATHANIA WONG TZE XING		BERWANG SPORTS CLUB	28.09 s
6	3	1315	NORFIKE LORIS		TONGOD AA	29.21 s
7	6	0526	PATSY JANE ABIGAIL		SM ST MARTIN	30.85 s
SEPARUH AKHIR 4 / 4						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	6	1107	NUR AISHAH ROFINA BINTI ALING		POD SANDAKAN	25.28 s
2	7	0764	CHELSEA CASSIOPEA EVALI BOPULAS		(TTNF)	25.39 s
3	3	0285	DAYANGKU NURSYAFINAZ SYAZIRAH BINTI AWANGKU KHAINEL ARIFFIN		DPM TRACK & FIELD	27.88 s
4	8	0834	SITI NUR NADIAH BINTI MOHAMAD DIN		PLN KENINGAU	29.78 s
5	2	0136	VEJEAL JIRO		BERWANG SPORTS CLUB	31.90 s
6	4	0672	RADITAH AGAS		SMEKEPP ATHLETICS	32.29 s
7	5	1060	ZURENZENZIA SINDAN		SMK TAMPARULI	33.33 s

NO ACARA : 110	SEPARUH AKHIR					
ACARA : 200 m	LELAKI TERBUKA	8 masa terbaik (q) layak				
SEPARUH AKHIR 1 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	1096	PENGIRAN AIDIL AUF BIN HAJAM		POD SANDAKAN	22.33 s
2	6	0747	AKMAL RIZAL ANDY REMY IHSAN		(TTNF)	23.29 s
3	8	1235	JUSTWIN DEAMIN JONAS		TUARAN ATHLETICS	24.29 s
4	7	0820	MOHD AIDELL ALSHAHRIZ		PLN KENINGAU	26.86 s
5	2	1367	MOHAMMAD IKMAL FARHAN BIN ABDUL MAJID		RS ATHLETIC CLUB	27.85 s
6	3	0941	AENDRYAN JUNIOR JUNIK		RESTLESS BEES	32.15 s
-	4	0596	NIGEL HO HUAI JIE		MONTANA KINABALU AC	DNS
SEPARUH AKHIR 2 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	0966	MUHAMMAD NAZRUL BIN MOHD ALI		RS ATHLETIC CLUB	23.05 s
2	3	0746	KASHMEER SAMSURI		(TTNF)	24.07 s
3	2	0002	MOHD NAZHLEE BIN MANING		AAC	24.90 s
4	7	1310	STEELEE SEMLIE		TONGOD AA	25.67 s
5	6	1307	JISA BACXTER		TEAM DEAFSABAH	26.03 s
6	4	0343	OSWALD JERICHIUS		HUMANSPO RT T&F	26.76 s
-	8	0598	RAFERO HENDRY LIANSUN		MONTANA KINABALU AC	DNS
SEPARUH AKHIR 3 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	6	1306	ALI UMAIS		TEAM DEAFSABAH	24.42 s
2	1	0881	MOHAMMAD ZULKARNAIN IRFAN		POD PUTATAN	24.62 s
3	5	1175	RELLYANTO CHARIS RAFAIL		SMKPI	25.33 s
4	2	1161	MOHAMAD AFFIQ ANAQI BIN ABDUL AZIZ		SMK LIKAS	25.63 s
5	4	0114	MOHD IRRFHAN		BERWANG SPORTS CLUB	26.71 s
6	3	1328	MOHD.HISYAM BIN RUSLIE		TENOM ONSOI	26.89 s
-	7	0030	MARK DELSON B BANDAR		ATHRA	DNS
-	8	0748	SHAHRIMIEN SAIMOH		(TTNF)	DNS
SEPARUH AKHIR 4 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	1	0588	EDRICK FEIVEL FLORENTIUS		MONTANA KINABALU AC	23.47 s
2	5	0001	MOHAMMAD ARIEF AIMAN		AAC	23.86 s
3	4	0175	MOHAMAD RAZY HAFIZUL BIN MOHAMAD		CAC	24.27 s
4	3	0750	MOHAMAD IMAN NAUFAL MOHAMMAD FAIZAL		(TTNF)	24.52 s
5	2	0250	JONES ANDREY		CHEETAH ATHELETIC	25.34 s
6	8	1165	MUHAMMAD IRFAN BIN TAHA		SMK LIKAS	26.22 s
-	6	0116	MOHD RAZIP NEH		BERWANG SPORTS CLUB	DNS
-	7	0942	ADDWEL JVELL		RESTLESS BEES	DNS

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SEPARUH AKHIR 5 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	6	0589	SOLEHUDDIN BIN RAZAK		MONTANA KINABALU AC	24.38 s
2	2	0825	JEFLYEDENJOHN JUNY		PLN KENINGAU	24.65 s
3	8	1302	AIDIL AFIFAT		TEAM DEAFSABAH	24.78 s
4	7	0964	NICHOLAS JOHN CHANG		RS ATHLETIC CLUB	25.50 s
5	5	0004	MOHAMAD HAIKAL BIN AZLAN		AAC	25.70 s
6	3	1162	MOHAMAD HAIKAL BIN ABDULLAH		SMK LIKAS	26.20 s
-	4	0029	ZULHELMI B AZAMAIN		ATHRA	DNS
SEPARUH AKHIR 6 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	4	0517	DEXTER BEDIE		SM ST MARTIN	23.61 s q
2	8	0968	DEAIGO EMANUELL BIN WAYRING		RS ATHLETIC CLUB	23.71 s q
3	7	0027	WYLSHAMSHON SAADI		ATHRA	25.54 s
4	3	0886	MUHAMMAD FAZLI BIN MASRIN		POD PUTATAN	25.88 s
5	1	1044	ELDENT LERRY JOY		SMK TAMPARULI	26.00 s
6	2	0828	CHRISTOSTAR CHRIST VONERVONCHER		PLN KENINGAU	26.42 s
7	6	0341	MOHD SHARIZAN BIN JUNAIDI		HUMANSPO RT&F	26.63 s
-	5	0398	SAFIZAN BIN AMIZAN		KOTA BELUD ATHLETIC	DNS
SEPARUH AKHIR 7 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	3	0176	JOHNSON PHANG JUNIOR		CAC	23.90 s q
2	1	0348	ASFFERY BICKY ANAK AMBROSE CANNON		HUMANSPO RT&F	24.61 s
3	4	0119	MOHD ERFAN AMIRUL		BERWANG SPORTS CLUB	25.32 s
4	2	0963	CHIEW WEN XUAN		RS ATHLETIC CLUB	25.44 s
5	6	0922	ROWEN BIN ROZI @ROGER		PATAU TEAM	26.01 s
6	8	0595	SHIM ZHAN HONG		MONTANA KINABALU AC	26.56 s
7	5	0035	NATHANAEL PETRUS		ATHRA	26.68 s
8	7	0754	ALIF SHAMNOR SAMSURI		(TTNF)	27.83 s

NO ACARA : 111 AKHIR
 ACARA : REJAM LEMBIG PEREMPUAN 15 TKB

KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	3	0470	KAYZE TIJAN ROBIN	KTDTHB	26.41 m	23.81	26.41	23.42	24.72	20.88	X
2	13	0677	RINDIFELVINA	SMEKEPP ATHLETICS	23.21 m	23.21	X	X	X	23.09	22.80
3	7	0321	NOR AISAH BINTI SHAIK SATT	GAYARIAN	21.60 m	X	X	17.96	21.60	X	X
4	15	0492	EBBY FLORICE SHAMY	SMK LOHAN RANAU	20.81 m	18.15	20.81	X	X	19.15	20.34
5	12	0224	EUPHRASIA TERRENCE CLAUDIUS	CAC	17.69 m	11.38	13.75	14.56	14.04	11.10	17.69
6	11	0111	AMELLIA MIRZA BINTI NORAHMAD	BEBAS TNF	16.86 m	16.86	X	X	X	16.23	X
7	9	0925	ROWENA ROZI@ROGER	PATAU TEAM	14.15 m	X	12.61	X	X	X	14.15
8	5	0229	ANNABETH ASHLEE LOJITAN	CAC	12.56 m	12.56	11.39	9.53	11.04	9.88	8.13
9	8	0791	NUR IZZAH BADRINA AWANG RUSLI	POD PAPAR	10.29 m	10.29	6.59	6.18			
-	1	0805	VANESA KIMBELY TAMING	PISMA TEAM	DNS						
-	2	1224	WASNIRIAANAHNILAH SENGOS	SMK TANDEK	NM	X	X	X			
-	4	0308	CONNILA BANIAU	SEMETRA	DNS						
-	6	0160	NORAZINIE SYAFIQA BT AZIROLI	BADIN T&F	NM	X	X	X			
-	10	0472	HESLY UBONG RONNY	KTDTHB	DNS						
-	14	0322	QISTINA ELNISA BTE ZUMAL	GAYARIAN	DNS						


NO ACARA : 112 AKHIR
 ACARA : LOMPAT JAUH PEREMPUAN 15 TKB

KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	21	0841	SAMANTHA COLLETTE VALENTINE	PLN KENINGAU	5.11 m	X	4.88	5.05	4.92	5.11	5.02
2	26	1301	FARAH SYAKIRA BT AZIFSAFARIN	MSN PERAK	5.00 m	4.85	4.97	X	5.00	X	5.00
3	31	0842	LILAWATI DARAI	PLN KENINGAU	4.76 m	4.54	4.20	4.61	4.61	4.76	4.76
4	24	1218	CLARRYSAH JAIMON	SMK TANDEK	4.59 m	X	X	4.59	X	4.39	3.98
5	5	0725	PRISCA EVLEEN LO	SSM SABAH	4.42 m	4.30	4.31	4.13	X	4.15	4.42
6	11	0744	NUR AISHYA BINTI SIBI	SMK MAT SALLEH	4.41 m	4.31	X		4.41	X	X
7	25	0533	BELYNDA BYANCA BREDLEY LAMPIK	SM ST MARTIN	4.39 m	X	3.91	4.20	4.23	4.02	4.39
8	23	0225	MYRA BENITA ESHANTY RAJA	CAC	4.26 m	4.25	3.84	4.00	4.26	4.11	4.07
9	35	0279	NURUL AIN BATRISYA BINTI ROSDY	DEEKAY ATHLETICS	4.19 m	3.80	3.69	4.19			
10	36	0291	DANIELLA E' GEU CYRIL EDWARD	DPM TRACK & FIELD	4.16 m	X	3.96	4.16			
11	18	0492	EBBY FLORICE SHAMY	SMK LOHAN RANAU	4.11 m	X	3.71	4.11			
12	22	0543	NAZALEIA QASEH ISABEL BINTI JONATAN	MSN SANDAKAN	4.10 m	3.98	3.90	4.10			
13	3	0844	CHRISTENSHINE CHRIST VONERVONCHER	PLN KENINGAU	4.01 m	X	3.93	4.01			
14	28	1185	KERDINALIAH BINTI KAMIL	SMKPI	3.99 m	3.99	3.87	3.27			
15	32	0534	ALVYE ALLY ALEXIUS	SM ST MARTIN	3.98 m	X	X	3.98			
16	27	0102	CHRISTA LORNA ALEXIUS	BULLET ATHLETICS	3.96 m	X	3.96	X			
17	38	0493	ELL RAHEL UNIK	SMK LOHAN RANAU	3.89 m	3.89	3.79	3.87			
18	7	1118	XAVIERA-MARIE GUMPIL	SMSM PENAMPANG	3.88 m	3.74	3.67	3.88			
19	6	0101	ALYSSA CONROD MOOL	BULLET ATHLETICS	3.86 m	3.86	3.24	3.54			
20	12	0470	KAYZE TIJAN ROBIN	KTDTHB	3.81 m	3.76	3.81	3.74			
21	14	0920	ELSIE MARTIN	SMK PITAS II	3.76 m	3.76	3.55	2.61			
22	15	0960	NUR FATIHAH BT ALIMUDIN	SMK MEROTAI BESAR	3.70 m	3.30	3.70	X			

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23	20	0228	MARY KAYLA CLARENCE ONGKUDON	CAC	3.69 m	3.69	3.56	3.63			
24	29	1092	RIVIA VENNY ROJER	SEMEKSI	3.65 m	3.19	3.65	2.90			
25	17	0079	RIONA ANDREA ANDREW	ATHRA	3.55 m	3.55	3.31	3.28			
26	4	1364	ALIFAH ILYANA BT JUMAAT	TUNGKU SPORTS CLUB	3.24 m	X	3.01	3.24			
27	8	1366	SARA ARISAH BT M.SAHRIJAL	TUNGKU SPORTS CLUB	3.11 m	3.09	3.11	3.03			
28	10	0678	DYN LAING TIUS	SMEKEPP ATHLETICS	3.08 m	3.08	X	2.32			
-	1	0745	NOALESKA KIPOLOS	SMK MAT SALLEH	DNS						
-	2	0411	ZULAIKHA BINTI JOHARI	KOTA BELUD ATHLETIC	DNS						
-	9	0230	LANA SELONGGA MOOSOM	CAC	DNS						
-	13	0145	SUESHERRY IVA	BERWANG SPORTS CLUB	NM	X	X	X			
-	16	1111	ALLYSON GRACE	POD SANDAKAN	DNS						
-	19	0410	NURUL ATHIRAH BINTI RUDI	KOTA BELUD ATHLETIC	DNS						
-	30	0472	HESLY UBONG RONNY	KTDTHB	DNS						
-	33	0074	JACELYN RACHELLEVA RILMAYIERE	ATHRA	DNS						
-	34	0409	ZARITH SOFEA BTE MAULANI	KOTA BELUD ATHLETIC	DNS						
-	37	1137	JANE FRANCES GWEN MARCUS	SALAPING ATHLETIC	NM	X					
-	39	0308	CONNILA BANIAU	SEMETRA	DNS						
-	40	0146	CLAYVERA MASTIN	BERWANG SPORTS CLUB	DNS						

NO ACARA : 113				AKHIR						
ACARA : 100 m LARI BERPAGAR				PEREMPUAN 15 TKB						
KED	LOR	BIB	NAMA	ANGIN = -0.6 m/s	PASUKAN	MASA				
1	27	1301	FARAH SYAKIRA BT AZIFSAFARIN		MSN PERAK	15.59 s				
2	20	0845	CASSANDRA JONNA PATRICK		PLN KENINGAU	16.42 s				
3	3	0530	ABERNETHA ELISSA TADIUS		SM ST MARTIN	16.49 s				
4	22	1318	NORYELZA BINTI ABDULLAH		TONGOD AA	17.82 s				
5	28	1187	CRALA ARRELLYEXSA ELVIRA		SMKPI	17.82 s				
6	12	0392	ANDI NUR ATIQA SAIDAH BT NORDIN		KUNAK ATHELETIC	18.89 s				
7	9	0393	FARIDAH BT ISMAIL		KUNAK ATHELETIC	19.08 s				
8	23	1020	VANESSA CHAI PEI PEI		RS ATHLETIC CLUB	19.31 s				
9	19	0291	DANIELLA E' GEU CYRIL EDWARD		DPM TRACK & FIELD	19.37 s				
10	26	0292	CHERYLIN CAREY CLETUS		DPM TRACK & FIELD	19.53 s				
11	10	0223	NUR ATHIRAH MARSYA BINTI RAMCY		CAC	19.62 s				
12	14	0770	NUR SYAFIQAH NOR		(TTNF)	19.72 s				
13	21	1186	JERRIN J.C JOOL		SMKPI	19.95 s				
14	29	0921	MELC MARSYELLA JAMIL		SMK PITAS II	20.15 s				
15	15	0724	SHERYNA NATASHA BT MOHD ARSAD		SSM SABAH	20.25 s				
16	6	0931	JENNLLAH LESSICA FILEX		RINADAK ATHLETIC	20.50 s				
17	13	0960	NUR FATIHAH BT ALIMUDIN		SMK MEROTAI BESAR	20.78 s				
18	16	0084	ALYA AMEELDA BINTI ABDULLAH		ATHRA	20.80 s				
19	5	0159	NORFAZLIEZA BINTI FAZIL		BADIN T&F	20.92 s				
20	25	0649	CLAREONNA YAPAT		MONTANA KINABALU AC	21.18 s				
21	2	0082	STELLA STEPHANIE PAN		ATHRA	22.40 s				
22	7	0083	NUR NATALIA VELANI BINTI CHARLO		ATHRA	22.41 s				
23	11	0840	EVESHERRYLYNE OZLYN DAMUS		PLN KENINGAU	22.97 s				
-	1	0308	CONNILA BANIAU		SEMETRA	DNS				
-	4	0805	VANESA KIMBELY TAMING		PISMA TEAM	DNS				
-	8	0078	NUR HASMIEZAH BTE RUHAMIN		ATHRA	DNS				
-	17	0471	RACHEAL TIJAN TINGANG		KTDTHB	DNS				
-	18	0311	DIAR ANANDA JULIAN		SEMETRA	DNS				
-	24	0230	LANA SELONGGA MOOSOM		CAC	DNS				
-	30	0653	NYREE LIAU CAI XIAN		MONTANA KINABALU AC	BATAL				

NO ACARA : 114				AKHIR						
ACARA : 100 m LARI BERPAGAR				PEREMPUAN TERBUKA						
KED	LOR	BIB	NAMA	ANGIN = -0.9 m/s	PASUKAN	MASA				
1	8	1300	JURIANI BINTI MAT RODZI		MSN PERAK	15.73 s				
2	4	0715	NUR FATIHA NAJWA BINTI MAPIATI		SSM SABAH	16.71 s				
3	1	1174	ELVIE BINTI LORIN		SMK LIKAS	17.57 s				
4	5	0714	VEERONICA SEIBIT		SSM SABAH	19.38 s				
5	6	0408	PINKY ELVERA JEROD		KOTA BELUD ATHLETIC	20.78 s				
6	2	1063	REBECCA ERICCA EMIL		SMK TAMPARULI	21.58 s				
7	7	1009	LYDIA ALIMUDDIN		RS ATHLETIC CLUB	22.72 s				

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NO ACARA : 115			AKHIR			
ACARA : 110 m LARI BERPAGAR			LELAKI 15 TKB			
KED	LOR	BIB	NAMA	ANGIN = -1.1 m/s	PASUKAN	MASA
1	20	0698	ALVINSHAH ZIQKRYZAM BIN PAUL		SSM SABAH	14.91 s
2	3	0699	MOHAMMAD IZZ ZAIDI BIN JUNAIDAY		SSM SABAH	15.37 s
3	21	0569	RICO ANDREW		MAJAKIR T&F	16.16 s
4	17	1056	MUHAMMAD FAZWAN BIN ZULFEKAR		SMK TAMPARULI	16.18 s
5	22	0694	MOHAMMAD AZIRUL BIN KAUN SIN		SSM SABAH	16.34 s
6	14	0703	AEDEN DALE MAURICE		SSM SABAH	16.47 s
7	18	1201	ALLVIC NIKO SONG		SMK TANDEK	17.53 s
8	23	0045	MUHAMMAD IRFAN HASIF B YUSSI RI		ATHRA	18.01 s
9	6	0568	HILAL NAZMI OMAR SHAH		MAJAKIR T&F	18.26 s
10	11	0284	ADRIANO ERIC RIBIT		DPM TRACK & FIELD	18.36 s
11	15	0700	DANIEL ALVIN ABEL ANAK HENDDY		SSM SABAH	18.49 s
12	9	0833	REINHARD EZRA CHRISTOPHER		PLN KENINGAU	18.56 s
13	10	0565	BRYAN BENARD		MAJAKIR T&F	18.57 s
14	8	1180	DONALFERANDES JESMI		SMKPI	18.72 s
15	1	0567	ADY PUTRA AQASHA		MAJAKIR T&F	19.10 s
16	16	0953	MOHHD ARIEF SAFWAN BIN BURHANSA		SMK MEROTAI BESAR	19.69 s
17	4	1069	FAHIM RASYIDI BIN ABDULLAH		STOVE ATHLETICS	19.91 s
18	19	0986	JSOZHUA JAINOL		RS ATHLETIC CLUB	20.01 s
19	5	0927	RIMO		RINADAK ATHLETIC	20.30 s
20	24	0928	FAZRIL WAFI BIN FRANCEY		RINADAK ATHLETIC	20.45 s
21	2	1124	JEROME FRANCIS GLEN MARCUS		SALAPING ATHLETIC	21.43 s
22	13	1123	JOHN FRANCIS GILES		SALAPING ATHLETIC	22.86 s
-	7	0301	CIDNEY OLIVERNIKO JAIMMY		SEMETRA	DNS
-	12	0298	CAYRIEYHYDEN YOROF		SEMETRA	DNS

NO ACARA : 116			AKHIR			
ACARA : 110 m LARI BERPAGAR			LELAKI TERBUKA			
KED	LOR	BIB	NAMA	ANGIN = -0.6 m/s	PASUKAN	MASA
1	4	0966	MUHAMMAD NAZRUL BIN MOHD ALI		RS ATHLETIC CLUB	15.06 s
2	6	0969	RAYZAM SHAH BIN WAN SOFIAN		RS ATHLETIC CLUB	16.48 s
3	2	0476	MOHAMMAD HAIKAL BIN PASILIN		SMK LOHAN RANAU	16.78 s
4	7	0513	RYNIER ISAAC HARRY		SM ST MARTIN	16.99 s
5	5	1329	MAXWELL RYAN GAWOK		TENOM ONSOI	17.70 s
-	1	0937	EMMANUEL RIO DINHO		RESTLESS BEES	BATAL

NO ACARA : 117			AKHIR			
ACARA : 800 m			PEREMPUAN 15 TKB			
KED	LOR	BIB	NAMA		PASUKAN	MASA
1	4	0728	AINA DANIA QISTINA BINTI EMAYIE		SSM SABAH	2 : 34.71 s
2	18	0772	NUR FARWIZAH KARIM		(TTNF)	2 : 38.70 s
3	29	0144	DAVELYN JOYCE		BERWANG SPORTS CLUB	2 : 45.90 s
4	9	0723	ELSI SCA ANAK DESMOND BENSON		SSM SABAH	2 : 48.35 s
5	21	0226	SHARLENE FIONEY SONNY		CAC	2 : 49.82 s
6	5	0843	MARYSYENNTIKAH RISON		PLN KENINGAU	2 : 52.53 s
7	7	0542	SHERMIA BINTI MIASIN		MSN SANDAKAN	2 : 53.10 s
8	11	0743	NATASYA ALEYA		SMK MAT SALLEH	2 : 55.54 s
9	12	0582	JESSYCILYN JAIMIS		MAJAKIR T&F	2 : 56.33 s
10	26	0740	SHAKIRA NATASHYA		SMK MAT SALLEH	2 : 57.46 s
11	16	1316	HEPPYSIAH RAIMEE		TONGOD AA	2 : 57.82 s
12	14	0675	RABBY NATHYSA DUKU		SMEKEPP ATHLETICS	3 : 00.29 s
13	6	1064	AMANDA MOUSIN		SMK TAMPARULI	3 : 00.35 s
14	17	0172	NURHAFINA BINTI JUNICK		BANDA U WARRIOR	3 : 02.72 s
15	30	0932	GRETHCHEN SYNNE GRIFFINE		RINADAK ATHLETIC	3 : 03.33 s
16	28	0173	ALEXAZANDRA ALEXANDER		BANDA U WARRIOR	3 : 06.24 s
17	3	0741	AIZZA RANNI MASHITAH BIN JAMCIN		SMK MAT SALLEH	3 : 06.90 s
18	25	0744	NUR AISHYA BINTI SIBI		SMK MAT SALLEH	3 : 08.63 s
19	1	0260	LAURA ANAK JUNANI		CHEETAH ATHELETIC	3 : 09.61 s
20	8	1368	VANESA SOON YEN QI		BERWANG SPORTS CLUB	3 : 09.83 s
21	22	1223	NUR FAZEERA BINTI ABDULLAH		SMK TANDEK	3 : 15.44 s
22	23	0933	AUDERY CLAY FRED		RINADAK ATHLETIC	3 : 16.16 s
23	24	1225	LEONA ALDAYANA SEIMON		SMK TANDEK	3 : 16.34 s
24	31	0076	EVE GRACE		ATHRA	3 : 26.42 s
25	19	0156	CHELSEA ANN STANLY		BADIN T&F	3 : 27.33 s
26	27	0652	MEGAN CHU YUE TOONG		MONTANA KINABALU AC	3 : 27.95 s
-	2	0676	NURASNIZZAH HAZRIMAT		SMEKEPP ATHLETICS	DNF
-	10	1188	ABELZA ABELYN HAMZAH		SMKPI	DNS
-	13	1317	SUPRIA TAMIN		TONGOD AA	DNS
-	15	0788	DEVERA EVADEA FREDDY		POD PAPAR	DNS
-	20	0310	SHYERLEE SHERLINE DAIMIS		SEMETRA	DNS

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NO ACARA : 118			AKHIR				
ACARA : 800 m			LELAKI 15 TKB				
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	17	1051	ARTHUR GIMBUN	SMK TAMPARULI	2 : 18.35 s		
2	35	0251	JAFFREADY JONNY	CHEETAH ATHELETIC	2 : 20.54 s		
3	11	0691	JAFFERY LORENCE LIMBAI	SSM SABAH	2 : 20.70 s		
4	6	0168	HENKY HELERRIO JINIOR PRESLEY GAMBA	BANDAU WARRIOR	2 : 22.05 s		
5	38	0189	AZACH HAZRON VICTOR	CAC	2 : 22.22 s		
6	27	0536	MOHD NORDIN BIN YUSUF	MSN SANDAKAN	2 : 22.55 s		
7	28	0762	FARIHIN ABDUL FATAH BEDU	(TTNF)	2 : 22.58 s		
8	13	0775	DYEXTON CYRILL	SMK NABAWAN	2 : 23.91 s		
9	36	0010	ASAMLIE BIN DATU JOHNY	AAC	2 : 24.12 s		
10	34	0481	MOHAMAD AZRAN BIN JANIK	SMK LOHAN RANAU	2 : 24.15 s		
11	3	0167	RONELD JUSTIN	BANDAU WARRIOR	2 : 24.20 s		
12	5	1338	CRISH HERGREAVES WILLIE	TAMAN TUNKU	2 : 24.32 s		
13	1	0362	MOHAMAD SUZAILMY	HUMANSPORT T&F	2 : 24.75 s		
14	39	0520	MATHEW MICHAEL	SM ST MARTIN	2 : 25.30 s		
15	18	0692	AZHAIKIE AWOT	SSM SABAH	2 : 25.89 s		
16	4	0889	MUHAMMAD FIRDAUS HELMI	POD PUTATAN	2 : 26.50 s		
17	7	1173	MUHAMAT SYUKUR BIN RACHIM	SMK LIKAS	2 : 27.69 s		
18	37	0693	AUBRENA VALENTA LIZOD	SSM SABAH	2 : 29.34 s		
19	12	0888	AMIRUL HAIKAL BIN NASRI	POD PUTATAN	2 : 29.49 s		
20	8	0125	EL MANGU QEYYLELU HAYAN	BERWANG SPORTS CLUB	2 : 29.76 s		
21	24	1341	AARON DUFF	WICKED	2 : 29.90 s		
22	14	0622	NELDEN CALEB LIAU CAI HONG	MONTANA KINABALU AC	2 : 31.31 s		
23	20	1070	MUHAMMAD AZWAN SYARUL NIZAM BIN AZMAN	STOVE ATHLETICS	2 : 31.90 s		
24	9	0671	AERICK ALFIAN JUNIOR SUDIN	SMEKEPP ATHLETICS	2 : 32.16 s		
25	23	0108	MUHAMMAD ZUL HAFIY	BEBAS TNF	2 : 32.20 s		
26	21	1071	ALAZIZ	STOVE ATHLETICS	2 : 33.70 s		
27	26	1053	RONNIE APIN@DOMINIC	SMK TAMPARULI	2 : 35.48 s		
28	19	0473	JC MICHAEL IMMANUEL R K KALIXTUS PURTUNATA LOLI	KELAB SMK ULU SAPI	2 : 37.20 s		
29	10	0670	JOHN RAHIM	SMEKEPP ATHLETICS	2 : 39.30 s		
30	32	0890	MUHAMMAD SYUKRI SENANG	POD PUTATAN	2 : 40.13 s		
31	40	1115	ANSELMO ADDISON ANTHONY	SMSM PENAMPANG	2 : 43.23 s		
32	31	1170	DAREN ALDRIN ANAK RIODE	SMK LIKAS	2 : 44.99 s		
33	33	0302	FREDERICK FREDY MAURICE	SEMETRA	2 : 45.76 s		
34	29	0127	JONELSON IVIN JOMILIN	BERWANG SPORTS CLUB	3 : 09.11 s		
-	2	1125	FREDO ISCOVICH BOMMEY	SALAPING ATHLETIC	DNS		
-	16	0295	AREL EBELLTER RAUDY	SEMETRA	DNS		
-	22	0110	MOHD AZHAR BIN MISAH	BEBAS TNF	DNF		
-	25	0300	PHILLIP LEEROY PAULUS	SEMETRA	DNS		
-	30	0575	BLANDQUESCO BENARD	MAJAKIR T&F	DNF		


NO ACARA : 119			AKHIR				
ACARA : 800 m			PEREMPUAN TERBUKA				
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	5	0722	BIBILIN FAUZI	SSM SABAH	2 : 45.79 s		
2	8 - 1	0169	SHAFIYAH NUR NAWRA BINTI SHAREN	BANDAU WARRIOR	2 : 49.88 s		
3	3	1057	DIANNA DANNA JOLLY	SMK TAMPARULI	2 : 59.58 s		
4	2	0171	DYEORAINANDRIA ALEXANDER	BANDAU WARRIOR	2 : 59.63 s		
5	4	0738	WHELLYN MATIN	SMK MAT SALLEH	3 : 02.48 s		
6	6	0902	RECO ERIKENIEZA YONNI	POD PUTATAN	3 : 08.41 s		
7	7	1022	DAYANG DAMIA HEIDI BINTI ROSLEE	RS ATHLETIC CLUB	3 : 09.23 s		
8	8 - 2	0466	FLORECE SATIAU	KENT TRACK & FIELD	3 : 26.75 s		
9	1	0408	PINKY ELVERA JEROD	KOTA BELUD ATHLETIC	3 : 35.91 s		


NO ACARA : 120			AKHIR				
ACARA : 800 m			LELAKI TERBUKA				
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	27	0690	NIKOS TAI LEE ONN	SSM SABAH	2 : 06.56 s		
2	19	0685	ERWIN GRENGGORI	SSM SABAH	2 : 07.79 s		
3	7	0339	FERNANDEZ SUNG	HUMANSPORT T&F	2 : 10.36 s		
4	18	0817	AUBREY ARON	PLN KENINGAU	2 : 10.96 s		
5	12	0683	JACKRIN ASIH	SSM SABAH	2 : 11.09 s		
6	3	1303	AIDIL ASYRAF	TEAM DEAFSABAH	2 : 11.63 s		
7	6	0688	DARREL AUSTEN LOSIUS	SSM SABAH	2 : 14.13 s		
8	8	0687	MOHAMAD NURHANIEZULFIKRI BIN HANDRI	SSM SABAH	2 : 16.31 s		
9	9	1045	ELVENDER VELLY JOY	SMK TAMPARULI	2 : 18.02 s		
10	23	0812	MOHD. AZRIN BIN IBRAHIM	IPG KAMPUS GAYA	2 : 18.96 s		
11	22	0821	AHMAD FIKRI BIN ROSLLEY	PLN KENINGAU	2 : 24.27 s		
12	17	1196	CHONG YAO MING ALEX	SMK TANDEK	2 : 25.11 s		
13	4	0344	ANDY AMANDUS	HUMANSPORT T&F	2 : 26.50 s		
14	10	1163	JUL-AMRI	SMK LIKAS	2 : 28.59 s		
15	25	1311	BECKHAM ELIES JIKSON	TONGOD AA	2 : 28.77 s		


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16	21	1309	ABDUL HAZIZ BIN ABDULLAH	TEAM DEAFSABAH	2 : 30.37 s	
17	16	0753	MUHD HAFIQ HIDAYAT SAMSANI	(TTNF)	2 : 31.98 s	
18	11	0752	SALAHUDDIN ABDUL RAHIM	(TTNF)	2 : 32.92 s	
19	20	0514	MCLEANVYONNER ALEX	SM ST MARTIN	2 : 33.53 s	
20	24	0177	JAVIER ISAAC VICTOR	CAC	2 : 39.07 s	
21	1	0397	JENAL ABIDIN AMIRUDDIN	KOTA BELUD ATHLETIC	2 : 40.42 s	
22	14	0036	MUHAMMAD ASNAWI B AZLAN	ATHRA	2 : 49.96 s	
23	15	1164	MUHAMMAD FAISAL	SMK LIKAS	3 : 13.06 s	
24	13	0343	OSWALD JERICHIUS	HUMANSPO RT T&F	3 : 19.21 s	
-	2	0950	ROJI SINUN ABDULLAH	ROJI	DNS	
-	5	0115	MOHD HASHIM ABDUL MANAP	BERWANG SPORTS CLUB	DNS	
-	26	1047	CLARENCE GIMBUN	SMK TAMPARULI	DNS	

NO ACARA : 121			AKHIR				
ACARA : 200 m			PEREMPUAN 12 TKB				
KED	LOR	BIB	NAMA	ANGIN = -0.8 m/s	PASUKAN	MASA	
1	5	1160	NEHTA LEAH KIMBINS LIAU		ST.JAMES, KK	29.78 s	
2	3	0232	CHELCALSEA KRISLLEY BICKLEY		CAC	30.06 s	
3	4	0378	DJENE KAY SIDIME		HUMANSPO RT T&F	30.39 s	
4	8	1137	JANE FRANCES GWEN MARCUS		SALAPING ATHLETIC	31.00 s	
5	6	1320	SHERLY SHARREL SYLVESTER		TONGOD AA	31.35 s	
6	2	0556	NUR KASIH SYAZWANA BINTI SAHLIMON		MILE4 ATHLETICS	31.59 s	
7	7	1360	NUR ELLESYA AZWA BT. AWANG		TUNGKU SPORTS CLUB	31.94 s	
8	1	0241	AMANDA AUDREY ROSLY		CAC	32.56 s	

NO ACARA : 122			AKHIR				
ACARA : 200 m			LELAKI 12 TKB				
KED	LOR	BIB	NAMA	ANGIN = -0.3 m/s	PASUKAN	MASA	
1	3	0923	GRENDRY GEORGE		PATAU TEAM	24.87 s	
2	4	1004	MUHAMMAD NURMANSYAH BIN NURDIN		RS ATHLETIC CLUB	24.93 s	
3	6	0369	MOHD SHAFIQ ASRI BIN ABDULLAH		HUMANSPO RT T&F	25.74 s	
4	5	0997	ASYSHAFADIE BIN ALIMUDDIN		RS ATHLETIC CLUB	25.82 s	
5	8	1263	MUHAMMAD AZZIQ IK TIZHAM BIN AZLAN		TUARAN ATHLETICS	26.99 s	
6	7	0632	NEYDAL ELIJAH LIAU		MONTANA KINABALU AC	27.43 s	
7	1	0011	MOHAMMAD SHAHRIZAL BIN DOUGLAS		AAC	27.54 s	
8	2	0323	ESTEEN DIAZ NELTON		(SKOAC)	27.61 s	

NO ACARA : 123			AKHIR				
ACARA : 200 m			PEREMPUAN 15 TKB				
KED	LOR	BIB	NAMA	ANGIN = -0.8 m/s	PASUKAN	MASA	
1	5	0289	MARYSHA ASYERA ANAK AMBROSE CANNON		DPM TRACK & FIELD	27.31 s	
2	8	1019	ARINISIA JEW A		RS ATHLETIC CLUB	28.87 s	
3	4	0262	ALVYSTEVFIANI STEVEVINSON		CHEETAH ATHELETIC	29.25 s	
4	3	1111	ALLYSON GRACE		POD SANDAKAN	29.43 s	
5	6	0532	AVY ELLYVIA CONROD MOOL		SM ST MARTIN	29.85 s	
6	2	0816	RIZKAH ABDULLAH		POD KINABATANGAN	30.25 s	
7	7	0726	ROSLYNNE RAHMAN		SSM SABAH	30.56 s	
-	1	0771	FARAH NATASHA FIRMAN		(TTNF)	DNS	

NO ACARA : 124			AKHIR				
ACARA : 200 m			LELAKI 15 TKB				
KED	LOR	BIB	NAMA	ANGIN = -0.1 m/s	PASUKAN	MASA	
1	4	0280	DALTON XAVIER WENCES		DPM TRACK & FIELD	23.77 s	
2	7	0755	MUHAMAD FITRI FAWWAZ ABDUL FATTAH		(TTNF)	23.89 s	
3	6	0187	SCHWARZENEGGER CALVIN ROBERT PIDOLIN		CAC	24.02 s	
4	3	0252	MOHAMAD AIMAN BIN MAIDIN		CHEETAH ATHELETIC	24.12 s	
5	8	0188	JEREMIAH HENRICUS		CAC	24.12 s	
6	5	0253	MOHAMMAD JAMALUL LAIL BIN UNDANG		CHEETAH ATHELETIC	24.19 s	
7	1	1252	ADAM JEREMIAH ANTHONIUS		TUARAN ATHLETICS	24.33 s	
8	2	0609	HARRISON LEONG ZHI YOU		MONTANA KINABALU AC	25.18 s	

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NO ACARA : 125			AKHIR			
ACARA : 200 m			PEREMPUAN TERBUKA			
KED	LOR	BIB	NAMA	ANGIN = -0.3 m/s	PASUKAN	MASA
1	6	1107	NUR AISHAH ROFINA BINTI ALING		POD SANDAKAN	25.13 s
2	8	0764	CHELSEA CASSIOPEA EVALI BOPULAS		(TTNF)	25.52 s
3	5	0154	ESTHER JOANNE AILOS		BADIN T&F	26.89 s
4	7	1273	BIBI HALINA ALOYSIUS		TUARAN ATHLETICS	27.46 s
5	1	0765	AVEYENDA ARON		(TTNF)	27.89 s
6	4	1105	NUR AZIQAH BINTI SAPRI		POD SANDAKAN	28.08 s
7	2	0210	SHAYNA HEATHER TAHING		CAC	28.12 s
-	3	1065	FEOVA LIM		SMK TAMPARULI	DNS

NO ACARA : 126			AKHIR			
ACARA : 200 m			LELAKI TERBUKA			
KED	LOR	BIB	NAMA	ANGIN = -0.5 m/s	PASUKAN	MASA
1	5	1096	PENGIRAN AIDIL AUF BIN HAJAM		POD SANDAKAN	22.15 s
2	4	0966	MUHAMMAD NAZRUL BIN MOHD ALI		RS ATHLETIC CLUB	22.32 s
3	3	0747	AKMAL RIZAL ANDY REMY IHSAN		(TTNF)	23.10 s
4	6	0588	EDRICK FEIVEL FLORENTIUS		MONTANA KINABALU AC	23.19 s
5	8	0968	DEAIGO EMANUELL BIN WAYRING		RS ATHLETIC CLUB	23.30 s
6	7	0517	DEXTER BEDIE		SM ST MARTIN	23.32 s
7	2	0001	MOHAMMAD ARIEF AIMAN		AAC	23.59 s
8	1	0176	JOHNSON PHANG JUNIOR		CAC	24.26 s

NO ACARA : 201			AKHIR									
ACARA : LONTAR PELURU			LELAKI 15 TKB									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6	
1	22	0708	EARL ISAAC MITZLER	SSM SABAH	17.10 m	X	17.10	16.99	X	16.76	X	
2	27	0702	RONNEIL BIN ROZI @ ROGER	SSM SABAH	14.49 m	14.23	14.49	X	X	13.84	13.77	
3	5	0428	MOHAMAD SYAHZWAN BIN WILLIAM	KSBFT@MYWAY	12.28 m	11.54	12.14	11.75	11.94	11.83	12.28	
4	12	0469	ADRIEL TUGANG ANAK RYCKER	KTDTHB	12.18 m	11.86	11.00	12.18	11.99	11.63	X	
5	17	0695	IHTISYAM UKAIL BIN SYARIMAN	SSM SABAH	11.53 m	10.92	10.06	11.32	11.47	11.53	11.07	
6	21	0707	VELLDRON PITON	SSM SABAH	11.46 m	11.25	10.90	11.46	11.05	10.47	10.96	
7	19	0914	JAVIER KARIB	SMK PITAS II	10.66 m	10.59	10.61	10.46	10.01	10.66	10.54	
8	20	0048	FERDY XZALLEO LUCAN	ATHRA	10.46 m	10.46	9.25	9.91	10.27	9.97	7.69	
9	8	1334	HENRY SELUTAN MARUNG	TTT ATHLETICS	10.31 m	10.31	X	9.53				
10	25	1172	MUHAMAD FAKHRUL ADAM ABDULLAH	SMK LIKAS	9.83 m	9.83	8.74	8.55				
11	3	0891	MOHAMMAD AIZULRIZEWAN	POD PUTATAN	9.80 m	9.80	8.50	7.77				
12	10	1067	NABIL FAIZ BIN AYUB	STOVE ATHLETICS	9.65 m	9.01	X	9.65				
13	24	0047	MUHAMMED FIRDAUS BIN ABD HADI	ATHRA	9.35 m	9.35	9.01	8.51				
14	26	1208	ALEX CIUS LEE ABY	SMK TANDEK	9.05 m	8.18	9.02	9.05				
15	9	1210	HEMETON KOWIOM	SMK TANDEK	8.99 m	8.45	X	8.99				
16	4	1254	ERIC JUNIOR UJUM	TUARAN ATHLETICS	8.38 m	8.38	X	7.61				
17	28	0316	AIKEN TAI JIE	ERIC	8.34 m	8.34	8.20	7.97				
18	6	1322	JC JOSEPH ALEXANDER XAVIER KALIXTUS PURTUNATA LOLI	TANDEK ATHLETICS	8.31 m	8.05	X	8.31				
19	13	0275	FRANANDO ALONSO ANAK PETER	DYNAMIC DUO	8.18 m	8.18	8.00	X				
20	18	0194	DARREN DANIEL DAINASIOUS	CAC	7.81 m	X	7.81	X				
21	16	0487	REMYDEOU RAJI	SMK LOHAN RANAU	7.59 m	7.59	7.42	6.76				
22	11	0277	LEON LEROY	DYNAMIC DUO	7.21 m	X	6.22	7.21				
23	1	0619	DANIEL CYRIL TANDUBA	MONTANA KINABALU AC	6.52 m	X	X	6.52				
-	2	1335	ARNOLD BARU MARUNG	TTT ATHLETICS	DNS							
-	7	0303	CORNALDEE DIAZ DIANUS	SEMETRA	DNS							
-	14	0896	MOHD RAZZUAN SHAH	POD PUTATAN	DNS							
-	15	0193	DELVINO VICTORIAN	CAC	NM	X	X	X				
-	23	0756	HAIKAL ZULHAIRIE MOHD HANAFIE	(TTNF)	DNS							

NO ACARA : 202			AKHIR									
ACARA : LEMPAR CAKERA			PEREMPUAN 15 TKB									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6	
1	8	1091	SHERRA ANNABELLE JONIAS	SEMEKSI	28.01 m	26.78	26.18	X	X	X	28.01	
2	7	0919	NORDIANAH BINTI JAINAL @ EDIN	SMK PITAS II	22.06 m	19.34	X	18.08	20.63	X	22.06	
3	5	1339	ELIZABERT BULAN OKTOPIANUS	TAMAN TUNKU	21.07 m	21.07	X	20.39	19.76	X	X	
4	4	0491	ANNA TYEDORRA COLORENCE	SMK LOHAN RANAU	18.92 m	X	16.27	X	18.92	18.40	X	
5	2	0925	ROWENA ROZI@ROGER	PATAU TEAM	16.89 m	14.50	X	16.01	X	16.26	16.89	
6	6	0224	EUPHRASIA TERRENCE CLAUDIUS	CAC	15.16 m	14.47	12.92	X	15.16	14.07	13.09	
7	3	1090	SHERRA ASTHERA JONIAS	SEMEKSI	14.17 m	X	X	14.17	13.04	X	X	
-	1	0307	JOY ANGEL JOSUA	SEMETRA	DNS							

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NO ACARA : 203			AKHIR									
ACARA : LOMPAT KIJANG			PEREMPUAN TERBUKA									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6	
1	7	0012	SHAHRNIE BINTI DARIUS	AAC	10.86 m	10.73	X	10.74	10.75	10.71	10.86	
2	3	1183	CAREFINA DIAN ELDY	SMKPI	10.82 m	10.32	10.82	10.30	10.43	-	10.57	
3	10	0717	EDEL SIMON TAY	SSM SABAH	10.33 m	X	10.07	X	10.10	10.33	9.99	
4	1	1184	FARLINAH BINTI FRANCIS	SMKPI	10.32 m	9.82	9.81	9.64	9.82	X	10.32	
5	2	1085	ABBY ALLYSCA LAUSIN	SEMEKSI	10.27 m	10.27	9.11	10.07	10.21	9.83	X	
6	9	1213	ANNY EZNY RIZAM	SMK TANDEK	9.99 m	9.85	9.50	9.60	9.81	9.99	9.58	
7	11	0286	WILNIE JOHANIES	DPM TRACK & FIELD	9.56 m	X	9.49	9.56	-	-	-	
8	6	0524	AISHWARYA RAI HENRY	SM ST MARTIN	9.22 m	9.22	X	X	X	X	X	
-	4	1062	JESSICA YAKAI	SMK TAMPARULI	DNS							
-	5	1058	NUR WANDHA WARYZEA	SMK TAMPARULI	NM	X	X	X				
-	8	0489	VINDALINDA SEVERINUS	SMK LOHAN RANAU	NM	X	X	X				
-	12	1301	FARAH SYAKIRA BT AZIFSAFARIN	MSN PERAK	DNS							


NO ACARA : 204			SEPARUH AKHIR									
ACARA : 60 m			PEREMPUAN 9 TKB				8 masa terbaik (q) layak					
SEPARUH AKHIR 1 / 9												
KED	LOR	BIB	NAMA	PASUKAN	MASA							
1	6	1013	KAY KYLEE CLIFFORD MOSINOH	RS ATHLETIC CLUB	11.43 s							
2	8	0838	HANNAH VERNA CHRISTOPHER	PLN KENINGAU	11.58 s							
3	7	0871	CHRISNA RONNA JIPIU	PENAMPANG MASTERS	12.10 s							
4	3	0644	MARYAM BINTI RIYATUDIN	MONTANA KINABALU AC	12.55 s							
5	2	1110	NUR SOLEHA BINTI MALAYSIA	POD SANDAKAN	13.74 s							
6	4	1219	VC VALERIE ANNE HERDY	SMK TANDEK	13.81 s							
-	5	0069	AMIRA SYAZA BTE MIJAN	ATHRA	DNS							
SEPARUH AKHIR 2 / 9												
KED	LOR	BIB	NAMA	PASUKAN	MASA							
1	5	0455	JAYNERVIE JAIDY	KO SK.MALAWA	9.93 s	q						
2	4	0221	QUEENELLE ZOEY HERRY KONG	CAC	11.68 s							
3	6	0140	AZIATUL FATIMAH	BERWANG SPORTS CLUB	11.77 s							
4	3	0552	KALESHREE MALAR MAHENDRA	MILE4 ATHLETICS	13.38 s							
5	7	1133	ELVY ELVERTHA JAIMON	SALAPING ATHLETIC	13.57 s							
-	2	0068	AYUNA MIEZA BTE MIJAN	ATHRA	DNS							
-	8	0647	AYRIS ARISYA BINTI ANDI	MONTANA KINABALU AC	DNS							
SEPARUH AKHIR 3 / 9												
KED	LOR	BIB	NAMA	PASUKAN	MASA							
1	2	0218	YUMNA RAHAF BINTI MOHD.YUSLIN	CAC	9.73 s	q						
2	5	1277	ARA JASMINE ANTHONIUS	TUARAN ATHLETICS	10.38 s	q						
3	3	1012	RACHAEL SABREENA ROLAND LUMBISING	RS ATHLETIC CLUB	10.62 s							
4	7	0096	MELLISA WINSIN	BULLET ATHLETICS	10.83 s							
5	6	0872	HERNYLLA RAY VITUS	PENAMPANG MASTERS	12.84 s							
6	4	1379	AMANDA AIN	BERWANG SPORTS CLUB	12.87 s							
7	8	0335	GIACINTA SADION SANTIKU	K.OLAHRAGA BANDAUI	13.07 s							
SEPARUH AKHIR 4 / 9												
KED	LOR	BIB	NAMA	PASUKAN	MASA							
1	6	0216	JEANNIFER ASHLEY JEMAS	CAC	10.44 s	q						
2	5	1109	ADELIA RAIHANA	POD SANDAKAN	11.40 s							
3	2	1011	FAY AUDRINA SALZAR BINTI RAYZLAN SALAZAR	RS ATHLETIC CLUB	11.42 s							
4	3	0373	MARIE SIDIME	HUMANSPO RT T&F	12.06 s							
5	8	0064	ALMY AMEELYA	ATHRA	12.23 s							
6	4	1135	IVANNA FLAVIA JAMAT	SALAPING ATHLETIC	12.66 s							
7	7	0024	ELLA JONG CHIN YEE	KAIROS ATHLETICS	13.14 s							
SEPARUH AKHIR 5 / 9												
KED	LOR	BIB	NAMA	PASUKAN	MASA							
1	4	0503	NUR CHINTAQU QYAISYAH BINTI ABDULLAH	SRK LOK YUK LIKAS	10.43 s	q						
2	1	0217	LAIKA PETER MOJUNTIN	CAC	10.54 s	q						
3	8	0374	JOWANNE YUEN CHING MEI	HUMANSPO RT T&F	11.05 s							
4	5	0098	MYA CILICIA CLIFFORD KEAN	BULLET ATHLETICS	11.12 s							
5	7	0555	IRISIA CHARICE ALEXANDER	MILE4 ATHLETICS	11.64 s							
6	2	0334	FAUSTINA GREATTEL GRAY CHARLTON	K.OLAHRAGA BANDAUI	12.57 s							
7	6	0648	KATHERINE LAU JU EN	MONTANA KINABALU AC	12.59 s							
8	3	1279	MARCELLA ANN MICHEAL BUNCOH	TUARAN ATHLETICS	12.93 s							

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SEPARUH AKHIR 3 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	6	0496	MUHAMMAD SYARIL SATRIZAL BIN SARIPUDDIN	SRK LOK YUK LIKAS	10.23 s	
2	5	0857	ELDSTAL ISIAH ENZO MATHEW	PENAMPANG MASTERS	10.43 s	
3	4	0353	ELTON HILLARY EDDIE JOE	HUMANSPOORT T&F	11.05 s	
4	8	0972	JUREN TAI JUN	RS ATHLETIC CLUB	11.34 s	
5	2	0184	LIAM MICHAEL YAPP	CAC	13.67 s	
-	3	1370	MUHAMMAD FIRASH BIN MOHD FAIZAL	BERWANG SPORTS CLUB	DNS	
-	7	0602	AMAR YASIR BIN ANDI	MONTANA KINABALU AC	DNS	
SEPARUH AKHIR 4 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	4	0360	EZEQUIEL DYLAN BARANTING	HUMANSPOORT T&F	10.24 s	
2	5	0548	BRENDAN ALLEN FLEX	MILE4 ATHLETICS	10.74 s	
3	1	1242	ALDRICK ADVENTYNE SIBUN	TUARAN ATHLETICS	12.30 s	
4	8	1321	JC ISAAC PIO DOMINIC KALIXTUS PURTUNATA LOLI	TANDEK ATHLETICS	12.35 s	
5	6	1122	ELVER ELNATHAN JAIMON	SALAPING ATHLETIC	12.43 s	
6	7	1098	MUHAMMAD SYAZWAN IQRAM BIN AZWAN HAFEZ	POD SANDAKAN	13.34 s	
7	2	0980	MOHAMMAD AZEEM AZIZ BIN MOHAMMAD FAISAL	RS ATHLETIC CLUB	13.61 s	
-	3	0185	JAVIER ALVES VIKI SINGH RAMDAY	CAC	DNS	
SEPARUH AKHIR 5 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	5	0355	CHESTER TYLER CHARLES	HUMANSPOORT T&F	10.66 s	
2	6	1240	SAINTNOVA FLODIVINEO UNDUGAN SWELDY	TUARAN ATHLETICS	11.06 s	
3	4	0970	MUHAMMAD NUR WAFIQ JAZLI BIN JACKSUL	RS ATHLETIC CLUB	11.27 s	
4	3	0332	VELL CARLSON SAMBION VILBON	K.OLAHRAGA BANDAUI	11.97 s	
5	2	0547	JORDAN CHRIST JACKSON	MILE4 ATHLETICS	12.25 s	
6	8	0976	AMSYAR ZIYAD BIN SHAMIR	RS ATHLETIC CLUB	14.18 s	
-	7	0040	MUHAMMAD ZAID ZAFRAN BIN ZULKIFLI	ATHRA	DNS	
SEPARUH AKHIR 6 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	6	1246	OLLEANDRE XAVIER SUFIAN	TUARAN ATHLETICS	10.11 s	q
2	5	0777	AWANG AFI ISYRAF BIN A AZIZAN	POD PAPAR	10.31 s	
3	4	0265	EZZACK CAISTER TUMOKAN	SOLUSUK SANDAYOH	10.64 s	
4	8	0356	DEANGELO VOLNY DUDY HARTO	HUMANSPOORT T&F	11.30 s	
5	3	1097	MOHAMAD SAFUAN NIZAM SAH	POD SANDAKAN	12.16 s	
6	7	0981	AYDAN NAEEM BIN MOHD FARISH	RS ATHLETIC CLUB	12.52 s	
7	2	1120	MARCELL ALEXSEAN GERALD	SALAPING ATHLETIC	12.66 s	
SEPARUH AKHIR 7 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	6	0599	MAHIRZILLQAYYIM BIN MAHER	MONTANA KINABALU AC	9.58 s	q
2	8	1344	EVANDER KYLE KOH JIEN WEN	CHLK	10.63 s	
3	3	0352	CHARLES DION DAVID	HUMANSPOORT T&F	10.77 s	
4	5	1243	BRNDON LEO MICHEAL BUNCOH	TUARAN ATHLETICS	11.34 s	
5	7	0973	ZAHRUL IRSYAD	RS ATHLETIC CLUB	11.47 s	
6	1	0549	LIONEL JR LODIN	MILE4 ATHLETICS	11.78 s	
7	4	1099	MUHAMMAD SYAZWAN IQBAL BIN AZWAN HAFEZ	POD SANDAKAN	11.86 s	
8	2	0412	DAVIN NOLAN NELSON	KIWAYAN ATHLETICS	16.99 s	
SEPARUH AKHIR 8 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	3	1241	ALDRICH ADVENTYNE SIBUN	TUARAN ATHLETICS	10.09 s	q
2	8	0183	ELSHAWN EDWARD	CAC	10.89 s	
3	5	0359	MEVELL KEZLEY KEVIN ROYNEIL	HUMANSPOORT T&F	11.66 s	
4	7	0977	CAVIN TSEN KAI WEI	RS ATHLETIC CLUB	11.78 s	
5	4	0858	CARRICK ROMAN CHADLEY GUMPIL	PENAMPANG MASTERS	11.80 s	
6	6	0600	CORINTIAN CHIN	MONTANA KINABALU AC	11.98 s	
7	2	0122	ISAAC LIEW KHAI	BERWANG SPORTS CLUB	12.55 s	
SEPARUH AKHIR 9 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	4	0124	MUHAMMAD NABIL RAFIF FAHRUL	BERWANG SPORTS CLUB	10.20 s	
2	2	0357	BRANDON LEE CHEN HONG	HUMANSPOORT T&F	10.33 s	
3	7	1244	JACQUEZGA OZYL JEFRESGA	TUARAN ATHLETICS	10.75 s	
4	3	0603	RYAN LAU JU HON	MONTANA KINABALU AC	11.05 s	
5	1	0971	KESDEN KAN YONG YOU	RS ATHLETIC CLUB	11.17 s	
6	8	0186	ESTON BRYANT VIKI SINGH RAMDAY	CAC	12.81 s	
7	6	0333	RAFAEL BIN RONOLLUIS	K.OLAHRAGA BANDAUI	13.19 s	
-	5	0315	DZUL THAQIF HANZALAH BIN KHAIRIL ANUAR	DZUL	DNS	

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SEPARUH AKHIR 10 / 10						
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	4	0351	DARELL VASCHEL JUNIOR DUDY HARTO	HUMANSPOORT T&F	9.76 s	q
2	2	0926	LUQMAN AL HAKIM BIN ASSALI	RINADAK ATHLETIC	10.06 s	q
3	7	0550	MUHAMMAD NADHIM NAFIS BIN GASPARI	MILE4 ATHLETICS	10.26 s	
4	3	0974	ABYAN PUTRA PRATAMA	RS ATHLETIC CLUB	10.62 s	
5	6	1238	ABRAM JIM ANTHONIUS	TUARAN ATHLETICS	11.34 s	
6	8	0181	GERARD RIVANNO BINGKUAN	CAC	12.39 s	
7	1	0563	JANKOVIC PABLO	MAJAKIR T&F	13.88 s	
8	5	0604	AWANG HAZIM BIN AWANG REDWAN	MONTANA KINABALU AC	17.51 s	

NO ACARA : 206	SEPARUH AKHIR	
ACARA : 100 m	PEREMPUAN 12 TKB	8 masa terbaik (q) layak

SEPARUH AKHIR 1 / 19						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	6	0558	RYESSE ANN ATHANASIVS		MILE4 ATHLETICS	15.33 s
2	1	0105	JADE ROXANNE IRENIUS @ FABIAN		BULLET ATHLETICS	15.38 s
3	3	1361	SITTI NUR QASIDAH M.RAMDAN		TUNGKU SPORTS CLUB	16.02 s
4	2	0330	SITI NORSALEHA BINTI MOHD YASSIN		(SKOAC)	16.33 s
5	4	0381	CHLOE CHARLES		HUMANSPOORT T&F	16.49 s
6	8	0082	STELLA STEPHANIE PAN		ATHRA	16.83 s
7	7	1285	EZRA ERNA CHYLSEY UJUM		TUARAN ATHLETICS	17.34 s
-	5	1041	CHARLOTTE HAYLEE LEIKSON		RS ATHLETIC CLUB	DNS

SEPARUH AKHIR 2 / 19						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	7	0331	NURSAFIKA JAINUDDIN BINTI SAMIN		(SKOAC)	15.15 s
2	3	0560	VANESSA ANN DUNIS		MILE4 ATHLETICS	15.66 s
3	6	1025	ALYSHA LIM JING WEN		RS ATHLETIC CLUB	16.02 s
4	4	0792	ELLY SANDRA BINTI JUBAL		POD PAPAR	16.78 s
5	1	1333	NURUL BATRISYIA BINTI ABDULLAH		MINATOR	17.35 s
6	5	1292	ALLYVIA RONALD PILAH		TUARAN ATHLETICS	17.47 s
7	2	0377	MELLY ANNE CHARLES		HUMANSPOORT T&F	17.60 s
-	8	0663	HAWA BINTI SABL		MONTANA KINABALU AC	DNS

SEPARUH AKHIR 3 / 19						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	7	1284	DENDRA ELVY RESLE		TUARAN ATHLETICS	15.34 s
2	2	0907	NURUL AINUL NAZIRAH BINTI ABIK		PETAGAS RED	17.30 s
3	5	0242	NATHANIELLE BABY HERRY KONG		CAC	17.40 s
4	3	1026	ASHLEY LIEW KER YING		RS ATHLETIC CLUB	17.54 s
5	6	0875	CHENELLE RIANNE JIPIU		PENAMPANG MASTERS	18.48 s
-	4	0268	ALENAH FINA WINMIN		SOLUSUK SANDAYOH	DNS
-	8	1140	PINKKESHENA ANAK RONSON		SALAPING ATHLETIC	DNS

SEPARUH AKHIR 4 / 19						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	8	0396	NUR AISYAH ARYSA FATIAH BINTI JOHN		KUNAK ATHELETIC	14.61 s
2	7	1282	SUZELLENA ABELLA LAMAN		TUARAN ATHLETICS	15.39 s
3	2	0459	ROANNE ROBIN		KO SK.MALAWA	15.49 s
4	3	0794	ESMERLDA ANNE JACKSON		POD PAPAR	15.62 s
5	5	0905	SHASYA BATRISYA BINTI ISAH		PETAGAS RED	16.74 s
6	1	0879	PHOEBE TANIA PETER		PENAMPANG MASTERS	18.08 s
-	4	0808	ANGEL ABBYGAIL STEVE		PISMA TEAM	DNS
-	6	0244	MARY KAYLA CLARENCE ONGKUDON		CAC	DNS

SEPARUH AKHIR 5 / 19						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	8	1293	ABIGAIL RONALD PILAH		TUARAN ATHLETICS	15.86 s
2	7	0246	BRYVELEY ELVRA B. KUIBIN		CAC	16.43 s
3	6	1354	SHANICE FOO SZE HAN		CHLK	16.44 s
4	4	1030	ARWEN MISYAEEL ISHFA BINTI ABDUL RAHMAN		RS ATHLETIC CLUB	19.40 s
-	2	0662	NURUL ALYA AZZAHRA BINTI ANDI		MONTANA KINABALU AC	DNS
-	3	0807	ANGEL ALLVERA STEVE		PISMA TEAM	DNS
-	5	0147	SAMREEN ROS JAYENDRAN		BERWANG SPORTS CLUB	DNS

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SEPARUH AKHIR 6 / 19						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	0103	ALYSSA CONROD MOOL		BULLET ATHLETICS	14.55 s
2	4	1296	ABIGAIL SARAH FAIRIE		TUARAN ATHLETICS	15.41 s
3	3	1034	LEONG ZI CHENG		RS ATHLETIC CLUB	15.51 s
4	6	0083	NUR NATALIA VELANI BINTI CHARLO		ATHRA	16.09 s
5	7	0935	AUDERY CLAY FRED		RINADAK ATHLETIC	16.18 s
6	8	0025	AMBER LIM HE YEE		KAIROS ATHLETICS	16.68 s
7	2	0874	MAE DIVINE CHADLEY GUMPIL		PENAMPANG MASTERS	17.95 s
SEPARUH AKHIR 7 / 19						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	1	0232	CHELCALSEA KRISLLEY BICKLEY		CAC	14.45 s
2	6	1137	JANE FRANCES GWEN MARCUS		SALAPING ATHLETIC	14.72 s
3	5	0395	SITI NUR QALESYAH BINTI ABDAHAN		KUNAK ATHELETIC	15.17 s
4	3	0796	LEA LYNNESA LYANE CHRISTOPHER		POD PAPAR	15.68 s
5	8	1037	DASHIE ONG ZUAN NEO		RS ATHLETIC CLUB	15.73 s
6	2	0380	DYANE ELLYCEA CHARLES		HUMANSPOORT T&F	16.26 s
7	4	1289	EVA VYOLET KILON		TUARAN ATHLETICS	16.27 s
-	7	1376	SITI AISYAH ZULAIKHA		BERWANG SPORTS CLUB	DNS
SEPARUH AKHIR 8 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	8	1160	NEHTA LEAH KIMBINS LIAU		ST.JAMES, KK	14.35 s
2	5	0267	NUR FAREEZA LEA BINTI JUMRI		SOLUSUK SANDAYOH	16.00 s
3	4	0507	EDELISTRA VANELLA KELVANN KOH		SRK LOK YUK LIKAS	16.12 s
4	2	0328	NUR AFIQAH BINTI SUDIN		(SKOAC)	16.86 s
5	6	0233	KRISTEN NOVENA XAVIER		CAC	17.52 s
6	3	1042	SAMANTHA OBAKPE		RS ATHLETIC CLUB	18.11 s
7	7	1112	ANNUR LAILA BINTI MALAYSIA		POD SANDAKAN	21.64 s
SEPARUH AKHIR 9 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	6	0556	NUR KASIH SYAZWANA BINTI SAHLIMON		MILE4 ATHLETICS	15.01 s
2	4	0546	SHARMILA BINTI MIASIN		MSN SANDAKAN	15.24 s
3	3	1291	ALVIONNEY ADVENTHIA SIBUN		TUARAN ATHLETICS	15.36 s
4	2	0266	NINI KARLINA JOHANIS		SOLUSUK SANDAYOH	15.37 s
5	1	1113	ANTHONIA JOYCE		POD SANDAKAN	15.87 s
6	8	1033	WEE YUN TING		RS ATHLETIC CLUB	15.95 s
7	7	0876	BENOVVA TENIA LISTHER ANDREW		PENAMPANG MASTERS	16.02 s
8	5	0247	MICHELLE PAN SHI YU		CAC	18.13 s
SEPARUH AKHIR 10 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	3	0383	LORAINNE LOVELYN LIANUS		HUMANSPOORT T&F	15.64 s
2	7	0263	NURHAYATI BINTI AUNI		CHEETAH ATHELETIC	16.09 s
3	2	0877	ASHA ANGEL NIKRHODES LEONG		PENAMPANG MASTERS	16.31 s
4	8	1036	ARABELLA MAE JERRY		RS ATHLETIC CLUB	16.56 s
5	6	1286	JOANNE FIEONA PIUS		TUARAN ATHLETICS	17.53 s
6	5	0092	NURATYQAH MAISARAH BT ABDULLAH		ATHRA	17.60 s
7	1	0248	NURUL SYAFIQAH SYAHERA		CAC	18.73 s
-	4	1327	KATELYN LARA FERRER		TANDEK ATHLETICS	DNS
SEPARUH AKHIR 11 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	8	0934	JENLLAH LESSICA FILEX		RINADAK ATHLETIC	15.68 s
2	3	1035	CARMEN EVE TONY		RS ATHLETIC CLUB	15.81 s
3	4	0236	SHANELLE EDWARD		CAC	16.12 s
4	1	0793	NUR IZLIN ILYANA BINTI MUHAMMAD IZZAT		POD PAPAR	16.60 s
5	5	0848	HANNAH XUENNA ALAU ROBERT		PLN KENINGAU	16.96 s
6	6	1288	MYRA ELLYE ANN MICHEAL BUNCOH		TUARAN ATHLETICS	17.47 s
7	7	0090	ALIYA ALLESYA WALDDEY		ATHRA	17.65 s
8	2	0026	ABBY JONG CHIN LING		KAIROS ATHLETICS	19.03 s
SEPARUH AKHIR 12 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	7	1320	SHERLY SHARREL SYLVESTER		TONGOD AA	14.57 s
2	8	0795	SCHA DANIA QALESYA BINTI PATRICK		POD PAPAR	16.37 s
3	4	1287	BRITTANY WONG BAO XIAN		TUARAN ATHLETICS	16.76 s
4	6	0234	ARMELLA MAGDALEN ARIL		CAC	16.77 s
5	2	1043	DAMIA NUR ER YNNA BINTI MOHD EZNI HEZRI		RS ATHLETIC CLUB	17.44 s
6	5	0382	SAMANTHA ALLYSSA SAM		HUMANSPOORT T&F	19.06 s
-	1	1378	OLIVIA OWENNA		BERWANG SPORTS CLUB	DNS
-	3	0806	VIVIE LAYLA ALLYNA		PISMA TEAM	DNS

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SEPARUH AKHIR 13 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	2	0087	ARIE MAISANDRA BINTI RAZALI		ATHRA	16.01 s
2	4	0235	LYDIA ISABELL		CAC	16.04 s
3	3	1038	DAMYA CARMILA BINTI MOHD ASNEH		RS ATHLETIC CLUB	16.31 s
4	8	0379	DYANA JANE CHARLES TAMI		HUMANSPO RT T&F	16.37 s
5	7	1295	BRITTANY MATTHEW		TUARAN ATHLETICS	16.66 s
6	6	1228	VC VIERRA ANNE HERDY		SMK TANDEK	16.79 s
7	5	0659	MAREESA IVORY BIUS		MONTANA KINABALU AC	17.45 s
SEPARUH AKHIR 14 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	6	0378	DJENE KAY SIDIME		HUMANSPO RT T&F	14.43 s q
2	5	0104	CHRISTA LORNA ALEXIUS		BULLET ATHLETICS	14.46 s q
3	3	0908	HETTY DIYANA BINTI RENY		PETAGAS RED	14.78 s
4	1	0413	AELONA MARYVEELOVE RONNIE		KIAWAYAN ATHLETICS	14.89 s
5	4	1360	NUR ELLESYA AZWA BT. AWANG		TUNGKU SPORTS CLUB	15.15 s
6	2	0084	ALYA AMEELDA BINTI ABDULLAH		ATHRA	15.80 s
7	8	1032	MAYCHEBELL YONG NYUK JING		RS ATHLETIC CLUB	16.23 s
8	7	0245	MEGHAN YVES MITCHELL		CAC	16.60 s
SEPARUH AKHIR 15 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	8	1283	AVA JECAYA ANTHONIUS		TUARAN ATHLETICS	15.47 s
2	5	0878	JOZZYPHAT ADRIANA PETER AGANG		PENAMPANG MASTERS	15.87 s
3	3	1040	HALEY HANA NEA HERALD		RS ATHLETIC CLUB	16.06 s
4	6	0508	NUR ZARA QAISARAH BINTI SHAHRIZAN		SRK LOK YUK LIKAS	16.23 s
5	7	1326	THERESA VERA PETRUS		TANDEK ATHLETICS	16.32 s
6	4	0089	GLORY ISABELL FREEDEY		ATHRA	18.41 s
-	2	0559	VALENTINA MESSI LODIN		MILE4 ATHLETICS	DNS
SEPARUH AKHIR 16 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	8	0264	ARFA ARIF RAIHAN BINTI ABDULLAH		CHEETAH ATHELETIC	15.14 s
2	3	1297	LEONNA CHERRIYN ZIPOL		TUARAN ATHLETICS	15.50 s
3	1	0394	BEBILINE ANAK BARNABAS		KUNAK ATHELETIC	16.21 s
4	5	0661	DANIA KARMILA BINTI SAIFUL AZUA		MONTANA KINABALU AC	16.52 s
5	4	0088	NOR FAZYIRA IZATY		ATHRA	16.82 s
6	2	0240	JOANNE APRIL GINAJIM		CAC	17.25 s
7	7	1029	THEA ANNELIESE TAISON		RS ATHLETIC CLUB	17.66 s
-	6	0809	DARLENE REAN THOMSON		PISMA TEAM	DNS
SEPARUH AKHIR 17 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	4	1290	ALVIANNEY ADVENTHIA SIBUN		TUARAN ATHLETICS	15.82 s
2	2	0327	NUR AINA FAZILAH BINTI ALMAN		(SKOAC)	15.92 s
3	3	0456	RABIATUL ALYAA BINTI ABDUL SANI		KO SK.MALAWA	16.19 s
4	6	1353	CHRYS TIAN MAIA KRIST NICHOLL		CHLK	17.23 s
5	7	0909	SITI NURASHRYNA BINTI RADZMUNIR		PETAGAS RED	18.00 s
6	1	1142	AELDRACHETTA EONATTA ANDYWELSH		SALAPING ATHLETIC	18.51 s
7	5	1156	CHUNG YI YING		ST.JAMES, KK	18.63 s
8	8	0376	REZZHONEY BINTI TOIRROL		HUMANSPO RT T&F	18.94 s
SEPARUH AKHIR 18 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	1	0237	IVY NATHALIA NICHELLE JONNY		CAC	15.64 s
2	8	1139	AUDREY GLACY RAYNER		SALAPING ATHLETIC	16.27 s
3	7	0384	MANDY MILVO		HUMANSPO RT T&F	16.54 s
4	5	0091	RIONA ANDREA ANDREW		ATHRA	16.93 s
5	6	0906	NUR ASIKIN BINTI ABDUL AZIZ		PETAGAS RED	17.16 s
6	2	1027	NURBAYAH BINTI HERMAN		RS ATHLETIC CLUB	17.29 s
-	3	0557	MYRABELL ANGELLA ARIEL		MILE4 ATHLETICS	DNS
-	4	1375	ANGEL VANESSA		BERWANG SPORTS CLUB	DNS
SEPARUH AKHIR 19 / 19						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	6	0458	YURIE DIANCA BINTI ABDULLAH		KO SK.MALAWA	15.06 s
2	4	1281	STEPHANIE LALENG ROBERT		TUARAN ATHLETICS	15.67 s
3	5	0146	CLAYVERA MASTIN		BERWANG SPORTS CLUB	15.71 s
4	2	0329	JESSY CONEY JOSUE		(SKOAC)	16.60 s
5	7	0243	PRINCESSMYA LOVELYN ADRIAN SIPONONG		CAC	16.88 s
6	8	1028	NUR ALYAA ZAHRAA BINTI FAZLY		RS ATHLETIC CLUB	16.91 s
7	3	0583	PENELOPE JENESIA		MAJAKIR T&F	20.49 s

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NO ACARA : 207		AKHIR									
ACARA : LOMPAT JAUH		LELAKI 15 TKB									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	30	0519	RANTO JUNIOR ROBERT	SM ST MARTIN	6.10 m	6.06	-	6.10	5.96	5.86	6.02
2	7	1055	PEPIN HEZZLER RAPHAEL	SMK TAMPARULI	6.01 m	5.92	6.01	5.95	5.85	5.67	5.72
3	32	0700	DANIEL ALVIN ABEL ANAK HENDDY	SSM SABAH	5.79 m	5.68	5.76	5.63	5.66	5.77	5.79
4	24	1054	XAVIER LUKE LO ZHAOVUI	SMK TAMPARULI	5.76 m	X	5.60	5.76	5.52	5.61	5.69
5	12	0281	EZEKIEL DORIE DALIE JUNIOR	DPM TRACK & FIELD	5.64 m	5.30	5.26	5.19	5.35	-	5.64
6	10	0694	MOHAMMAD AZIRUL BIN KAUNSIN	SSM SABAH	5.58 m	5.35	-	5.00	5.15	5.35	5.58
7	33	0191	LEEVAN SAVAHU MOOSOM	CAC	5.52 m	5.52	5.24	4.96	X	4.90	5.25
8	14	1117	SEGFRED-DAMIAN GUMPIL	SMSM PENAMPANG	5.29 m	5.29	5.08	5.25	4.92	4.77	4.84
9	3	1077	EDRIN ELLIZRON EDWARD	SEMEKSI	5.29 m	5.12	X	5.29			
10	15	1177	YEHZECHALYEEN RINOL	SMKPI	5.28 m	X	5.28	5.01			
11	20	0478	ERICKSON JACKSON	SMK LOHAN RANAU	5.22 m	X	5.22	5.03			
12	27	0401	ZAFUANSHAH ABDULLAH MAULANI	KOTA BELUD ATHLETIC	5.15 m	4.99	4.86	5.15			
13	8	0484	FABIANUS SEVERINUS	SMK LOHAN RANAU	5.15 m	X	5.15	4.92			
14	6	1203	MEL FRED MAJUANG	SMK TANDEK	5.14 m	X	X	5.14			
15	17	1248	AUBREY IVAN JUNI	TUARAN ATHLETICS	5.07 m	4.26	4.35	5.07			
16	5	1198	A.MARK DIITRE JODA	SMK TANDEK	4.93 m	X	X	4.93			
17	19	0165	MOHD ADI PUTERA BIN LATIP	BANDAU WARRIOR	4.92 m	4.83	4.72	4.92			
18	22	1258	TERRY THOMSLEY BIN BEKO	TUARAN ATHLETICS	4.91 m	X	4.58	4.91			
19	31	0521	ANDERSON KENNETH	SM ST MARTIN	4.78 m	4.75	X	4.78			
20	11	0953	MOHHAD ARIEF SAFWAN BIN BURHANSA	SMK MEROTAI BESAR	4.77 m	4.77	4.47	4.17			
21	23	0047	MUHAMED FIRDAUS BIN ABD HADI	ATHRA	4.77 m	3.97	3.84	4.77			
22	28	1068	AZWAN BIN KUMSIH	STOVE ATHLETICS	4.69 m	4.69	X	X			
23	21	1251	NELVER SMITH BARRY	TUARAN ATHLETICS	4.65 m	4.65	4.41	4.49			
24	18	0949	CHARLSDON NICKHALSON HASSANUDDIN	SMK KOTA MARUDU	4.61 m	4.61	4.55	4.43			
25	25	0954	MUHAMAD HAFIZUL HAKIMI BIN BURHANSAH	SMK MEROTAI BESAR	4.51 m	X	X	4.51			
26	13	0894	MIZAN BIN ZAINAL ABIDIN	POD PUTATAN	4.33 m	4.33	4.05	X			
27	9	0892	NIKO AIDIL FAIZ	POD PUTATAN	4.13 m	4.13	-	-			
28	4	0043	JASHUA MIRO JUHARY	ATHRA	4.05 m	3.98	4.05	4.00			
29	2	0955	MUHAMMAD SYAHZWAN BIN FADZLANSHAH	SMK MEROTAI BESAR	4.01 m	4.01	3.87	X			
30	26	1102	SYAFIQ BIN SAPRI	POD SANDAKAN	3.64 m	3.64	3.45				
-	1	0625	EMMANUEL FRANCIS CHARLES JAKIM	MONTANA KINABALU AC	NM	X	X	X			
-	16	0298	CAYRIEYHYDEN YOROF	SEMETRA	DNS						
-	29	0304	VIVY ABIXTER LIMUN	SEMETRA	DNS						

NO ACARA : 208		AKHIR									
ACARA : LONTAR PELURU		PEREMPUAN TERBUKA									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	4	0208	GENEVIEVE TERENCE CLAUDIUS	CAC	7.74 m	7.31	7.74	7.10	6.99	X	6.94
2	6	0063	ELLINATASHA TAUZIN	ATHRA	7.24 m	X	6.97	7.24	X	X	6.57
3	2	0209	ANNA SYAZRENA SAFFRI	CAC	6.91 m	5.73	6.55	6.28	6.74	6.91	6.48
4	1	1082	SHERRA ANNABELLE JONIAS	SEMEKSI	6.89 m	6.55	6.12	6.68	6.89	6.57	6.59
5	5	0904	GUAT RIN BINTI GUAT NONG	POD PUTATAN	6.77 m	5.95	6.77	6.38	6.41	6.66	X
-	3	0800	DORATHEA ANTHONY AMURU	PISMA TEAM	DNS						

NO ACARA : 209		AKHIR									
ACARA : LEMPAR CAKERA		LELAKI TERBUKA									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	15	0749	MIRACH KHAN	(TTNF)	39.29 m	38.07	X	38.96	X	39.29	37.60
2	11	1231	MOHD QHAIRIL HAIKAL BIN MAUDIN	SMK USUKAN (A)	30.22 m	24.46	27.82	23.39	28.99	X	30.22
3	3	1308	ELVIENSOON TIONO TINUS	TEAM DEAFSABAH	30.09 m	24.48	X	25.02	25.47	30.09	29.55
4	5	1343	DONNY GILBERT MATAWAS	ZAPPS	28.83 m	28.54	25.24	27.28	X	28.83	X
5	14	1230	AJUAN BIN AWANG JUNAN	SMK USUKAN (A)	26.85 m	26.85	X	26.84	X	X	X
6	12	0827	VICTER BEN SALLEH @ BINIDIK	PLN KENINGAU	26.57 m	25.74	X	23.82	23.15	25.24	26.57
7	7	1305	JESSON NOEL	TEAM DEAFSABAH	26.08 m	22.79	21.84	25.14	26.08	X	X
8	13	1381	EAMON FEO JINU-BISAUN	MONTANA KINABALU AC	24.29 m	X	24.29	23.88	X	24.15	21.68
9	17	1212	VAKERY BIN JAINOL	SMK TANDEK	24.26 m	X	22.56	24.26			
10	9	1114	JUDE JOSEPH	SMSM PENAMPANG	20.81 m	20.00	X	20.81			
11	6	0884	MUHAMMAD DANIEL IZZAT	POD PUTATAN	20.52 m	14.05	X	20.52			
12	4	0856	JULIAN MICKEY NIUN	PENAMPANG MASTERS	18.79 m	X	18.79	X			
13	16	0952	MOHAMMAD HAFIZI BIN CHRISTIE	SMK MEROTAI BESAR	17.19 m	16.44	X	17.19			
-	1	1048	RONELL RHYZEN RONNI	SMK TAMPARULI	NM	X	X	X			
-	2	1383	ERROL ODDIE BISAUN	MONTANA KINABALU AC	NM	X	X	X			
-	8	1229	JUNAIDI BIN SULAIMAN	SMK USUKAN (A)	DNS						
-	10	0594	NICK OWEN HOH JIA SHENG	MONTANA KINABALU AC	NM	X	X	X			

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NO ACARA : 210			SEPARUH AKHIR		8 masa terbaik (q) layak		
ACARA : 100 m			LELAKI 12 TKB				
SEPARUH AKHIR 1 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	5	0923	GRENDLY GEORGE		PATAU TEAM	12.54 s	q
2	8	0997	ASYSHAFADIE BIN ALIMUDDIN		RS ATHLETIC CLUB	13.14 s	q
3	6	0640	MUHAMMAD IZZAN HAZIQ BIN ISMAIL		MONTANA KINABALU AC	14.35 s	
4	1	0198	BREYDEN HILLARY		CAC	15.84 s	
5	4	0372	BARACHEAL IVAN BARANTING		HUMANSPOORT T&F	15.97 s	
6	7	0062	DANNYHO EDMOND		ATHRA	16.40 s	
7	2	0899	MOHD ASYRAF SYALI		POD PUTATAN	16.45 s	
-	3	1372	FARIS ISKANDAR		BERWANG SPORTS CLUB	DNS	
SEPARUH AKHIR 2 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	5	0370	HARELD BRYAN GODFREY JOHNIU		HUMANSPOORT T&F	13.69 s	
2	8	0628	DANYAL MARCZQUI RAHMAT HARON MUZAFFAR		MONTANA KINABALU AC	14.06 s	
3	2	0326	IRFAN NAIM BIN RAZI		(SKOAC)	14.18 s	
4	1	0195	JONAH JOINOD MOJUNTIN		CAC	14.19 s	
5	7	1323	CLAVER PAUL SUIN		TANDEK ATHLETICS	15.59 s	
6	3	0990	MARCIUS XAVIER LAI SHYNWAH		RS ATHLETIC CLUB	15.64 s	
7	4	0053	MUHAMMED FIKRI BIN ABD HADI		ATHRA	16.36 s	
8	6	0901	BADRULDIN BIN AZMY		POD PUTATAN	16.65 s	
SEPARUH AKHIR 3 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	3	0202	ALEXANDER CHONG HAW CHENG		CAC	13.25 s	q
2	1	0711	AERON AMUN		SSM SABAH	13.92 s	
3	6	1348	TROY XZAVIER YONG ZI DA		CHLK	15.37 s	
4	4	0641	CHIN WEI SIONG		MONTANA KINABALU AC	16.32 s	
5	7	0987	IVAN CHONG KAI VUN		RS ATHLETIC CLUB	16.98 s	
6	5	1149	VENCEN BIN JUIS		ST.JAMES, KK	17.00 s	
-	2	0058	MUHD FARISH ASYRAF MUHD FAZLEY		ATHRA	DNS	
-	8	1371	MUHAMMAD RIFDI		BERWANG SPORTS CLUB	DNS	
SEPARUH AKHIR 4 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	4	1001	TRISTAN CHAN ZHIYUAN		RS ATHLETIC CLUB	14.00 s	
2	8	0131	JASPER SHI HONG ER		BERWANG SPORTS CLUB	14.66 s	
3	5	0629	DECLAN FRANCOE		MONTANA KINABALU AC	14.93 s	
4	2	0199	CLAD KIEL CLINT		CAC	15.19 s	
5	7	0859	JAVIER MESSIAH GUMPIL		PENAMPANG MASTERS	16.39 s	
6	6	1266	RAYVEN THIEN		TUARAN ATHLETICS	16.59 s	
-	3	0061	MUHAMMAD ZAIM ZAKWAN BIN ZULKIFLIE		ATHRA	DNS	
SEPARUH AKHIR 5 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	3	1269	JOYCYELGA EWE JEFRESGA		TUARAN ATHLETICS	13.81 s	
2	8	1129	ANSON CHUNG WEI HAO		SALAPING ATHLETIC	14.19 s	
3	6	0367	MUHAMMAD RASUL IMAN BIN ABDULLAH		HUMANSPOORT T&F	14.40 s	
4	7	0639	YEO JING YEW		MONTANA KINABALU AC	14.43 s	
5	2	0057	MOHD HAZIQ ZAQWAN MURSALIH		ATHRA	14.74 s	
6	5	0095	MAC HAYDEN ANAK THOMAS		BULLET ATHLETICS	16.17 s	
7	4	1072	AMIRUL AIMIN BIN ABDULLAH		STOVE ATHLETICS	16.40 s	
8	1	0989	MATTHIAS HII JIA HENG		RS ATHLETIC CLUB	17.97 s	
SEPARUH AKHIR 6 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	2	0630	JARREL SHAMRY		MONTANA KINABALU AC	13.96 s	
2	3	1130	JEROME FRANCIS GLEN MARCUS		SALAPING ATHLETIC	14.21 s	
3	8	0998	MOHAMMAD QYSH FAREEZ BIN ABDULLAH		RS ATHLETIC CLUB	14.91 s	
4	4	0406	MOHAMAD GHADAFI MAULANI		KOTA BELUD ATHLETIC	15.57 s	
5	7	0060	ARWELLO SPIAN		ATHRA	15.83 s	
6	6	0200	DARREN AYDEN FELIX		CAC	16.48 s	
7	5	1144	MASON CHU WEE RUNG		ST.JAMES, KK	16.86 s	
SEPARUH AKHIR 7 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	1	1263	MUHAMMAD AZZIQ IK TIZHAM BIN AZLAN		TUARAN ATHLETICS	13.14 s	q
2	7	0712	MOHAMAD NAUFAL IMAN BIN JUFRI		SSM SABAH	14.44 s	
3	6	0258	SHARIF ARIEZAN BIN SH MAHADAR		CHEETAH ATHELETIC	15.55 s	
4	3	0992	YONG ZHE XU		RS ATHLETIC CLUB	16.09 s	
5	4	0207	MARK GREGORY FRANCIS		CAC	16.71 s	
6	8	0052	ALIFF HAQQ BIN HAQIR		ATHRA	16.81 s	
7	2	1145	DYLAN YONG HAO KONG		ST.JAMES, KK	17.74 s	
-	5	0632	NEYDAL ELIJAH LIAU		MONTANA KINABALU AC	BATAL	

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SEPARUH AKHIR 8 / 17							
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	4	0369	MOHD SHAFIQ ASRI BIN ABDULLAH		HUMANSPO RT T&F	12.73 s	q
2	3	1270	MOHD IRFAN NAUFAL B. REZUAN		TUARAN ATHLETICS	14.73 s	
3	2	0055	AQEELAZZEZ BIN AZMAN		ATHRA	15.03 s	
4	5	0991	MUHAMMAD ALIF HERMAN BIN ABDULLAH		RS ATHLETIC CLUB	15.23 s	
5	1	0203	IVERSON ADAM IVON		CAC	16.61 s	
6	8	0637	RAMSHINE MIKHAIL FRANCIS		MONTANA KINABALU AC	17.09 s	
7	7	1146	CHARLESTON LAM FUNG		ST.JAMES, KK	17.60 s	
-	6	0551	RAZIQU NAQIB BIN RIDWAN		MILE4 ATHLETICS	DNS	
SEPARUH AKHIR 9 / 17							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	6	1265	OLLEHANDRO SEBASTIAN SUFIAN		TUARAN ATHLETICS	13.62 s	
2	1	0325	DANIEL ADAM NOLI BIN ABDULLAH		(SKOAC)	13.94 s	
3	7	0196	CHRISTIAN SAENZ SUHAILI		CAC	14.27 s	
4	5	0390	MOHD SYAIF ZAQUAN BIN SOBRI		KUNAK ATHELETIC	15.49 s	
5	3	0059	HANIF HAQIMI JASIRIN		ATHRA	15.59 s	
6	2	0643	RAIMI RAWI BIN RAFIZAN		MONTANA KINABALU AC	15.85 s	
7	4	1127	FEDREEZ ISAAC BOMMEY		SALAPING ATHLETIC	15.99 s	
-	8	0993	KARLO ROMERO		RS ATHLETIC CLUB	DNS	
SEPARUH AKHIR 10 / 17							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	5	0713	GERFAN NIGEL FRANK		SSM SABAH	13.75 s	
2	2	0929	FAZRIL WAFI BIN FRANCEY		RINADAK ATHLETIC	13.96 s	
3	3	0407	MOHAMAD ARIFF DANISH BIN MOHD. ARSAD		KOTA BELUD ATHLETIC	14.80 s	
4	8	0634	KAEDEN MIKHAIL FRANCIS		MONTANA KINABALU AC	15.41 s	
5	6	1267	HONESTLY BEYOND ALFRED		TUARAN ATHLETICS	15.72 s	
6	4	0995	KIEFER TAI JIAN		RS ATHLETIC CLUB	15.93 s	
7	7	1148	EDISON WONG ZI FENG		ST.JAMES, KK	17.08 s	
SEPARUH AKHIR 11 / 17							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	7	0454	ADAM DANI BIN ABDUL MAZRUN		KO SK.MALAWA	15.12 s	
2	5	0205	IVAN FERNANDEZ VIKI SINGH RAMDAY		CAC	15.56 s	
3	6	0391	MUHAMMAD IHSAN HASMIE BIN SABRI		KUNAK ATHELETIC	15.74 s	
4	4	0501	CLAYRON JETIF		SRK LOK YUK LIKAS	15.98 s	
5	2	0900	AARON ISKANDAR		POD PUTATAN	17.09 s	
6	1	1003	MOHAMAD MUZAFFAR		RS ATHLETIC CLUB	17.27 s	
7	8	0636	MUHAMMAD KHAIRAYAN RIZQIE BIN ROMIZAM		MONTANA KINABALU AC	17.72 s	
8	3	1143	THIERRY GAGE YEE ZI XUAN		ST.JAMES, KK	18.26 s	
SEPARUH AKHIR 12 / 17							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	8	0763	MUHAMMAD HAZEEQ MUIZZUDEEN MAURICE		(TTNF)	12.96 s	q
2	3	0011	MOHAMMAD SHAHRIZAL BIN DOUGLAS		AAC	13.47 s	
3	7	0999	AYDEN VOO FENG PYN		RS ATHLETIC CLUB	14.91 s	
4	2	0638	SUFY YUSUF BIN RIYATUDIN		MONTANA KINABALU AC	17.65 s	
5	6	1271	FARRISZUAN JUNA BIN MOHD FAIZAL		TUARAN ATHLETICS	18.72 s	
-	4	0994	FRANKIE ANAK KISHOR		RS ATHLETIC CLUB	DNS	
-	5	1324	ELSTAR PETER SUIN		TANDEK ATHLETICS	DNS	
SEPARUH AKHIR 13 / 17							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	5	1351	FRANENDEZ ARRON FRANCIS		CHLK	13.87 s	
2	6	0324	MOHAMAD DANIEL FIRDAUS BIN HILMI		(SKOAC)	14.22 s	
3	2	0710	MUNIFĀ AL-HUBAISHĀ BINĀ MOHAMMEDĀ MOHAMMEDĀ ALĪĀ AL-HUBAISHI		SSM SABAH	14.91 s	
4	1	1154	HAYDER HARRIS MUHAMMAD ALI		ST.JAMES, KK	15.67 s	
5	8	0631	LAYDEN LIM ZHI JYE		MONTANA KINABALU AC	15.71 s	
6	7	0988	DAVEY EZEKIEL CYRIL		RS ATHLETIC CLUB	16.99 s	
7	3	0201	LIONEL GABRIEL YAPP		CAC	19.23 s	
-	4	0056	REEZ MIRZA B MIJAN		ATHRA	BATAL	
SEPARUH AKHIR 14 / 17							
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA	
1	7	0043	JASHUA MIRO JUHARY		ATHRA	13.93 s	
2	2	0257	SHARIF AL-ZIZAM BIN SHARIF OTHMAN		CHEETAH ATHELETIC	14.48 s	
3	4	1347	EISRUL RAYYAN SYAHMI BIN KAMARUL-AZMI		CHLK	15.74 s	
4	8	0204	HOWELL HARDLEY HILLORD		CAC	15.81 s	
5	6	0642	AARON TENG GUANG ZHI		MONTANA KINABALU AC	15.93 s	
6	5	1150	ETHAN WONG		ST.JAMES, KK	16.01 s	
7	3	0996	EIZRAF DANISH JEFRI		RS ATHLETIC CLUB	17.56 s	
-	1	0799	DALVIN ETHAN THOMSON		PISMA TEAM	DNS	

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SEPARUH AKHIR 15 / 17						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	1	0197	ANCHEZ FERNANDEZ CHONG GERALD		CAC	13.35 s
2	3	1125	FREDO ISCOVICH BOMMEY		SALAPING ATHLETIC	13.48 s
3	8	0709	AWANGKUÀ MUHAMMADÀ HAZWANÀ BINÀ AWANGKUÀ MULIA' DE		SSM SABAH	13.99 s
4	5	1000	AURYLEO DENVER JERRY		RS ATHLETIC CLUB	14.28 s
5	7	1345	JASPER KONG SONG HENG		CHLK	15.35 s
6	2	0539	MOHAMMAD SYAHFUAN NOOR IQBAL BIN MOHD MASRI		MSN SANDAKAN	15.69 s
7	6	0627	ARNEONELL RICH LASIUS		MONTANA KINABALU AC	15.98 s
8	4	0054	MOHAMMAD ALBY AMEERUL		ATHRA	15.99 s
SEPARUH AKHIR 16 / 17						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	3	1004	MUHAMMAD NURMANSYAH BIN NURDIN		RS ATHLETIC CLUB	12.42 s q
2	8	0323	ESTEEN DIAZ NELTON		(SKOAC)	13.17 s q
3	4	0094	MACLANE ANAK THOMAS		BULLET ATHLETICS	14.00 s
4	7	0633	NIKOLAI TUVA JINTONY		MONTANA KINABALU AC	15.38 s
5	2	0783	MUHAMMAD NORIRFAN BIN NORAZLAN		POD PAPAR	16.13 s
6	6	0206	RONALD CARL VICTOR		CAC	17.17 s
-	5	1128	FEDRER ISAAC BOMMEY		SALAPING ATHLETIC	DNS
SEPARUH AKHIR 17 / 17						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	5	0626	ADAM BIN SABLI		MONTANA KINABALU AC	13.67 s
2	6	1147	EZEKIEL CHONG IAN		ST. JAMES, KK	14.19 s
3	4	0368	CLYVINCENT SONNY		HUMANSPO RT T&F	14.84 s
4	2	0499	MUHAMMAD BIN MD SUHAIMI		SRK LOK YUK LIKAS	15.65 s
5	7	0930	ADRIEL DEAN ANDERSON TODEY		RINADAK ATHLETIC	15.72 s
6	3	1002	RYAN AVVEL GRY ALEXZANDER		RS ATHLETIC CLUB	15.79 s
7	8	1268	BRYAN PETER		TUARAN ATHLETICS	19.68 s

NO ACARA : 211							SEPARUH AKHIR		
ACARA : 100 m							PEREMPUAN 15 TKB		
							8 masa terbaik (q) layak		
SEPARUH AKHIR 1 / 7									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	2	1092	RIVIA VENNY ROJER		SEMEKSI	14.61 s			
2	7	0225	MYRA BENITA ESHANTY RAJA		CAC	14.74 s			
3	6	0674	MARSIDAH BINTI AGAS		SMEKEPP ATHLETICS	15.18 s			
4	4	0433	PUTRI LIYANA BINTI SAFIE		SMK KUNAK JAYA	15.26 s			
5	5	0655	SHAFYQA EAVEONY		MONTANA KINABALU AC	16.68 s			
-	3	0467	NURSYAKINAH SUDIRMAN		KINAH SPRINT	DNS			
-	8	0771	FARAH NATASHA FIRMAN		(TTNF)	DNS			
SEPARUH AKHIR 2 / 7									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	1	1019	ARINISIA JEW A		RS ATHLETIC CLUB	14.13 s	q		
2	7	0532	AVY ELLYVIA CONROD MOOL		SM ST MARTIN	14.57 s			
3	5	0494	ELCY DEBRA WASRIN		SMK LOHAN RANAU	14.68 s			
4	2	0545	MARSHANDAH BINTI MOHD MASRI		MSN SANDAKAN	15.22 s			
5	3	1319	SAPIKAH BINTI DIDIN		TONGOD AA	15.36 s			
6	8	0651	LISTRA ANABEL YUSAK		MONTANA KINABALU AC	15.76 s			
7	4	0920	ELSIE MARTIN		SMK PITAS II	15.78 s			
-	6	0306	NURCY QRISTINA PALINUS		SEMETRA	DNS			
SEPARUH AKHIR 3 / 7									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	6	0262	ALVYSTEVFIANI STEVEVINSON		CHEETAH ATHELETIC	14.26 s	q		
2	4	0533	BELYNDA BYANCA BREDLEY LAMPIK		SM ST MARTIN	14.69 s			
3	5	0393	FARIDAH BT ISMAIL		KUNAK ATHELETIC	14.82 s			
4	3	0230	LANA SELONGGA MOOSOM		CAC	14.87 s			
5	7	1093	ESCYONA BINTI JOHANIS		SEMEKSI	15.17 s			
6	8	0143	AIYFFA HAZEERA		BERWANG SPORTS CLUB	15.35 s			
7	1	0918	OLIVIA JAMES		SMK PITAS II	15.55 s			
8	2	1021	AYVA PREëTME DEHTO		RS ATHLETIC CLUB	17.79 s			

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SEPARUH AKHIR 4 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	3	0158	NURMARSHANDA		BADIN T&F	14.88 s
2	4	0223	NUR ATHIRAH MARSYA BINTI RAMCY		CAC	15.14 s
3	8	0410	NURUL ATHIRAH BINTI RUDI		KOTA BELUD ATHLETIC	15.42 s
4	2	1024	DASHA ONG HENG NEO		RS ATHLETIC CLUB	15.91 s
5	7	0017	GUINEVFYE ANAK HENRI		AAC	16.31 s
6	5	0658	HOSANAH HOLY		MONTANA KINABALU AC	18.28 s
-	6	0313	ZIRAH BINTI ALBERT		SEMETRA	DNS
SEPARUH AKHIR 5 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	2	0289	MARYSHA ASYERA ANAK AMBROSE CANNON		DPM TRACK & FIELD	13.15 s q
2	8	0654	QYURINE QAMELIA BINTI THOMAS DEMOND		MONTANA KINABALU AC	13.25 s q
3	6	0769	NUR AMANINA ROSMANSAH		(TTNF)	14.01 s q
4	7	0531	FESTERVIOVELLA SOBITUN		SM ST MARTIN	14.26 s q
5	5	0816	RIZKAH ABDULLAH		POD KINABATANGAN	14.71 s
6	4	0727	IRENE TIANG MING JIE		SSM SABAH	15.45 s
-	3	0231	SITI NURUL NAZURAH BINTI MOHD ZAYA		CAC	DNS
SEPARUH AKHIR 6 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	2	0917	SUZIANAH MADUSIN		SMK PITAS II	14.28 s q
2	8	0742	SWEET ERSA BINTI SOBVEST		SMK MAT SALLEH	14.39 s
3	7	0543	NAZALEIA QASEH ISABEL BINTI JONATAN		MSN SANDAKAN	14.52 s
4	6	1094	ESTHER GRACE JOSTIN		SEMEKSI	14.73 s
5	5	0650	DAFNEE ANGEL WONG MEI CHEE		MONTANA KINABALU AC	17.10 s
6	4	0155	ELISA BINTI SAPIKIN		BADIN T&F	17.80 s
-	3	0073	DEFNA DENIS		ATHRA	DNS
SEPARUH AKHIR 7 / 7						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	2	1111	ALLYSON GRACE		POD SANDAKAN	14.12 s q
2	6	0726	ROSLYNNE RAHMAN		SSM SABAH	14.40 s
3	3	0534	ALVYE ALLY ALEXIUS		SM ST MARTIN	14.60 s
4	7	0656	DEBRENE IVY DAVID		MONTANA KINABALU AC	15.29 s
5	4	0159	NORFAZLIEZA BINTI FAZIL		BADIN T&F	15.43 s
6	8	0080	DAYANG NURAINI BTE ABD HADI		ATHRA	17.15 s
7	1	0409	ZARITH SOFEA BTE MAULANI		KOTA BELUD ATHLETIC	35.66 s
-	5	0312	CHERTY CELCIACERONICA LADUWIN		SEMETRA	DNS

NO ACARA : 212							SEPARUH AKHIR		
ACARA : 100 m							LELAKI 15 TKB		
							8 masa terbaik (q) layak		
SEPARUH AKHIR 1 / 13									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	7	1209	MOHAMMAD ADIEZULAIIDIEY BIN ADANAN		SMK TANDEK	12.39 s			
2	8	1248	AUBREY IVAN JUNI		TUARAN ATHLETICS	12.82 s			
3	3	0705	MUHAMMAD SYAHRUL BIN ABDULLAH		SSM SABAH	13.45 s			
4	2	0573	MOHD. MIRZA MUZZAM BIN MOHD FAIZAL		MAJAKIR T&F	13.60 s			
5	6	0612	NATHAN WONG YUN ZHEN		MONTANA KINABALU AC	13.74 s			
6	1	1123	JOHN FRANCIS GILES		SALAPING ATHLETIC	14.93 s			
-	4	0402	MUHAMMAD FREDDY BIN ROSLAN		KOTA BELUD ATHLETIC	DNS			
-	5	1076	REYNOLDSRYAN BIN MASRANI		SEMEKSI	DNS			
SEPARUH AKHIR 2 / 13									
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA			
1	1	0614	SYED MUHAMAD MUKRISH BIN ZAINUDDIN		MONTANA KINABALU AC	11.79 s	q		
2	8	0948	SHELVEN AARON BOBBY CHRIST		SMK KOTA MARUDU	12.75 s			
3	3	0431	ABDUL WAFI BIN ABDUL MALIK		SMK KUNAK JAYA	12.92 s			
4	4	1206	LOVELLSTER RYNLEEO WAINSON		SMK TANDEK	13.23 s			
5	6	0256	CHARLES MON JAIMON		CHEETAH ATHELETIC	13.38 s			
6	2	0706	VELLDINNHO XAVIER VINUS		SSM SABAH	13.66 s			
7	7	1249	RYNELL ONELL RIBUAN		TUARAN ATHLETICS	13.83 s			
8	5	0897	MUHAMMAD HASIF ZAKI		POD PUTATAN	14.52 s			


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SEPARUH AKHIR 3 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	8	0280	DALTON XAVIER WENCES		DPM TRACK & FIELD	11.78 s q
2	2	0253	MOHAMMAD JAMALUL LAIL BIN UNDANG		CHEETAH ATHELETIC	11.88 s q
3	4	0755	MUHAMAD FITRI FAWWAZ ABDUL FATTAH		(TTNF)	11.91 s q
4	7	0982	DANISH VICTORIANO		RS ATHLETIC CLUB	12.41 s
5	5	0616	VICTOR VOO VUI KEN		MONTANA KINABALU AC	12.71 s
6	6	0190	PHILIP LACHGAN SAMPIL		CAC	12.87 s
-	1	1078	MAVRYLL NIGEL SILON		SEMEKSI	DNS
-	3	0893	MUHD HAZIQ ROSLI		POD PUTATAN	BATAL
SEPARUH AKHIR 4 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	1	0009	RUZMIE BIN MUSTAJAL		AAC	12.30 s
2	6	0609	HARRISON LEONG ZHI YOU		MONTANA KINABALU AC	12.33 s
3	5	1167	NUR AIMAN NOR DIN		SMK LIKAS	12.60 s
4	3	0363	ADAM IDRIS BIN AWANG JAIRI		HUMANSPO RT T&F	12.64 s
5	8	0538	JOE EILY SOFRIZAL BIN JAMALUDDIN		MSN SANDAKAN	12.71 s
6	7	1255	BENEDICTH MATTHEW		TUARAN ATHLETICS	13.20 s
7	4	0892	NIKO AIDIL FAIZ		POD PUTATAN	13.45 s
8	2	0421	MUHAMMAD SYAKIR HAKIMI BIN HASBULLAH		KELAB AELMA	13.67 s
SEPARUH AKHIR 5 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	2	0128	MUHAMAS AQHERUL RAMADHAN		BERWANG SPORTS CLUB	12.17 s
2	5	0274	ILMI DZAKIYY BIN ISMAIL		PKPSC 1.0	12.43 s
3	6	1168	MUHAMMAD DAFI BIN MUSLIH		SMK LIKAS	12.69 s
4	3	0365	SHAWN CLAY STANISLAUS		HUMANSPO RT T&F	12.72 s
5	4	0401	ZAFUANS SHAH ABDULLAH MAULANI		KOTA BELUD ATHLETIC	12.85 s
6	7	0913	DENNI PO POMIN		SMK PITAS II	12.92 s
7	1	1257	STEFAN OSTELLO STEVEN		TUARAN ATHLETICS	13.09 s
8	8	0620	FAIZ DANISH BIN MASRAL		MONTANA KINABALU AC	13.28 s
SEPARUH AKHIR 6 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	2	0621	MARC EDISON MARTONY		MONTANA KINABALU AC	12.01 s
2	7	0188	JEREMIAH HENRICUS		CAC	12.13 s
3	5	1103	AARON GIGGS ANTONY		POD SANDAKAN	12.29 s
4	8	1182	MARFHEN MARKUS		SMKPI	12.59 s
5	3	0296	IVICDEL CRUZ JUMRRY		SEMETRA	12.70 s
6	6	1247	AEDEN IAN RAYNER		TUARAN ATHLETICS	13.78 s
7	1	0955	MUHAMMAD SYAHZWAN BIN FADZLAN SHAH		SMK MEROTAI BESAR	15.76 s
-	4	0405	MUHAMAD ILHAM FIKRI MIZUAN		KOTA BELUD ATHLETIC	DNS
SEPARUH AKHIR 7 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	0519	RANTO JUNIOR ROBERT		SM ST MARTIN	11.88 s q
2	3	0611	MUHAMMAD ZAFFRAN DYLAN BIN ZAIDIE		MONTANA KINABALU AC	11.88 s q
3	7	0537	MUHAMMAD DANIEL BIN DZULFI		MSN SANDAKAN	11.96 s q
4	4	0760	IAN DANIAL JOSEPH		(TTNF)	12.32 s
5	6	0297	ZACHARRY LAWRENCE		SEMETRA	12.90 s
6	1	0389	PUTRA FARISH ISKANDAR B MOHD SOFIAN		KUNAK ATHELETIC	13.17 s
7	2	0152	ADRIAN SAPIKIN		BADIN T&F	13.71 s
8	8	1256	STEPHEN LALO ROBERT		TUARAN ATHLETICS	14.49 s
SEPARUH AKHIR 8 / 13						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	4	1181	ADDELSON KURTCHER MUADA		SMKPI	12.33 s
2	7	0255	JIKILI TULAI		CHEETAH ATHELETIC	12.40 s
3	3	0613	REZNICK DAMIEN HILARY		MONTANA KINABALU AC	12.81 s
4	8	1100	JONASSON BIN AMIR BEN		POD SANDAKAN	12.88 s
5	1	0429	SUPARDI BIN ABDUL SAMAD		SMK KUNAK JAYA	12.89 s
6	6	1313	RAFAEL DEAN RICHARD		TONGOD AA	12.90 s
7	2	1250	IVAN JOVIC SUAN		TUARAN ATHLETICS	12.92 s
8	5	0366	ROEL MACCYLSON		HUMANSPO RT T&F	13.32 s
SEPARUH AKHIR 9 / 13						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	7	0985	YONG LEH		RS ATHLETIC CLUB	12.08 s
2	3	0166	ETHANNIEL MOJUTAN		BANDAU WARRIOR	12.33 s
3	4	0946	JAY KINGSTON		SMK KOTA MARUDU	12.73 s
4	2	0831	CARLSON SIMON		PLN KENINGAU	12.75 s
5	8	0607	BRYANT CHIN KUAN SUNG		MONTANA KINABALU AC	13.19 s
-	1	0757	MOHAMAD AFIQ JAMIL		(TTNF)	DNS
-	5	0271	AHMAD HAIKAL FAIZ BIN JASMIN		PKPSC 1.0	DNS
-	6	0895	ADY FAMIE		POD PUTATAN	BATAL

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SEPARUH AKHIR 3 / 4						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	7	1105	NUR AZIQAH BINTI SAPRI		POD SANDAKAN	13.11 s Q
2	8	0210	SHAYNA HEATHER TAHING		CAC	13.39 s q
3	1	0287	ABBYGAIL CHRISTY ADELAIDE		DPM TRACK & FIELD	13.45 s q
4	5	1272	NIA JOVIC SUAN		TUARAN ATHLETICS	13.62 s
5	3	0132	NATHANIA WONG TZE XING		BERWANG SPORTS CLUB	13.77 s
6	6	0735	ELMIE MASRIN		SMK MAT SALLEH	14.80 s
7	2	1060	ZURENZENZIA SINDAN		SMK TAMPARULI	15.51 s
-	4	1174	ELVIE BINTI LORIN		SMK LIKAS	DNS

SEPARUH AKHIR 4 / 4						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	1107	NUR AISHAH ROFINA BINTI ALING		POD SANDAKAN	12.35 s Q
2	4	1273	BIBI HALINA ALOYSIUS		TUARAN ATHLETICS	13.09 s q
3	2	0154	ESTHER JOANNE AILOS		BADIN T&F	13.13 s q
4	7	0529	TRACY ANASTASIUS		SM ST MARTIN	13.93 s
5	6	0540	NURDIANA SHAFIQAH BINTI SAIFUL NIZAM		MSN SANDAKAN	15.18 s
-	3	0943	PRETTY MAXDYANE BINTI PHILIP		RESTLESS BEES	DNS
-	8	1065	FEOVA LIM		SMK TAMPARULI	DNS

NO ACARA : 214 SEPARUH AKHIR
ACARA : 100 m LELAKI TERBUKA 8 masa terbaik (q) layak 

SEPARUH AKHIR 1 / 9						
KED	LOR	BIB	NAMA	ANGIN = +0.4 m/s	PASUKAN	MASA
1	7	0544	DEXTER PALMIN		MSN SANDAKAN	11.42 s
2	4	0747	AKMAL RIZAL ANDY REMY IHSAN		(TTNF)	11.47 s
3	3	0149	ADAM TAN CHEE HEONG		BADIN T&F	11.61 s
4	5	1236	MUHAMMAD HARUN BIN ALING		TUARAN ATHLETICS	11.95 s
5	6	0004	MOHAMAD HAIKAL BIN AZLAN		AAC	12.18 s
6	2	0598	RAFERO HENDRY LIANSUN		MONTANA KINABALU AC	12.48 s
7	8	0820	MOHD AIDELL ALSHAHRIZ		PLN KENINGAU	13.16 s
-	1	0029	ZULHELMI B AZAMAIN		ATHRA	DNS

SEPARUH AKHIR 2 / 9						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	6	0516	MARK PALADIUS		SM ST MARTIN	11.19 s q
2	8	0589	SOLEHUDDIN BIN RAZAK		MONTANA KINABALU AC	11.61 s
3	5	0881	MOHAMMAD ZULKARNAIN IRFAN		POD PUTATAN	11.86 s
4	7	0964	NICHOLAS JOHN CHANG		RS ATHLETIC CLUB	12.46 s
5	3	0006	ANDRY CHRISTNUEL ANDREAS		AAC	12.48 s
6	2	0400	MOHAMAD AIDIL		KOTA BELUD ATHLETIC	13.39 s
7	4	0942	ADDWEL JVELL		RESTLESS BEES	14.39 s
-	1	0826	JADON JOLIU HENDRY		PLN KENINGAU	DNS

SEPARUH AKHIR 3 / 9						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	4	0966	MUHAMMAD NAZRUL BIN MOHD ALI		RS ATHLETIC CLUB	11.08 s q
2	6	0588	EDRICK FEIVEL FLORENTIUS		MONTANA KINABALU AC	11.18 s q
3	7	0027	WYLSHAMSHON SAADI		ATHRA	12.11 s
4	8	0023	ELVINT CHIA		KAIROS ATHLETICS	12.39 s
5	5	0936	FLOJINTIUS TOSLIH		RESTLESS BEES	12.45 s
6	3	0336	SIA BOON XUAN		HUMANSPOORT T&F	13.02 s
7	2	0882	ARYAN ADRIANSHAH		POD PUTATAN	13.21 s
-	1	0798	TREVOR TAMING		PISMA TEAM	DNS

SEPARUH AKHIR 4 / 9						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	1096	PENGIRAN AIDIL AUF BIN HAJAM		POD SANDAKAN	11.30 s q
2	4	0819	HANSEN YAP SOON FU		PLN KENINGAU	11.61 s
3	3	1234	ERVAND ELIAS		TUARAN ATHLETICS	11.92 s
4	2	0750	MOHAMAD IMAN NAUFAL MOHAMMAD FAIZAL		(TTNF)	11.92 s
5	8	0399	MUHAMMAD NUR TAUFIK		KOTA BELUD ATHLETIC	12.17 s
6	7	0585	MUHAMMAD FIQRY MASDI		MONTANA KINABALU AC	12.66 s
7	1	1165	MUHAMMAD IRFAN BIN TAHA		SMK LIKAS	12.78 s
8	6	0338	AQLAN BIN CHE NAZRI		HUMANSPOORT T&F	13.21 s

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SEPARUH AKHIR 5 / 9						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	1	0517	DEXTER BEDIE		SM ST MARTIN	11.38 s
2	3	0176	JOHNSON PHANG JUNIOR		CAC	11.73 s
3	7	0001	MOHAMMAD ARIEF AIMAN		AAC	11.79 s
4	6	0348	ASFFERY BICKY ANAK AMBROSE CANNON		HUMANSPOORT T&F	11.92 s
5	8	0962	MUHAMMAD AMIRUL BIN ALI		RS ATHLETIC CLUB	13.10 s
-	2	0597	YOEL ANDERSON HO KEN LIP		MONTANA KINABALU AC	DNS
-	4	0021	RUEBEN VALEN SAMEN ANAK WELLIE		KAIROS ATHLETICS	DNS
-	5	0116	MOHD RAZIP NEH		BERWANG SPORTS CLUB	DNS
SEPARUH AKHIR 6 / 9						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	5	0593	MUHAMMAD ISYHAN BIN THOMAS DEMOND		MONTANA KINABALU AC	11.42 s
2	3	1306	ALI UMAIS		TEAM DEAFSABAH	11.86 s
3	2	0825	JEFLYEDENJOHN JUNY		PLN KENINGAU	12.03 s
4	8	0250	JONES ANDREY		CHEETAH ATHELETIC	12.10 s
5	1	0119	MOHD ERFAN AMIRUL		BERWANG SPORTS CLUB	12.38 s
6	4	0398	SAFIZAN BIN AMIZAN		KOTA BELUD ATHLETIC	12.45 s
7	6	0940	MUHD SYAZWAN BIN ROSLAN		RESTLESS BEES	12.99 s
8	7	0342	DUNSTON JERICHO		HUMANSPOORT T&F	14.29 s
SEPARUH AKHIR 7 / 9						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	6	0418	MUHAMMAD AZEEM BIN MOHD FAHMI		KELAB AELMA	10.75 s
2	4	0968	DEAIGO EMANUELL BIN WAYRING		RS ATHLETIC CLUB	11.53 s
3	5	0587	CHONG HAO NABOTH		MONTANA KINABALU AC	12.13 s
4	7	0561	HAN MUQRIESH BIN REHAN		MAJAKIR T&F	12.30 s
5	3	1369	ISAIAH NG JUAN LUNG		BERWANG SPORTS CLUB	13.29 s
6	8	0939	EDENT ELLVONE EDDY		RESTLESS BEES	14.23 s
-	2	0030	MARK DELSON B BANDAR		ATHRA	DNS
SEPARUH AKHIR 8 / 9						
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA
1	6	1233	IAN JOVIC SUAN		TUARAN ATHLETICS	11.68 s
2	1	1302	AIDIL AFFIFAT		TEAM DEAFSABAH	12.17 s
3	2	0590	ALPEDRO ALFRED MITIN		MONTANA KINABALU AC	12.23 s
4	5	0776	JONERTHAN MARK JUSTIN		POD PAPAR	12.24 s
5	8	1328	MOHD.HISYAM BIN RUSLIE		TENOM ONSOI	12.51 s
6	7	0828	CHRISTOSTAR CHRIST VONERVONCHER		PLN KENINGAU	12.56 s
7	3	1162	MOHAMAD HAIKAL BIN ABDULLAH		SMK LIKAS	12.67 s
8	4	1367	MOHAMMAD IKMAL FARHAN BIN ABDUL MAJID		RS ATHLETIC CLUB	13.53 s
SEPARUH AKHIR 9 / 9						
KED	LOR	BIB	NAMA	ANGIN = m/s	PASUKAN	MASA
1	1	0419	MUHAMMAD FAKHRUL BIN ABDUL AZIZ		KELAB AELMA	11.33 s
2	8	0175	MOHAMAD RAZY HAFIZUL BIN MOHAMAD		CAC	11.55 s
3	4	0022	LARRY ANAK JANGUN		KAIROS ATHLETICS	11.91 s
4	7	1161	MOHAMAD AFFIQ ANAQI BIN ABDUL AZIZ		SMK LIKAS	12.09 s
5	3	0963	CHIEW WEN XUAN		RS ATHLETIC CLUB	12.21 s
6	2	1307	JISA BACXTER		TEAM DEAFSABAH	12.60 s
7	6	0562	MOHD. AIZAM SIMON		MAJAKIR T&F	12.71 s
-	5	0596	NIGEL HO HUAI JIE		MONTANA KINABALU AC	DNS

NO ACARA : 215		AKHIR									
ACARA : LOMPAT JAUH		LELAKI TERBUKA									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	8	0516	MARK PALADIUS	SM ST MARTIN	6.79 m	6.21	6.54		6.70	6.54	6.79
2	31	1050	SUSEN METEN ANTONI	SMK TAMPARULI	6.59 m	6.30	6.10	6.16	6.28	6.59	6.46
3	22	0824	ALEXSUAN TIKOL	PLN KENINGAU	6.43 m	X	6.00	6.36	6.37	6.18	6.43
4	10	1380	ELJOE GOTUOH	SMK TAMPARULI	6.42 m	5.64	6.03	5.73	6.21	6.29	6.42
5	7	0819	HANSSSEN YAP SOON FU	PLN KENINGAU	6.22 m	6.22	5.92	6.02	5.90	5.82	6.06
6	17	0118	RITCHEL EACHLEY JUNIOR	BERWANG SPORTS CLUB	6.05 m	6.02	6.05	5.97	6.04	4.60	6.02
7	20	0515	RYAN NUNEH	SM ST MARTIN	6.00 m	5.75	5.61	5.75	5.69	6.00	5.94
8	1	0813	SIMSON PERES BIN SO SUI GUM	IPG KAMPUS GAYA	5.89 m	5.82	5.89	5.56	5.70	5.84	5.84
9	27	0823	MUHAMMAD LUQMAN BIN ABDUL SAID	PLN KENINGAU	5.70 m	5.11	5.58	5.70			
10	15	0345	FELCHERYSTEN BANAS	HUMANSPOORT T&F	5.69 m	5.69	5.61	5.59			
11	30	0007	EDRINSHA MALVIN USAK	AAC	5.68 m	5.59	5.51	5.68			
12	24	0349	DANISH EYCARL YAU CHUN KIT	HUMANSPOORT T&F	5.65 m	X	X	5.65			
13	6	0936	FLOJINTIUS TOSLIH	RESTLESS BEES	5.60 m	5.41	5.17	5.60			
14	14	1234	ERVAND ELIAS	TUARAN ATHLETICS	5.58 m	5.35	5.58	5.30			
15	4	1235	JUSTWIN DEAMIN JONAS	TUARAN ATHLETICS	5.56 m	5.56					
16	16	0008	ZAKEYRYOH ZURMAN	AAC	5.52 m	5.52	5.29	3.72			
17	11	0006	ANDRY CHRISTNUEL ANDREAS	AAC	5.48 m	5.31	5.48	5.32			
18	13	0347	ENOCH ABNER GILUK	HUMANSPOORT T&F	5.43 m	5.29	5.43	5.33			
19	3	0814	FILEX BERIAN@FLORIAN	IPG KAMPUS GAYA	5.42 m	5.28	5.37	5.42			
20	32	0033	ABDUL SALLEH MAJID	ATHRA	5.38 m	X	X	5.38			
21	2	1075	EDRIN ELLIZRON EDWARD	SEMEKSI	5.37 m	5.32	5.37	5.37			
22	5	0278	MUHAMAD FAZRUL NIZAM BIN AJAH	DEEKAY ATHLETICS	5.25 m	X	5.25	X			

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23	25	0478	ERICKSON JACKSON	SMK LOHAN RANAU	5.15 m	5.09	5.09	5.15						
24	19	0922	ROWEN BIN ROZI @ROGER	PATAU TEAM	5.05 m	4.91	5.05	4.99						
25	21	1332	AWANG HADIZZUL BIN AWANG ROSLAN	MINATOR	4.71 m	4.71	4.54	4.61						
26	28	0462	HEHDY JAMUN	KENT TRACK & FIELD	4.65 m	4.42	4.65	4.38						
27	18	0350	HENDRY THAM	HUMANSPO RT T&F	4.28 m	X	X	4.28						
-	9	0317	ANDRE ANURA @ ANUAR	RS ATHLETIC CLUB	DNS									
-	12	1299	MOHAMAD SHAH SHOLIHIN BIN AZSHAR	MSN PERAK	DNS									
-	23	0668	AZZMIN AFFENDYE SUANSING	SMEKEPP ATHLETICS	DNS									
-	26	0117	MOHD NIZAMUDDIN	BERWANG SPORTS CLUB	DNS									
-	29	0034	ARYELL ASTHER	ATHRA	DNS									

NO ACARA : 216 AKHIR
 ACARA : LOMPAT TINGGI PEREMPUAN 15 TKB

KED	GIL	BIB	NAMA	PASUKAN	TINGGI	1.20	1.25	1.30	1.34	1.38	1.42						
1	6	0279	NURUL AIN BATRIESYA BINTI ROSDY	DEEKAY ATHLETICS	1.38 m	o	o	o	o	xxo	xxx						
2	4	0261	VILISIAH BINTI MUKSIN	CHEETAH ATHELETIC	1.34 m	o	o	o	o	xxx							
3	2	1023	MARSHA TAMARA MOHD SHIRSHAH	RS ATHLETIC CLUB	1.20 m	o	xxx										
4	3	0789	JEZEVELLE MYOPA JERRY	POD PAPAR	1.20 m	xxo	xxx										
-	1	0745	NOALESKA KIPOLOS	SMK MAT SALLEH	DNS												
-	5	0089	GLORY ISABELL FREDEY	ATHRA	NM	xxx											

NO ACARA : 217 AKHIR
 ACARA : LEMPAR CAKERA LELAKI 15 TKB

KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6						
1	2	1212	VAKERY BIN JAINOL	SMK TANDEK	46.03 m	41.64	46.03	45.63	X	45.32	44.26						
2	19	1336	IVAN NAPOLEON AMBIT BIN PETER	TAMAN TUNKU	42.85 m	X	X	37.90	42.85	X	41.90						
3	16	0707	VELLDRON PITON	SSM SABAH	41.65 m	39.79	41.62	X	41.65	39.51	37.84						
4	12	1067	NABIL FAIZ BIN AYUB	STOVE ATHLETICS	37.85 m	37.85	X	34.72	33.34	36.55	33.68						
5	11	1337	GALVIN JALONG ADRIAN	TAMAN TUNKU	37.77 m	25.58	37.77	X	34.39	35.83	36.90						
6	9	0469	ADRIEL TUGANG ANAK RYCKER	KTDTHB	37.45 m	36.61	37.45	X	33.31	X	31.64						
7	5	1334	HENRY SELUTAN MARUNG	TTT ATHLETICS	33.65 m	32.82	33.65	27.32	X	31.51	X						
8	8	0756	HAIKAL ZULHAIRIE MOHD HANAFIE	(TTNF)	33.11 m	X	X	33.11	X	X	X						
9	10	0891	MOHAMMAD AIZULRIZEWAN	POD PUTATAN	29.80 m	29.80	X	X									
10	15	0153	DANIEL ZULKHAIRIEE	BADIN T&F	29.24 m	26.92	25.28	29.24									
11	14	1081	FRASTER ZACK DONNILY	SEMEKSI	26.87 m	26.02	26.68	26.87									
12	6	0299	HAICARL MICHAEL	SEMETRA	25.04 m	X	25.04	24.69									
13	4	0914	JAVIER KARIB	SMK PITAS II	22.79 m	X	22.79	X									
14	17	0779	MOHAMAD AMEIRUL RIDWAN AWANG RUSLI	POD PAPAR	21.51 m	21.51	20.19	20.75									
15	1	1382	ESTEBAN FREDERICO JINU-BISAUN	MONTANA KINABALU AC	19.31 m	19.31	14.30	17.06									
16	3	0275	FRANANDO ALONSO ANAK PETER	DYNAMIC DUO	18.60 m	X	X	18.60									
17	13	0277	LEON LEROY	DYNAMIC DUO	17.08 m	17.08	X	14.84									
-	7	1322	JC JOSEPH ALEXANDER XAVIER KALIXTUS PURTUNATA LOLI	TANDEK ATHLETICS	DNS												
-	18	0303	CORNALDEE DIAZ DIANUS	SEMETRA	DNS												

NO ACARA : 218 AKHIR
 ACARA : 400 m LARI BERPAGAR PEREMPUAN TERBUKA

KED	LOR	BIB	NAMA	PASUKAN	MASA												
1	2	0718	FREYNILA SHERLY LUCIUS	SSM SABAH	68.05 s												
2	4	0765	AVEYENDA ARON	(TTNF)	70.58 s												
3	1	0714	VEERONICA SEIBIT	SSM SABAH	72.92 s												
4	12	0767	NUR AMIRAH QISTINA DAIM	(TTNF)	73.12 s												
5	8	0837	EVENNYGRACE BINTI IGNATIUS	PLN KENINGAU	82.87 s												
6	5	1022	DAYANG DAMIA HEIDI BINTI ROSLEE	RS ATHLETIC CLUB	85.75 s												
7	6	0170	AUDREY ARSYIELA JAIDUL	BANDAU WARRIOR	90.41 s												
8	7	0836	JOYCE ANN ROLAND	PLN KENINGAU	91.54 s												
-	3	1088	ESTHER GRACE JOSTIN	SEMEKSI	DNS												
-	9	1215	REXY LEXA GWEN RANION	SMK TANDEK	DNS												
-	10	0136	VEJEAL JIRO	BERWANG SPORTS CLUB	DNS												
-	11	1063	REBECCA ERICCA EMIL	SMK TAMPARULI	DNS												

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NO ACARA : 219				AKHIR			
ACARA : 400 m LARI BERPAGAR				LELAKI TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	12	0968	DEAIGO EMANUELL BIN WAYRING	RS ATHLETIC CLUB	57.36 s		
2	11	0474	ELVIN ESAK	SMK LOHAN RANAU	58.89 s		
3	5	0665	BOENANJAVISTA BOLMIN	KO MONOTOS	61.99 s		
4	10	1175	RELLYANTO CHARIS RAFAIL	SMKPI	63.03 s		
5	7	0814	FILEX BERIAN@FLORIAN	IPG KAMPUS GAYA	63.49 s		
6	15	0513	RYNIER ISAAC HARRY	SM ST MARTIN	63.55 s		
7	4	0344	ANDY AMANDUS	HUMANSPOORT T&F	63.63 s		
8	9	0887	MUHD AZLAN SHAH BIN HARIS	POD PUTATAN	63.96 s		
9	14	0666	RANN JEPLY	KO MONOTOS	67.63 s		
10	1	0664	JEREMY NOEL MASLON	KO MONOTOS	68.39 s		
11	8	0515	RYAN NUNEH	SM ST MARTIN	69.82 s		
12	3	1340	IVAN EMMANUELLE	WICKED	70.86 s		
13	13	0397	JENAL ABIDIN AMIRUDDIN	KOTA BELUD ATHLETIC	72.55 s		
14	6	0120	MOHD HAZRUL DYLAN	BERWANG SPORTS CLUB	85.36 s		
15	2	0937	EMMANUEL RIO DINHO	RESTLESS BEES	93.45 s		


NO ACARA : 220				AKHIR			
ACARA : 100 m				PEREMPUAN 12 TKB			
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	4	1160	NEHTA LEAH KIMBINS LIAU		ST.JAMES, KK	14.09 s	
2	7	0103	ALYSSA CONROD MOOL		BULLET ATHLETICS	14.39 s	
3	3	0378	DJENE KAY SIDIME		HUMANSPOORT T&F	14.42 s	
4	5	0232	CHELCALSEA KRISLLEY BICKLEY		CAC	14.44 s	
5	6	0104	CHRISTA LORNA ALEXIUS		BULLET ATHLETICS	14.45 s	
6	8	1320	SHERLY SHARREL SYLVESTER		TONGOD AA	14.48 s	
7	1	0396	NUR AISYAH ARYSA FATIHAH BINTI JOHN		KUNAK ATHELETIC	14.63 s	
8	2	1137	JANE FRANCES GWEN MARCUS		SALAPING ATHLETIC	14.70 s	

NO ACARA : 221				AKHIR			
ACARA : 100 m				LELAKI 12 TKB			
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	4	0923	GRENDLY GEORGE		PATAU TEAM	12.17 s	
2	3	1004	MUHAMMAD NURMANSYAH BIN NURDIN		RS ATHLETIC CLUB	12.48 s	
3	6	0369	MOHD SHAFIQ ASRI BIN ABDULLAH		HUMANSPOORT T&F	12.62 s	
4	5	0763	MUHAMMAD HAZEEQ MUIZZUDEEN MAURICE		(TTNF)	12.65 s	
5	8	0997	ASYSHAFADIE BIN ALIMUDDIN		RS ATHLETIC CLUB	12.79 s	
6	1	0323	ESTEEN DIAZ NELTON		(SKOAC)	13.10 s	
7	2	0202	ALEXANDER CHONG HAW CHENG		CAC	13.12 s	
8	7	1263	MUHAMMAD AZZIQ IK TIZHAM BIN AZLAN		TUARAN ATHLETICS	13.20 s	

NO ACARA : 222				AKHIR			
ACARA : 100 m				PEREMPUAN 15 TKB			
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	5	0654	QYURINE QAMELIA BINTI THOMAS DEMOND		MONTANA KINABALU AC	13.12 s	
2	3	0289	MARYSHA ASYERA ANAK AMBROSE CANNON		DPM TRACK & FIELD	13.19 s	
3	8	1019	ARINISIA JEWVA		RS ATHLETIC CLUB	13.75 s	
4	6	0769	NUR AMANINA ROSMANSAH		(TTNF)	14.13 s	
5	4	1111	ALLYSON GRACE		POD SANDAKAN	14.16 s	
6	7	0262	ALVYSTEVFIANI STEVEVINSON		CHEETAH ATHELETIC	14.36 s	
7	1	0531	FESTERVIOVELLA SOBITUN		SM ST MARTIN	14.43 s	
8	2	0917	SUZIANAH MADUSIN		SMK PITAS II	14.46 s	

NO ACARA : 223				AKHIR			
ACARA : 100 m				LELAKI 15 TKB			
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	5	0280	DALTON XAVIER WENCES		DPM TRACK & FIELD	11.62 s	
2	6	0187	SCHWARZENEGGER CALVIN ROBERT PIDOLIN		CAC	11.66 s	
3	8	0253	MOHAMMAD JAMALUL LAIL BIN UNDANG		CHEETAH ATHELETIC	11.74 s	
4	4	0614	SYED MUHAMAD MUKRISH BIN ZAINUDDIN		MONTANA KINABALU AC	11.74 s	
5	1	0537	MUHAMMAD DANIEL BIN DZULFI		MSN SANDAKAN	11.88 s	
6	2	0755	MUHAMAD FITRI FAWWAZ ABDUL FATTAH		(TTNF)	11.89 s	
7	3	0519	RANTO JUNIOR ROBERT		SM ST MARTIN	11.90 s	
8	7	0611	MUHAMMAD ZAFFRAN DYLAN BIN ZAIDIE		MONTANA KINABALU AC	11.96 s	


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NO ACARA : 224		AKHIR					
ACARA : 100 m		PEREMPUAN TERBUKA		ANGIN = 0 m/s			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	3	1107	NUR AISHAH ROFINA BINTI ALING	POD SANDAKAN	12.14 s		
2	5	0764	CHELSEA CASSIOPEA EVALI BOPULAS	(TTNF)	12.40 s		
3	4	0285	DAYANGKU NURSYAFINAZ SYAZIRAH BINTI AWANGKU KHAINEL ARIFFIN	DPM TRACK & FIELD	12.80 s		
4	7	0154	ESTHER JOANNE AILOS	BADIN T&F	13.00 s		
5	8	1273	BIBI HALINA ALOYSIUS	TUARAN ATHLETICS	13.06 s		
6	6	1105	NUR AZIQAH BINTI SAPRI	POD SANDAKAN	13.16 s		
7	1	0210	SHAYNA HEATHER TAHING	CAC	13.22 s		
8	2	0287	ABBYGAIL CHRISTY ADELAIDE	DPM TRACK & FIELD	13.23 s		


NO ACARA : 225		AKHIR					
ACARA : 100 m		LELAKI TERBUKA		ANGIN = 0 m/s			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	5	0418	MUHAMMAD AZEEM BIN MOHD FAHMI	KELAB AELMA	10.42 s		
2	7	0419	MUHAMMAD FAKHRUL BIN ABDUL AZIZ	KELAB AELMA	10.84 s		
3	8	1096	PENGIRAN AIDIL AUF BIN HAJAM	POD SANDAKAN	10.97 s		
4	4	0516	MARK PALADIUS	SM ST MARTIN	11.03 s		
5	6	0966	MUHAMMAD NAZRUL BIN MOHD ALI	RS ATHLETIC CLUB	11.09 s		
6	3	0588	EDRICK FEIVEL FLORENTIUS	MONTANA KINABALU AC	11.19 s		
7	1	0593	MUHAMMAD ISYHAN BIN THOMAS DEMOND	MONTANA KINABALU AC	11.22 s		
8	2	0517	DEXTER BEDIE	SM ST MARTIN	11.35 s		


NO ACARA : 226		AKHIR					
ACARA : 60 m		PEREMPUAN 9 TKB					
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	5	0218	YUMNA RAHAF BINTI MOHD.YUSLIN	CAC	9.79 s		
2	3	0455	JAYNERVIE JAIDY	KO SK.MALAWA	9.88 s		
3	4	0503	NUR CHINTAQU QYAI SYAH BINTI ABDULLAH	SRK LOK YUK LIKAS	10.07 s		
4	8	1015	OHSHECHOYUTE OHSHELLA WELTOH	RS ATHLETIC CLUB	10.18 s		
5	6	1277	ARA JASMINE ANTHONIUS	TUARAN ATHLETICS	10.40 s		
6	7	0216	JEANNIFER ASHLEY JEMAS	CAC	10.51 s		
7	2	0375	ELIZABETH LIMJOON HOBRI TUS	HUMANSPO RT T&F	10.76 s		
8	1	0217	LAIKA PETER MOJUNTIN	CAC	10.77 s		

NO ACARA : 227		AKHIR					
ACARA : 60 m		LELAKI 9 TKB					
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	3	0599	MAHIRZILLQAYYIM BIN MAHER	MONTANA KINABALU AC	9.39 s		
2	5	0182	JOSHUA ADAM HERRY KONG	CAC	9.46 s		
3	2	0601	ISAAC MASON GREEN	MONTANA KINABALU AC	9.74 s		
4	1	1246	OLLEANDRE XAVIER SUFIAN	TUARAN ATHLETICS	9.83 s		
5	6	0351	DARELL VASCHEL JUNIOR DUDY HARTO	HUMANSPO RT T&F	9.90 s		
6	4	0453	MARVEN MAILSON	KO SK.MALAWA	9.96 s		
7	8	1241	ALDRICH ADVENTYNE SIBUN	TUARAN ATHLETICS	10.03 s		
8	7	0926	LUQMAN AL HAKIM BIN ASSALI	RINADAK ATHLETIC	10.10 s		

NO ACARA : 228		AKHIR					
ACARA : 4 x 100 m		PEREMPUAN VETERAN					
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	5	KK	1 0449 ALISON CHEW 2 0450 ERINE SINUEL 3 0451 JOSEPHINE MARIA JOB 4 0452 EVERGREEN EDWARD	KK MASTERS	58.44 s		
2	4	PM	1 2 3 4	PENAMPANG MASTERS	60.08 s		
3	6	BS	1 2 3 4	BERWANG SPORTS CLUB	71.63 s		
4	3	RS	1 2 3 4	RS ATHLETIC CLUB	75.00 s		

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NO ACARA : 229 ACARA : 4 x 100 m				AKHIR LELAKI VETERAN			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	5	PM B	1 0849 CLARENCE BIN TAMI 2 0850 LIUS BIN KOROLU 3 0851 ANDY GREGORY LIADU 4 0852 ALFRED ALEX JIMMY	PENAMPANG MASTERS	49.96 s		
2	3	KK	1 0444 SHAMRY MOHD ALI 2 0445 FAHRUL NAZRI AB NASIR 3 0446 ERIC TAI MAN HIUNG 4 0447 FARID HII TECK HUNG	KK MASTERS	51.28 s		
3	4	PM A	1 0853 CLIFF BIN PETER 2 0854 GREGORY FRANCIS 3 1389 AFFENDY SIRAD SID 4 1390 JOHNY VINCENT	PENAMPANG MASTERS	57.44 s		

NO ACARA : 230 ACARA : 3000 m				AKHIR PEREMPUAN TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	4	0721	EFYNA ARES LIZOD	SSM SABAH	12 : 25.40 s		
2	2	0737	NUR FAZIATIE BINTI MATHIAS	SMK MAT SALLEH	13 : 26.00 s		
3	5	0211	SITI SYAFIQAH BTE ABD. MALIK	CAC	13 : 37.00 s		
4	6	1217	FLORAIRAWINAH NARAWI	SMK TANDEK	15 : 15.00 s		
-	1	0958	NURKHAIRUNNISA BT BASRAN	SMK MEROTAI BESAR	DNF		
-	3	1216	EDAYO JAIWOL	SMK TANDEK	DNS		

NO ACARA : 231 ACARA : 5000 m				AKHIR LELAKI TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	2	0164	ROMIEO GOMBOH	BANDAU WARRIOR	17 : 12.00 s		
2	9	0681	GOLIATH VALERON SILI	SSM SABAH	17 : 13.00 s		
3	11	0003	MOHAMMAD YUSUF MOHD ALI	AAC	18 : 01.00 s		
4	20	0885	MUHAMMAD NAQUE BIN MISNAN	POD PUTATAN	18 : 02.00 s		
5	6	1304	AZLAN KUSTE	TEAM DEAFSABAH	18 : 59.00 s		
6	16	0682	CALVIN ROWELL ROMPOG	SSM SABAH	19 : 40.00 s		
7	3	0731	MOHAMAD KHAIRIL BIN JAMIS	SMK MAT SALLEH	19 : 41.00 s		


NO ACARA : 301 ACARA : 5000 m JALAN KAKI				AKHIR LELAKI TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	5	0163	AFRY SYAHMIR JANSAH	BANDAU WARRIOR	31 : 18.02 s		
2	3	0814	FILEX BERIAN@FLORIAN	IPG KAMPUS GAYA	31 : 26.03 s		
3	9	0855	JEKEP JUMI	PENAMPANG MASTERS	32 : 10.70 s		
4	7	1074	STEVEN JASTIN SAMSON	SEMEKSI	33 : 33.57 s		
5	2	1176	BRICKLYN BIN MALUDDIN	SMKPI	33 : 47.54 s		
6	1	1066	ALAZIZ	STOVE ATHLETICS	34 : 52.67 s		
7	4	1049	RONNIE APIN@DOMINIC	SMK TAMPARULI	35 : 15.20 s		
8	12	0669	MOHAMMAD RAZLAN RAZALEEY BIN JESSON	SMEKEPP ATHLETICS	38 : 05.09 s		
9	8	1046	LARRY SRENZIE PRIMUS	SMK TAMPARULI	43 : 08.16 s		
-	6	0350	HENDRY THAM	HUMANSPOORT T&F	BATAL		
-	10	0910	ROMEJENSSONLEE WILLIAM	SMK PITAS II	DNF		
-	11	0294	ABNER JAMRIN	SEMETRA	DNS		

NO ACARA : 302 ACARA : 5000 m JALAN KAKI				AKHIR PEREMPUAN TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	2	0815	JELLVERRA HAZZLED HARRY	IPG KAMPUS GAYA	37 : 19.66 s		
2	11	1061	EVELYNIE SUZIELYN GOTUOH	SMK TAMPARULI	38 : 07.38 s		
3	3	0673	JANIMAH MAJINGKING	SMEKEPP ATHLETICS	38 : 23.48 s		
4	6	0957	NUR RAMADHANI Umayrah BT Abdul Aziz	SMK MEROTAI BESAR	40 : 40.01 s		
5	4	1084	ELLYCIANNA IVYNNA YASAYA	SEMEKSI	42 : 12.80 s		
6	9	0956	ANIS SYAZWANIE BT KADIR MOHIDEEN	SMK MEROTAI BESAR	47 : 00.21 s		
7	5	1086	FHRANCINNE GWENN SANTOS	SEMEKSI	47 : 02.16 s		
-	1	1083	SHERREL LENNIES JASRIN	SEMEKSI	DNF		
-	7	1089	FENNY LO	SEMEKSI	DNS		
-	8	0305	SHIRLEY JAIASEN	SEMETRA	DNS		
-	10	0803	QUREEN MARKUS	PISMA TEAM	DNS		

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NO ACARA : 303		AKHIR									
ACARA : LEMPAR CAKERA		PEREMPUAN TERBUKA									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	4	1082	SHERRA ANNABELLE JONIAS	SEMEKSI	29.48 m	26.53	29.30	29.48	27.53	27.34	X
2	6	1087	RAINIE BT DANGAN	SEMEKSI	24.86 m	24.86	X	22.94	19.35	-	21.38
3	1	1214	RACHEL OLIVIA MARTO	SMK TANDEK	21.41 m	15.27	21.41	X	19.30	20.40	21.17
4	7	0208	GENEVIEVE TERRENCE CLAUDIUS	CAC	19.41 m	19.41	18.38	18.59	15.70	16.92	15.09
5	2	0903	DAYANG NUR AZRIN NATASHA	POD PUTATAN	15.95 m	15.44	14.93	15.46	X	14.56	15.95
-	3	0801	THRESSY ALECIA TAMING	PISMA TEAM	DNS						
-	5	0804	TRENNA MAGDELINA TAMING	PISMA TEAM	DNS						
-	8	0959	SITI MARYAM BT CHRISTIE	SMK MEROTAI BESAR	DNS						
-	9	0800	DORATHEA ANTHONY AMURU	PISMA TEAM	DNS						

NO ACARA : 304		AKHIR									
ACARA : LOMPAT KIJANG		PEREMPUAN 15 TKB									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	2	0842	LILAWATI DARAI	PLN KENINGAU	10.12 m	X	10.03	10.00	9.47	9.65	10.12
2	6	1218	CLARRYSAH JAIMON	SMK TANDEK	9.48 m	X	X	9.39	9.35	9.05	9.48
3	3	1185	KERDINALIAH BINTI KAMIL	SMKPI	9.09 m	X	X	9.09	X	X	X
4	9	0471	RACHEAL TIJAN TINGANG	KTDTHB	8.72 m	7.91	8.32	8.72	7.53	8.10	8.53
5	4	0145	SUESHERRY IVA	BERWANG SPORTS CLUB	8.63 m	8.63	X	X	8.53	8.37	8.29
6	8	0649	CLAREONNA YAPAT	MONTANA KINABALU AC	8.56 m	X	8.56	X	X	8.49	8.33
7	5	0074	JACELYN RACHELLEVA RILMAYIERE	ATHRA	8.32 m	8.32	7.85	7.93	7.83	8.00	7.75
8	7	0787	NURALYA FATRIESCHA	POD PAPAR	7.59 m	X	X	X	7.59	X	X
-	1	0078	NUR HASMIEZAH BTE RUHAMIN	ATHRA	DNS						

NO ACARA : 305		AKHIR													
ACARA : LOMPAT TINGGI		LELAKI TERBUKA													
KED	GIL	BIB	NAMA	PASUKAN	TINGGI	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95
						2.00	2.10								
1	7	0965	MOHAMAD EIZLAN BIN DAHALAN	RS ATHLETIC CLUB	2.10 m	-	-	-	-	-	-	o	-	-	-
						o	xo								
2	5	0967	LEE HUP WEI	RS ATHLETIC CLUB	2.00 m	-	-	-	-	-	-	o	-	o	-
						o	xxx								
3	3	0448	JARED AMADIS ABDUL RAHMAN	KK MASTERS	1.70 m	-	-	o	xo	o	xxx				
4	10	0278	MUHAMAD FAZRUL NIZAM BIN AJAH	DEEKAY ATHLETICS	1.65 m	o	o	o	xxo	xxx					
5	1	0121	SAMUEL SOO KEN YUNG	BERWANG SPORTS CLUB	1.60 m	o	o	o	xxx						
6	4	0032	BENNY JOENYER LUCAN	ATHRA	1.60 m	x	o	o	xxx						
6	6	0337	NICKSON BENNDICT	HUMANSPO RT T&F	1.60 m	xo	o	o	xxx						
8	9	1209	BERYL RAYS	SMK TANDEK	1.50 m	xo	xxx								
-	2	0584	CHIN WEI LOONG	MONTANA KINABALU AC	DNS										
-	8	0399	MOHAMMAD NUR TAUFIK	KOTA BELUD ATHLETIC	DNS										

NO ACARA : 306		AKHIR					
ACARA : 400 m		PEREMPUAN 15 TKB					
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	7	0289	MARYSHA ASYERA ANAK AMBROSE CANNON	DPM TRACK & FIELD	63.81 s		
2	20	0728	AINA DANIA QISTINA BINTI EMAYIE	SSM SABAH	64.31 s		
3	25	0740	SHAKIRA NATASHYA	SMK MAT SALLEH	68.41 s		
4	17	0723	ELDISCA ANAK DESMOND BENSON	SSM SABAH	68.76 s		
5	9	0771	FARAH NATASHA FIRMAN	(TTNF)	69.64 s		
6	18	0309	KRISTINA LONJU	SEMETRA	70.27 s		
7	4	0843	MARYSYENNTIKAH RISON	PLN KENINGAU	70.86 s		
8	14	0144	DAVELYN JOYCE	BERWANG SPORTS CLUB	71.31 s		
9	8	0768	NURUL SUHADA SULAIMAN	(TTNF)	71.33 s		
10	21	0917	SUZIANAH MADUSIN	SMK PITAS II	72.42 s		
11	3	0259	SLYCIE AMAD	CHEETAH ATHELETIC	73.55 s		
12	6	1221	REXY LEXA GWEN RANION	SMK TANDEK	74.13 s		
13	10	0173	ALEXAZANDRA ALEXANDER	BANDAU WARRIOR	74.26 s		
14	23	0432	NUR HIDAYAH AKYSAH BINTI ARDITURAH	SMK KUNAK JAYA	74.76 s		
15	29	0433	PUTRI LIYANA BINTI SAFIE	SMK KUNAK JAYA	75.12 s		
16	22	1368	VANESA SOON YEN QI	BERWANG SPORTS CLUB	76.79 s		
17	19	1186	JERRIN J.C JOOL	SMKPI	76.88 s		
18	5	0844	CHRISTENSHINE CHRIST VONERONCHER	PLN KENINGAU	77.72 s		
19	30	0846	JOYCE ANN ROLAND	PLN KENINGAU	78.60 s		

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20	24	0847	RIKA KELLYVIANA FRANKIE CHONG	PLN KENINGAU	81.08 s	
21	28	1223	NUR FAZEERA BINTI ABDULLAH	SMK TANDEK	82.12 s	
22	15	0156	CHELSEA ANN STANLY	BADIN T&F	85.33 s	
23	27	0086	PRETTY DEPHNYE PHILIP	ATHRA	89.05 s	
-	26	0306	NURCY QRISTINA PALINUS	SEMETRA	DNS	

NO ACARA : 307			AKHIR			
ACARA : 400 m			LELAKI 15 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	61	0698	ALVINSHAH ZIQKRYZAM BIN PAUL	SSM SABAH	55.51 s	
2	27	0252	MOHAMAD AIMAN BIN MAIDIN	CHEETAH ATHELETIC	55.57 s	
3	43	0984	IVAN MIKAEL BIN ROSLEE	RS ATHLETIC CLUB	55.70 s	
4	62	0696	MOHAMAD FARRIZ BIN HYENDY	SSM SABAH	56.22 s	
5	59	0518	STEVEN GERRAD ERON	SM ST MARTIN	56.91 s	
6	64	0166	ETHANNIEL MOJUTAN	BANDAUA WARRIOR	56.91 s	
7	66	0282	RYAN NELSON SONLY	DPM TRACK & FIELD	57.85 s	
8	48	1101	MUHAMMAD MUZAFFAR SHAH	POD SANDAKAN	57.98 s	
9	10	0564	RYAN CLEFF	MAJAKIR T&F	58.18 s	
10	1	0283	FANZ XAVIER FANCEY SAMI	DPM TRACK & FIELD	58.22 s	
11	29	0733	FREADDY JOE DENVERT	SMK MAT SALLEH	58.39 s	
12	56	0297	ZACHARRY LAWRENCE	SEMETRA	58.57 s	
13	6	1181	ADDELSON KURTCHER MUADA	SMKPI	58.72 s	
14	33	1117	SEGFRED-DAMIAN GUMPIL	SMSM PENAMPANG	58.87 s	
15	63	0759	MOHAMMAD MAZLANSYAH MOHD FAUZI	(TTNF)	58.87 s	
16	14	0694	MOHAMMAD AZIRUL BIN KAUNSIN	SSM SABAH	58.97 s	
17	21	1169	SUHAIID BIN ASMAT	SMK LIKAS	59.11 s	
18	42	0479	ESBEY BEDY	SMK LOHAN RANAU	59.23 s	
19	31	0468	BENEDICT TIVEZ ANAK JULIE	KTDTHB	59.36 s	
20	12	0775	DYEXTON CYRILL	SMK NABAWAN	59.96 s	
21	38	0913	DENNI PO POMIN	SMK PITAS II	59.98 s	
22	8	0255	JIKILI TULAI	CHEETAH ATHELETIC	60.27 s	
23	40	0622	NELDEN CALEB LIAU CAI HONG	MONTANA KINABALU AC	60.29 s	
24	57	1179	DEAFRON BIN JOHKIUS	SMKPI	60.42 s	
25	19	0889	MUHAMMAD FIRDAUS HELMI	POD PUTATAN	60.44 s	
26	28	1341	AARON DUFF	WICKED	60.44 s	
27	52	0480	HAVELIE JAIMES	SMK LOHAN RANAU	60.59 s	
28	45	0915	YERMEKY HASSAN	SMK PITAS II	60.89 s	
29	9	0430	MOHAMMAD FAUZI BIN SANI	SMK KUNAK JAYA	61.02 s	
30	25	0607	BRYANT CHIN KUAN SUNG	MONTANA KINABALU AC	61.62 s	
31	23	0704	DANSON HO KAI LE	SSM SABAH	61.66 s	
32	5	1205	CHARWIN JUSIK @ RAYNER	SMK TANDEK	61.78 s	
33	3	0483	GEZAZLEO FREDOLINE	SMK LOHAN RANAU	61.84 s	
34	22	0617	ADRIEL TEO	MONTANA KINABALU AC	61.97 s	
35	36	0916	NIKO SINAL	SMK PITAS II	62.21 s	
36	34	1100	JONASSON BIN AMIR BEN	POD SANDAKAN	62.26 s	
37	16	0700	DANIEL ALVIN ABEL ANAK HENDDY	SSM SABAH	62.28 s	
38	49	0566	MC FEDDEN ALIAS	MAJAKIR T&F	62.78 s	
39	30	0895	ADY FAMIE	POD PUTATAN	63.65 s	
40	53	0125	EL MANGU QEYYLELU HAYAN	BERWANG SPORTS CLUB	63.70 s	
41	41	0041	MOHAMAD SYAHEZAN AZMI	ATHRA	63.89 s	
42	65	0571	RONNIE RAYNER	MAJAKIR T&F	63.92 s	
43	50	0577	MOHD IKHMAL HASRUL	MAJAKIR T&F	64.13 s	
44	17	1052	JOEL GEKKOL @MAIKAL	SMK TAMPARULI	64.41 s	
45	11	0042	KHAYRIN LUQMAN B NORHISYAM	ATHRA	64.49 s	
46	46	0389	PUTRA FARISH ISKANDAR B MOHD SOFIAN	KUNAK ATHELETIC	64.59 s	
47	39	0758	AIRIEL AMANI KAHAR	(TTNF)	64.75 s	
48	4	0774	STEVE WELLTER BLASIU	SMK NABAWAN	64.76 s	
49	20	0671	AERICK ALFIAN JUNIOR SUDIN	SMEKEPP ATHLETICS	65.34 s	
50	13	0473	JC MICHAEL IMMANUEL R K KALIXTUS PURTUNATA LOLI	KELAB SMK ULU SAPI	66.54 s	
51	18	0570	ALVIN AFANDY	MAJAKIR T&F	66.94 s	
52	54	0109	AFIQ BIN JABIR	BEBAS TNF	67.58 s	
53	35	0388	IZWANSYAH BIN ABDULLAH	KUNAK ATHELETIC	69.44 s	
54	24	0949	CHARLSDON NICKHALSON HASSANUDDIN	SMK KOTA MARUDU	69.94 s	
55	44	0572	JEFLEE PISOL	MAJAKIR T&F	71.60 s	
56	58	0574	WAN MOHD. HURHADI	MAJAKIR T&F	73.53 s	
-	2	0043	JASHUA MIRO JUHARY	ATHRA	DNS	
-	7	1080	REY BRYAN BIN MAJUL	SEMEKSI	DNS	
-	15	0192	MUHAMMAD NUR AZHAR BIN ZUNAIDE	CAC	DNS	
-	26	0522	SHALDONE MARK LAMIUS	SM ST MARTIN	DNS	
-	32	0833	REINHARD EZRA CHRISTOPHER	PLN KENINGAU	DNS	
-	37	0044	AMMAR AMSYAR B AMLI	ATHRA	DNS	
-	47	0130	MOHAMMAD JULFAN	BERWANG SPORTS CLUB	DNS	
-	51	1115	ANSELMO ADDISON ANTHONY	SMSM PENAMPANG	DNS	
-	55	0256	CHARLESMON JAIMON	CHEETAH ATHELETIC	DNS	
-	60	1079	ETHANIEL LIBAU ANAK AMON	SEMEKSI	DNS	

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NO ACARA : 308			AKHIR			
ACARA : 400 m			PEREMPUAN TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	2	0764	CHELSEA CASSIOPEA EVALI BOPULAS	(TTNF)	58.03 s	
2	17	0718	FREYNILIA SHERLY LUCIUS	SSM SABAH	64.50 s	
3	4	0138	SERENA SOUPIN	BERWANG SPORTS CLUB	66.44 s	
4	16	0714	VEERONICA SEIBIT	SSM SABAH	67.00 s	
5	7	0766	SITI NUR AISYAH AFIAH MOHD ZAINUDIN	(TTNF)	67.35 s	
6	21	1315	NORFIKE LORIS	TONGOD AA	68.13 s	
7	18	0133	NUR AISHA ABD GHANI	BERWANG SPORTS CLUB	68.37 s	
8	22	1104	CHONG YUNG SUN	POD SANDAKAN	68.75 s	
9	13	0834	SITI NUR NADIAH BINTI MOHAMAD DIN	PLN KENINGAU	70.06 s	
10	6	0408	PINKY ELVERA JEROD	KOTA BELUD ATHLETIC	71.12 s	
11	10	0735	ELMIE MASRIN	SMK MAT SALLEH	71.95 s	
12	15	0013	GENEVIEVE ANAK HENRI	AAC	72.81 s	
13	23	0738	WHELLYN MATIN	SMK MAT SALLEH	73.83 s	
14	11	0528	DIVINA LISA DANIEL	SM ST MARTIN	73.87 s	
15	19	1059	CLARENCE YONG JING CUI	SMK TAMPARULI	75.10 s	
16	14	1057	DIANNA DANNA JOLLY	SMK TAMPARULI	75.34 s	
17	5	0837	EVENNYGRACE BINTI IGNATIUS	PLN KENINGAU	75.99 s	
18	20	1022	DAYANG DAMIA HEIDI BINTI ROSLEE	RS ATHLETIC CLUB	76.44 s	
19	24	0288	BEATRICE LIKEY	DPM TRACK & FIELD	77.78 s	
20	3	0490	NELYA ELLY NITRA JUMIUS @ JOMIUS	SMK LOHAN RANAU	80.53 s	
-	1	0135	NURANATI SYAFIKAH	BERWANG SPORTS CLUB	DNS	
-	8	0136	VEJEAL JIRO	BERWANG SPORTS CLUB	DNS	
-	9	1108	ALYSON LAI JIA XUAN	POD SANDAKAN	DNS	
-	12	0134	ELISSIEBALL JONAL	BERWANG SPORTS CLUB	DNS	

NO ACARA : 309			AKHIR			
ACARA : 400 m			LELAKI TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA	
1	3	0689	MUHAMMAD KHALIL BIN HELMI	SSM SABAH	50.47 s	
2	13	0544	DEXTER PALMIN	MSN SANDAKAN	52.37 s	
3	23	0688	DARREL AUSTEN LOSIUS	SSM SABAH	52.52 s	
4	30	1233	IAN JOVIC SUAN	TUARAN ATHLETICS	52.74 s	
5	12	0822	MARSHALL ALLHIN	PLN KENINGAU	53.17 s	
6	33	0340	WILLIAM WALTER	HUMANSPO RT T&F	53.27 s	
7	25	0817	AUBREY ARON	PLN KENINGAU	53.79 s	
8	29	1302	AIDIL AFFFAT	TEAM DEAFSABAH	53.81 s	
9	5	0747	AKMAL RIZAL ANDY REMY IHSAN	(TTNF)	53.84 s	
10	7	1306	ALI UMAIS	TEAM DEAFSABAH	54.11 s	
11	22	0475	AFIF ASYRAAF BIN AZMI	SMK LOHAN RANAU	54.18 s	
12	8	0348	ASFFERY BICKY ANAK AMBROSE CANNON	HUMANSPO RT T&F	54.54 s	
13	35	0592	DILLON CHU PU YOUNG	MONTANA KINABALU AC	54.59 s	
14	37	0002	MOHD NAZHLEE BIN MANING	AAC	55.01 s	
15	6	1303	AIDIL ASYRAF	TEAM DEAFSABAH	55.12 s	
16	26	0746	KASHMEER SAMSURI	(TTNF)	55.57 s	
17	11	1311	BECKHAM ELIES JIKSON	TONGOD AA	56.04 s	
18	27	0810	KHAIRUL BIN ISMAIL	IPG KAMPUS GAYA	56.75 s	
19	28	1232	XAVIER CHANG	TUARAN ATHLETICS	57.07 s	
20	9	1310	STEPLLEE SEMLIE	TONGOD AA	57.25 s	
21	16	1162	MOHAMAD HAIKAL BIN ABDULLAH	SMK LIKAS	57.31 s	
22	32	1044	ELDENT LERRY JOY	SMK TAMPARULI	57.47 s	
23	34	0344	ANDY AMANDUS	HUMANSPO RT T&F	57.70 s	
24	31	0341	MOHD SHARIZAN BIN JUNAIDI	HUMANSPO RT T&F	58.34 s	
25	19	0250	JONES ANDREY	CHEETAH ATHELETIC	58.78 s	
26	36	0114	MOHD IRRFHAN	BERWANG SPORTS CLUB	59.51 s	
27	17	0595	SHIM ZHAN HONG	MONTANA KINABALU AC	59.72 s	
28	4	0922	ROWEN BIN ROZI @ROGER	PATAU TEAM	60.03 s	
29	14	1196	CHONG YAO MING ALEX	SMK TANDEK	60.05 s	
30	15	1309	ABDUL HAZIZ BIN ABDULLAH	TEAM DEAFSABAH	60.85 s	
31	1	0035	NATHANAEL PETRUS	ATHRA	60.90 s	
32	18	0343	OSWALD JERICHIUS	HUMANSPO RT T&F	64.17 s	
33	24	0751	MOHAMMAD RIZAL ABDUL HASSAN	(TTNF)	66.94 s	
34	20	0028	MOHD HAKIMI B JAHININ	ATHRA	69.75 s	
-	2	0748	SHAHRIMIEN SAIMOH	(TTNF)	DNS	
-	10	0597	YOEL ANDERSON HO KEN LIP	MONTANA KINABALU AC	DNS	
-	21	0685	ERWIN GRENGGORI	SSM SABAH	DNS	

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NO ACARA : 310		AKHIR									
ACARA : LOMPAT KIJANG		LELAKI 15 TKB									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	14	0569	RICO ANDREW	MAJAKIR T&F	12.62 m	12.03	12.25	11.95	12.62	12.33	12.49
2	2	0519	RANTO JUNIOR ROBERT	SM ST MARTIN	12.59 m	X	12.38	-	12.16	12.55	12.59
3	12	1177	YEHZECHALYEEN RINOL	SMKPI	12.30 m	11.94	X	12.01	X	12.30	11.51
4	20	1054	XAVIER LUKE LO ZHAOVUI	SMK TAMPARULI	12.06 m	12.06	11.68	12.03	11.69	11.87	11.92
5	10	0565	BRYAN BENARD	MAJAKIR T&F	11.85 m	X	X	11.21	11.78	11.67	11.85
6	6	0281	EZEKIEL DORIE DALIE JUNIOR	DPM TRACK & FIELD	11.51 m	11.30	X	X	X	-	11.51
7	16	0954	MUHAMAD HAFIZUL HAKIMI BIN BURHANSAH	SMK MEROTAI BESAR	11.38 m	11.21	11.16	X	11.35	X	11.38
8	1	1055	PEPIN HEZZLER RAPHAEL	SMK TAMPARULI	11.34 m	X	X	11.34	X	11.23	X
9	13	0778	BARTHOLOMEW THEIRRY TIMOTHY	POD PAPAR	11.05 m	11.05	10.40	9.89			
10	18	1203	MEL FRED MAJUANG	SMK TANDEK	10.63 m	10.45	X	10.63			
11	8	0484	FABIANUS SEVERINUS	SMK LOHAN RANAU	10.60 m	10.60	9.08	10.01			
12	15	1198	A.MARK DIITRE JODA	SMK TANDEK	10.56 m	X	10.56	10.49			
13	17	0046	NADZWAN HAQEM B ROSLIE	ATHRA	10.35 m	9.96	10.35	10.13			
14	22	0485	DEEVON PILEM	SMK LOHAN RANAU	10.21 m	9.60	9.52	10.21			
15	4	0045	MUHAMMAD IRFAN HASIF B YUSSIRI	ATHRA	10.17 m	10.17	X	10.09			
16	5	1070	MUHAMMAD AZWAN SYARUL NIZAM BIN AZMAN	STOVE ATHLETICS	9.66 m	9.66	9.53	X			
17	9	0953	MOHHD ARIEF SAFWAN BIN BURHANSA	SMK MEROTAI BESAR	9.58 m	9.58	9.52	9.47			
18	11	0386	MOHAMMAD JULFAN	JULFAN	9.16 m	9.03	9.16	X			
-	3	0048	FERDY XZALLEO LUCAN	ATHRA	DNS						
-	7	0298	CAYRIEYHYDEN YOROF	SEMETRA	DNS						
-	19	0130	MOHAMMAD JULFAN	BERWANG SPORTS CLUB	DNS						
-	21	0301	CIDNEY OLIVERNIKO JAIMMY	SEMETRA	DNS						

NO ACARA : 311		AKHIR									
ACARA : REJAM LEMBING		LELAKI 15 TKB									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	9	1331	ADELLYSANDRO EDWARD	SMATSTEP	49.46 m	49.46	49.29	47.44	44.22	45.97	X
2	6	1211	VILLEY VICKY KAINON	SMK TANDEK	49.19 m	36.06	43.13	47.69	49.19	46.11	46.82
3	4	0320	MUHAMAD ERIUAN BIN MUHAMMAD EZAN	GAYARIAN	39.86 m	39.86	38.06	31.16	32.67	35.79	34.51
4	11	1312	JIVLEE GINAL	TONGOD AA	39.38 m	X	36.74	39.03	33.80	31.79	39.38
5	10	1330	FERDINAND JASTIN	SMATSTEP	35.80 m	35.80	28.91	33.68	30.70	31.58	31.53
6	15	0299	HAICARL MICHAEL	SEMETRA	35.19 m	24.73	35.19	32.28	32.38	25.70	27.03
7	7	0365	SHAWN CLAY STANISLAUS	HUMANSPORT T&F	32.99 m	32.99	32.22	X	24.34	25.96	29.38
8	1	1204	KRNOPINO LASRIN	SMK TANDEK	32.50 m	32.44	32.50	24.80	X	30.85	30.43
9	5	1116	JEXZTERVIER JEXSPER JAMES	SMSM PENAMPANG	31.83 m	X	31.83	26.12			
10	2	1253	ADRIAN VEONNEY VALENTINE	TUARAN ATHLETICS	31.19 m	31.19	X	28.19			
11	12	0403	MOHD MADNIE BIN ROSDI	KOTA BELUD ATHLETIC	30.36 m	30.36	27.06	27.11			
12	16	1259	BRAELDYENN WONG ZHENG JIA	TUARAN ATHLETICS	30.10 m	X	X	30.10			
13	8	0469	ADRIEL TUGANG ANAK RYCKER	KTDTHB	29.33 m	29.33	X	29.17			
14	14	0275	FRANANDO ALONSO ANAK PETER	DYNAMIC DUO	12.62 m	11.68	9.72	12.62			
-	3	0277	LEON LEROY	DYNAMIC DUO	DNS						
-	13	0316	AIKEN TAI JIE	ERIC	DNS						

NO ACARA : 312		AKHIR									
ACARA : LONTAR PELURU		LELAKI TERBUKA									
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	1	0749	MIRACH KHAN	(TTNF)	13.14 m	12.23	13.14	12.76	12.81	X	X
2	15	0944	NATHANIEL MAJID	SMK KOTA MARUDU	11.42 m	11.42	X	11.01	X	X	X
3	3	0425	PAUL KENNETH TAY	KSBFT@MYWAY	10.93 m	X	10.93	10.82	X	9.69	X
4	8	1343	DONNY GILBERT MATAWAS	ZAPPS	10.89 m	9.00	10.68	9.96	10.31	X	10.89
5	14	0827	VICTER BEN SALLEH @ BINIDIK	PLN KENINGAU	10.78 m	10.61	10.38	10.40	9.41	10.78	10.53
6	2	0422	LINUS NICHOLAS	KSBFT@MYWAY	10.70 m	-	X	10.46	X	10.70	X
7	13	0426	STANLEY LEEROY SUKIAN	KSBFT@MYWAY	9.91 m	8.93	9.40	9.36	9.80	9.81	9.91
8	9	1308	ELVIENSOON TIONO TINUS	TEAM DEAFSABAH	9.35 m	9.02	9.04	9.35	8.98	9.28	9.27
9	4	1305	JESSON NOEL	TEAM DEAFSABAH	9.34 m	X	X	9.34			
10	5	0461	HAIKAL FAIZ BIN ABDUL LATIFF	KENT TRACK & FIELD	9.13 m	9.13	9.04	9.05			
11	11	1381	EAMON FEO JINU-BISAUN	MONTANA KINABALU AC	8.57 m	8.57	X	8.42			
12	12	0884	MUHAMMAD DANIEL IZZAT	POD PUTATAN	8.00 m	X	8.00	7.98			
13	6	0462	HEHDY JAMUN	KENT TRACK & FIELD	7.39 m	X	7.39	X			
14	10	0856	JULIAN MICKY NIUN	PENAMPANG MASTERS	6.80 m	X	6.80	5.97			
-	7	0427	ZULKIFLI SAIDIN	KSBFT@MYWAY	DNS						

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NO ACARA : 313				AKHIR			
ACARA : 1500 m				PEREMPUAN 15 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	12	0772	NUR FARWIZAH KARIM	(TTNF)	5 : 56.22 s		
2	20	0016	NUR ANA LISA BINTI ABDULLAH	AAC	5 : 59.37 s		
3	18	0581	BATCHELLE VANIE BENARD	MAJAKIR T&F	6 : 04.07 s		
4	3	0542	SHERMIA BINTI MIASIN	MSN SANDAKAN	6 : 05.66 s		
5	7	0739	NUR FAZIATIE BINTI MATHIAS	SMK MAT SALLEH	6 : 07.90 s		
6	10	1064	AMANDA MOUSIN	SMK TAMPARULI	6 : 19.17 s		
7	13	0743	NATASYA ALEYA	SMK MAT SALLEH	6 : 19.88 s		
8	17	0932	GRETHCHEN SYNNE GRIFFINE	RINADAK ATHLETIC	6 : 29.05 s		
9	22	0226	SHARLENE FIONEY SONNY	CAC	6 : 29.51 s		
10	16	0260	LAURA ANAK JUNANI	CHEETAH ATHELETIC	6 : 30.28 s		
11	2	0582	JESSYCILYN JAIMIS	MAJAKIR T&F	6 : 30.49 s		
12	23	0675	RABBY NATHYSA DUKU	SMEKEPP ATHLETICS	6 : 44.02 s		
13	11	1280	HEAVENLY HANA ALFRED	TUARAN ATHLETICS	6 : 55.75 s		
14	6	0172	NURHAFINA BINTI JUNICK	BANDAU WARRIOR	6 : 58.63 s		
15	15	0157	NORFAIZURAH BINTI JAMDIN	BADIN T&F	7 : 02.10 s		
16	9	0076	EVE GRACE	ATHRA	7 : 04.84 s		
-	1	1225	LEONA ALDAYANA SEIMON	SMK TANDEK	DNF		
-	4	0160	NORAZINIE SYAFIQA BT AZIROLI	BADIN T&F	DNF		
-	5	0310	SHYERLEE SHERLINE DAIMIS	SEMETRA	DNS		
-	8	0730	EFYNA ARES LIZOD	SSM SABAH	DNS		
-	14	1188	ABELZA ABELYN HAMZAH	SMKPI	DNS		
-	19	0676	NURASNIZZAH HAZRIMAT	SMEKEPP ATHLETICS	DNF		
-	21	0680	ROSFIANAH BINTI JAISIN @ JAIBIN	SMEKEPP ATHLETICS	DNF		

NO ACARA : 314				AKHIR			
ACARA : 1500 m				LELAKI 15 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	2	0251	JAFFREADY JONNY	CHEETAH ATHELETIC	4 : 56.20 s		
2	30	0761	NESTELROOY ROBINSON	(TTNF)	4 : 56.45 s		
3	13	0168	HENKY HELERRIO JUNIOR PRESLEY GAMBA	BANDAU WARRIOR	4 : 56.85 s		
4	21	1051	ARTHUR GIMBUN	SMK TAMPARULI	4 : 57.00 s		
5	11	0189	AZACH HAZRON VICTOR	CAC	4 : 58.30 s		
6	20	0010	ASAMLIE BIN DATU JOHNY	AAC	5 : 04.62 s		
7	9	0167	RONELD JUSTIN	BANDAU WARRIOR	5 : 05.02 s		
8	25	0691	JAFFERY LORENCE LIMBAI	SSM SABAH	5 : 10.38 s		
9	26	0536	MOHD NORDIN BIN YUSUF	MSN SANDAKAN	5 : 14.82 s		
10	1	1173	MUHAMAT SYUKUR BIN RACHIM	SMK LIKAS	5 : 15.38 s		
11	31	0362	MOHAMAD SUZAILMY	HUMANSPOORT T&F	5 : 17.16 s		
12	22	0693	AUBRENÀ VALENTÀ LIZOD	SSM SABAH	5 : 18.68 s		
13	14	0112	JAYDEN EZEKIEL JIMSON	BLUERUNNER	5 : 19.22 s		
14	12	1338	CRISH HERGREAVES WILLIE	TAMAN TUNKU	5 : 20.38 s		
15	27	1202	MELVEN OWEN PETER	SMK TANDEK	5 : 21.97 s		
16	6	0734	ELLIEOT ELLYZANDER	SMK MAT SALLEH	5 : 23.59 s		
17	7	0762	FARIHIN ABDUL FATAH BEDU	(TTNF)	5 : 23.84 s		
18	28	0692	AZHAIRIE AWOT	SSM SABAH	5 : 28.93 s		
19	4	0898	EMYL AIMANSYAH	POD PUTATAN	5 : 32.55 s		
20	3	0482	ELPIERRE EVARISTUS	SMK LOHAN RANAU	5 : 37.32 s		
21	16	1207	CHONG KA XING KELVEN	SMK TANDEK	5 : 40.78 s		
22	24	0911	MEXMON ZIKRY	SMK PITAS II	5 : 41.62 s		
23	10	0890	MOHAMMAD SYUKRI SENANG	POD PUTATAN	5 : 42.71 s		
24	5	0575	BLANDQUESCO BENARD	MAJAKIR T&F	5 : 46.17 s		
25	17	0150	VELL CALVIN SAMBION VILBON	BADIN T&F	5 : 46.62 s		
26	29	1170	DAREN ALDRIN ANAK RIODE	SMK LIKAS	5 : 48.00 s		
27	15	0302	FREDERICK FREDY MAURICE	SEMETRA	5 : 51.26 s		
28	8	0670	JOHN RAHIM	SMEKEPP ATHLETICS	5 : 52.01 s		
29	18	0667	MOHAMMAD FAZIER BIN MOHD HIRZI	KO MONOTOS	5 : 59.53 s		
30	19	0773	MUHAMAD SHAFIE BIN MAT SANI	NORNI	6 : 00.38 s		
-	23	0295	AREL EBELLTER RAUDY	SEMETRA	DNS		

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NO ACARA : 315				AKHIR			
ACARA : 1500 m				PEREMPUAN TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	2	0211	SITI SYAFIQAH BTE ABD. MALIK	CAC	5 : 44.69 s		
2	6	0722	BIBILIN FAUZI	SSM SABAH	6 : 00.26 s		
3	3	0169	SHAFIYAH NUR NAWRA BINTI SHAREN	BANDAU WARRIOR	6 : 07.21 s		
4	4	0902	RECO ERIKENIEZA YONNI	POD PUTATAN	6 : 44.69 s		
5	5	0171	DYERAINANDRIA ALEXANDER	BANDAU WARRIOR	7 : 23.23 s		
-	1	0958	NURKHAIRUNNISYA BT BASRAN	SMK MEROTAI BESAR	DNF		

NO ACARA : 316				AKHIR			
ACARA : 1500 m				LELAKI TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	23	0164	ROMIEO GOMBOH	BANDAU WARRIOR	4 : 19.61 s		
2	17	1304	AZLAN KUSTE	TEAM DEAFSABAH	4 : 28.49 s		
3	10	0684	DANIAL HAKIM BIN MOHAMMED OMAR	SSM SABAH	4 : 31.52 s		
4	24	0003	MOHAMMAD YUSUF MOHD ALI	AAC	4 : 34.54 s		
5	14	0681	GOLIATH VALERON SILI	SSM SABAH	4 : 37.00 s		
6	3	0731	MOHAMAD KHAIRIL BIN JAMIS	SMK MAT SALLEH	4 : 50.22 s		
7	12	1045	ELVENDER VELLY JOY	SMK TAMPARULI	4 : 56.43 s		
8	5	0885	MUHAMMAD NAQUE BIN MISNAN	POD PUTATAN	4 : 57.75 s		
9	19	1073	MELVERT B TAMBAY	SEMEKSI	5 : 05.35 s		
10	9	0148	THANGESWARAN A/L VELLAN	BADIN T&F	5 : 07.23 s		
11	15	0591	CHIENG YOU CHENG	MONTANA KINABALU AC	5 : 17.66 s		
12	1	0945	REKLE ADRIANO	SMK KOTA MARUDU	5 : 17.86 s		
13	4	0686	MOHAMMAD AZHAR BIN JOHNNY	SSM SABAH	5 : 19.91 s		
14	21	0821	AHMAD FIKRI BIN ROSLLEY	PLN KENINGAU	5 : 22.10 s		
15	20	1163	JUL-AMRI	SMK LIKAS	5 : 24.29 s		
16	16	0883	SHAFIQ SAFWAN	POD PUTATAN	5 : 28.85 s		
17	11	0753	MUHD HAFIQ HIDAYAT SAMSANI	(TTNF)	5 : 32.37 s		
18	13	0036	MUHAMMAD ASNAWI B AZLAN	ATHRA	5 : 44.83 s		
19	8	1166	MUHAMMED SYAFIQ BIN HARDI	SMK LIKAS	6 : 51.68 s		
-	2	1164	MUHAMMAD FAISAL	SMK LIKAS	DNF		
-	6	0115	MOHD HASHIM ABDUL MANAP	BERWANG SPORTS CLUB	DNS		
-	7	0950	ROJI SINUN ABDULLAH	ROJI	DNS		
-	18	0690	NIKOS TAI LEE ONN	SSM SABAH	DNS		
-	22	0811	ZAID BIN SUHAIPIN	IPG KAMPUS GAYA	DNS		

NO ACARA : 317				AKHIR			
ACARA : 4 x 50 m				PEREMPUAN 9 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	5	CA	CORINTHIANS ATHLETICS CLUB	CAC	34.19 s		
2	11	BA	BULLET ATHLETICS	BULLET ATHLETICS	34.54 s		
3	9	RS A	RS ATHLETIC CLUB A	RS ATHLETIC CLUB	35.30 s		
4	6	LY	SRK LOK YUK LIKAS	SRK LOK YUK LIKAS	36.26 s		
5	1	HS	HUMANSPOORT T&F	HUMANSPOORT T&F	37.24 s		
6	13	RS B	RS ATHLETIC CLUB B	RS ATHLETIC CLUB	38.97 s		
7	12	ME	MILE4 ATHLETICS	MILE4 ATHLETICS	41.25 s		
8	3	PM	PENAMPANG MASTERS	PENAMPANG MASTERS	41.60 s		
9	4	AT	ATHRA	ATHRA	41.97 s		
10	7	MK	MONTANA KINABALU AC	MONTANA KINABALU AC	43.80 s		
11	2	SG	SALAPING ATHLETIC	SALAPING ATHLETIC	43.87 s		
12	10	TA	TUARAN ATHLETICS	TUARAN ATHLETICS	45.57 s		
13	8	RS C	RS ATHLETIC CLUB C	RS ATHLETIC CLUB	47.97 s		

NO ACARA : 318				AKHIR			
ACARA : 4 x 50 m				LELAKI 9 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	11	HS A	HUMANSPOORT T&F A	HUMANSPOORT T&F	33.43 s		
2	9	LY	SRK LOK YUK LIKAS	SRK LOK YUK LIKAS	33.59 s		
3	3	MK	MONTANA KINABALU AC	MONTANA KINABALU AC	34.09 s		
4	7	RS A	RS ATHLETIC CLUB A	RS ATHLETIC CLUB	37.08 s		
5	5	TA A	TUARAN ATHLETICS A	TUARAN ATHLETICS	37.19 s		
6	13	RS B	RS ATHLETIC CLUB B	RS ATHLETIC CLUB	37.27 s		
7	6	RS C	RS ATHLETIC CLUB C	RS ATHLETIC CLUB	37.75 s		
8	1	TA B	TUARAN ATHLETICS B	TUARAN ATHLETICS	37.96 s		
9	8	HS B	HUMANSPOORT T&F B	HUMANSPOORT T&F	39.02 s		
10	10	SG	SALAPING ATHLETIC	SALAPING ATHLETIC	41.54 s		
11	12	ME	MILE4 ATHLETICS	MILE4 ATHLETICS	43.38 s		
-	2	BS	BERWANG SPORTS CLUB	BERWANG SPORTS CLUB	BATAL		
-	4	CA	CORINTHIANS ATHLETICS CLUB	CAC	DNF		

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NO ACARA : 319				AKHIR			
ACARA : 4 x 100 m				PEREMPUAN 12 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	14	KA	KUNAK ATHELETIC	KUNAK ATHELETIC	57.70 s		
2	24	CA A	CORINTHIANS ATHLETICS CLUB A	CAC	58.93 s		
3	22	BA	BULLET ATHLETICS	BULLET ATHLETICS	59.04 s		
4	29	ME	MILE4 ATHLETICS	MILE4 ATHLETICS	59.99 s		
5	7	KO	KELAB OLAHRAGA SK.MALAWA	KO SK.MALAWA	60.00 s		
6	3	LD	TUNGKU SPORTS CLUB (TSC)	TUNGKU SPORTS CLUB	60.63 s		
7	17	TA A	TUARAN ATHLETICS A	TUARAN ATHLETICS	60.84 s		
8	8	AT A	ATHRA A	ATHRA	61.24 s		
9	27	HS A	HUMANSPOORT T&F A	HUMANSPOORT T&F	61.33 s		
10	15	RS A	RS ATHLETIC CLUB A	RS ATHLETIC CLUB	61.46 s		
11	19	SS	SOLUSUK SANDAYOH	SOLUSUK SANDAYOH	61.52 s		
12	26	CA B	CORINTHIANS ATHLETICS CLUB B	CAC	61.88 s		
13	6	TA C	TUARAN ATHLETICS C	TUARAN ATHLETICS	63.31 s		
14	16	AT B	ATHRA B	ATHRA	63.78 s		
15	21	RS B	RS ATHLETIC CLUB B	RS ATHLETIC CLUB	64.25 s		
16	20	TA D	TUARAN ATHLETICS D	TUARAN ATHLETICS	65.09 s		
17	9	PM	PENAMPANG MASTERS	PENAMPANG MASTERS	65.55 s		
18	10	KC	KIAWAYAN ATHLETICS CLUB	KIAWAYAN ATHLETICS	65.96 s		
19	28	LY	SRK LOK YUK LIKAS	SRK LOK YUK LIKAS	66.06 s		
20	4	RS C	RS ATHLETIC CLUB C	RS ATHLETIC CLUB	67.13 s		
21	5	SG	SALAPING ATHLETIC	SALAPING ATHLETIC	67.22 s		
22	11	TA B	TUARAN ATHLETICS B	TUARAN ATHLETICS	67.47 s		
23	18	HS B	HUMANSPOORT T&F B	HUMANSPOORT T&F	68.70 s		
24	12	RS D	RS ATHLETIC CLUB D	RS ATHLETIC CLUB	70.66 s		
25	2	SJ	ST.JAMES, KK	ST.JAMES, KK	73.66 s		
26	13	CH	CHLK	CHLK	77.32 s		
-	1	BS	BERWANG SPORTS CLUB	BERWANG SPORTS CLUB	DNS		
-	23	MK	MONTANA KINABALU AC	MONTANA KINABALU AC	DNS		
-	25	PE	PISMA TEAM	PISMA TEAM	DNS		

NO ACARA : 320				AKHIR			
ACARA : 4 x 100 m				LELAKI 12 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	4	RS A	RS ATHLETIC CLUB A	RS ATHLETIC CLUB	50.06 s		
2	18	MK A	MONTANA KINABALU AC A	MONTANA KINABALU AC	52.83 s		
3	19	CA A	CORINTHIANS ATHLETICS CLUB A	CAC	53.25 s		
4	9	TA A	TUARAN ATHLETICS A	TUARAN ATHLETICS	53.92 s		
5	7	MS	SSM SABAH	SSM SABAH	54.08 s		
6	24	SG	SALAPING ATHLETIC	SALAPING ATHLETIC	55.06 s		
7	1	HS A	HUMANSPOORT T&F A	HUMANSPOORT T&F	55.18 s		
8	6	AT A	ATHRA A	ATHRA	56.40 s		
9	26	CH A	CHLK A	CHLK	57.89 s		
10	16	RS B	RS ATHLETIC CLUB B	RS ATHLETIC CLUB	58.10 s		
11	2	MK B	MONTANA KINABALU AC B	MONTANA KINABALU AC	58.13 s		
12	15	CA B	CORINTHIANS ATHLETICS CLUB B	CAC	59.64 s		
13	20	PA	POD PAPAR	POD PAPAR	60.62 s		
14	21	SJ C	ST.JAMES, KK C	ST.JAMES, KK	60.89 s		
15	13	MK C	MONTANA KINABALU AC C	MONTANA KINABALU AC	62.26 s		
16	11	LY	SRK LOK YUK LIKAS	SRK LOK YUK LIKAS	62.36 s		
17	8	CH B	CHLK B	CHLK	63.11 s		
18	10	TA B	TUARAN ATHLETICS B	TUARAN ATHLETICS	63.70 s		
19	14	AT B	ATHRA B	ATHRA	64.01 s		
20	17	HS B	HUMANSPOORT T&F B	HUMANSPOORT T&F	64.70 s		
21	23	BS	BERWANG SPORTS CLUB	BERWANG SPORTS CLUB	64.73 s		
22	5	SJ A	ST.JAMES, KK A	ST.JAMES, KK	66.48 s		
23	12	RS C	RS ATHLETIC CLUB C	RS ATHLETIC CLUB	67.75 s		
24	22	RS D	RS ATHLETIC CLUB D	RS ATHLETIC CLUB	68.54 s		
25	25	MK D	MONTANA KINABALU AC D	MONTANA KINABALU AC	71.94 s		
26	3	SJ B	ST.JAMES, KK B	ST.JAMES, KK	75.01 s		

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NO ACARA : 321				AKHIR			
ACARA : 4 x 100 m				PEREMPUAN 15 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	7	MA	SM ST MARTIN TAMBUNAN	SM ST MARTIN	55.18 s		
2	10	NF	TAWAU TRACK AND FIELD	(TTNF)	55.55 s		
3	6	PL	PLN KENINGAU	PLN KENINGAU	56.89 s		
4	8	MK B	MONTANA KINABALU AC B	MONTANA KINABALU AC	57.62 s		
5	4	CA	CORINTHIANS ATHLETICS CLUB	CAC	58.84 s		
6	1	PS	SMK PITAS II	SMK PITAS II	59.47 s		
7	9	RS	RS ATHLETIC CLUB	RS ATHLETIC CLUB	62.32 s		
8	5	MJ	MAJAKIR TRACK & FIELD	MAJAKIR T&F	62.55 s		
9	11	MK A	MONTANA KINABALU AC A	MONTANA KINABALU AC	65.07 s		
-	2	MP	SMEKEPP ATHLETICS	SMEKEPP ATHLETICS	DNS		
-	3	DT	DREAM TEAM SEMETRA (SMK TIMBUA)	SEMETRA	DNS		

NO ACARA : 322				AKHIR			
ACARA : 4 x 100 m				LELAKI 15 TKB			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	14	DP	DPM TRACK & FIELD	DPM TRACK & FIELD	46.15 s		
2	2	RS	RS ATHLETIC CLUB	RS ATHLETIC CLUB	46.89 s		
3	17	MA	SM ST MARTIN TAMBUNAN	SM ST MARTIN	47.08 s		
4	19	NF	TAWAU TRACK AND FIELD	(TTNF)	47.45 s		
5	12	ST	SMK TANDEK	SMK TANDEK	47.77 s		
6	20	CA	CORINTHIANS ATHLETICS CLUB	CAC	47.92 s		
7	9	TA A	TUARAN ATHLETICS A	TUARAN ATHLETICS	48.39 s		
8	5	MK B	MONTANA KINABALU AC B	MONTANA KINABALU AC	48.57 s		
9	10	HS	HUMANSPOORT T&F	HUMANSPOORT T&F	48.97 s		
10	7	MJ A	MAJAKIR TRACK & FIELD A	MAJAKIR T&F	49.29 s		
11	1	MK D	MONTANA KINABALU AC D	MONTANA KINABALU AC	49.36 s		
12	13	MK C	MONTANA KINABALU AC C	MONTANA KINABALU AC	50.19 s		
13	3	RD	SMK KOTA MARUDU	SMK KOTA MARUDU	50.24 s		
14	18	SL	SMK LIKAS	SMK LIKAS	51.26 s		
15	15	TA C	TUARAN ATHLETICS C	TUARAN ATHLETICS	51.64 s		
16	4	DT	DREAM TEAM SEMETRA (SMK TIMBUA)	SEMETRA	52.23 s		
17	11	PP	POD PUTATAN	POD PUTATAN	52.56 s		
18	22	AT	ATHRA	ATHRA	52.72 s		
19	23	MJ B	MAJAKIR TRACK & FIELD B	MAJAKIR T&F	53.30 s		
20	8	TA B	TUARAN ATHLETICS B	TUARAN ATHLETICS	53.80 s		
21	16	MK E	MONTANA KINABALU AC E	MONTANA KINABALU AC	53.95 s		
-	6	MK A	MONTANA KINABALU AC A	MONTANA KINABALU AC	DNS		
-	21	KB	KOTA BELUD ATHLETIC CLUB	KOTA BELUD ATHLETIC	DNS		
-	24	BS	BERWANG SPORTS CLUB	BERWANG SPORTS CLUB	DNS		

NO ACARA : 323				AKHIR			
ACARA : 4 x 100 m				PEREMPUAN TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	1	DP	DPM TRACK & FIELD	DPM TRACK & FIELD	50.96 s		
2	2	NF	TAWAU TRACK AND FIELD	(TTNF)	51.18 s		
3	6	TA	TUARAN ATHLETICS	TUARAN ATHLETICS	51.76 s		
4	5	SD	POD SANDAKAN	POD SANDAKAN	53.62 s		
5	7	MA	SM ST MARTIN TAMBUNAN	SM ST MARTIN	53.70 s		
6	3	CA	CORINTHIANS ATHLETICS CLUB	CAC	55.49 s		
7	4	RS	RS ATHLETIC CLUB	RS ATHLETIC CLUB	56.58 s		
8	8	TG	TONGOD AA	TONGOD AA	56.74 s		


NO ACARA : 324				AKHIR			
ACARA : 4 x 100 m				LELAKI TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	20	MK A	MONTANA KINABALU AC A	MONTANA KINABALU AC	43.32 s		
2	14	AS	KAIROS ATHLETICS	KAIROS ATHLETICS	43.57 s		
3	17	NF A	TAWAU TRACK AND FIELD A	(TTNF)	44.38 s		
4	19	CA	CORINTHIANS ATHLETICS CLUB	CAC	44.70 s		
5	7	RS B	RS ATHLETIC CLUB B	RS ATHLETIC CLUB	44.93 s		
6	11	MA	SM ST MARTIN TAMBUNAN	SM ST MARTIN	45.17 s		
7	6	PL	PLN KENINGAU	PLN KENINGAU	46.07 s		
8	23	TD	TEAM DEAFSABAH	TEAM DEAFSABAH	46.17 s		
9	13	AA	ALANGKAS ATHLETICS CLUB	AAC	46.21 s		
10	8	HS	HUMANSPOORT T&F	HUMANSPOORT T&F	46.92 s		
11	1	TA	TUARAN ATHLETICS	TUARAN ATHLETICS	46.97 s		
12	9	SL	SMK LIKAS	SMK LIKAS	47.72 s		
13	15	MJ	MAJAKIR TRACK & FIELD	MAJAKIR T&F	47.96 s		
14	10	RS A	RS ATHLETIC CLUB A	RS ATHLETIC CLUB	48.14 s		
15	5	RB	RESTLESS BEES	RESTLESS BEES	49.29 s		

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16	22	AT	ATHRA	ATHRA	49.32 s	
17	18	BS	BERWANG SPORTS CLUB	BERWANG SPORTS CLUB	51.43 s	
18	21	MK B	MONTANA KINABALU AC B	MONTANA KINABALU AC	51.78 s	
19	16	NF B	TAWAU TRACK AND FIELD B	(TTNF)	52.95 s	
-	2	KB	KOTA BELUD ATHLETIC CLUB	KOTA BELUD ATHLETIC	DNS	
-	3	MK C	MONTANA KINABALU AC C	MONTANA KINABALU AC	DNS	
-	4	PP	POD PUTATAN	POD PUTATAN	DNS	
-	12	SD	POD SANDAKAN	POD SANDAKAN	DNS	

NO ACARA : 325			AKHIR								
ACARA : REJAM LEMBING			LELAKI TERBUKA								
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	9	0387	MOHAMMAD HISYAM BIN ABDUL RAZAK	KUNAK ATHELETIC	47.47 m	X	46.21	47.47	X	43.10	X
2	7	0423	MOHD AZIZIE BIN MASDONE	KSBFT@MYWAY	46.07 m	41.17	46.07	44.60	X	44.02	44.69
3	3	0422	LINUS NICHOLAS	KSBFT@MYWAY	41.33 m	X	41.33	X	41.03	X	40.98
4	10	0318	MOHAMAD SAIFUDDIN BIN SHAIK SATTI	GAYARIAN	40.77 m	X	X	40.77	X	39.63	37.55
5	16	1211	VILLEY VICKY KAINON	SMK TANDEK	40.33 m	X	40.33	X	38.96	X	X
6	4	0477	RIKKY JAINIS	SMK LOHAN RANAU	39.80 m	39.80	X	X	X	X	X
7	17	0827	VICTER BEN SALLEH @ BINIDIK	PLN KENINGAU	36.43 m	X	36.43	X	X	35.48	X
8	2	1342	MELLWELL	MELLWELL	34.18 m	24.56	34.18	25.00	23.77	X	X
9	1	0425	PAUL KENNETH TAY	KSBFT@MYWAY	30.27 m	X	X	30.27			
10	11	0535	MOHAMMAD SHAHRUN NIZAM BIN ALI	MSN SANDAKAN	28.14 m	X	28.14	X			
11	14	1114	JUDE JOSEPH	SMSM PENAMPANG	25.14 m	X	X	25.14			
12	6	0952	MOHAMMAD HAFIZI BIN CHRISTIE	SMK MEROTAI BESAR	21.06 m	21.06	X	X			
13	13	0346	ALVEN DANIEL TOTU	HUMANSPO T&F	17.20 m	15.99	16.21	17.20			
14	8	0342	DUNSTON JERICHO	HUMANSPO T&F	13.13 m	13.13	11.51	13.07			
-	5	1308	ELVIENSOON TIONO TINUS	TEAM DEAFSABAH	NM	X	X	X			
-	12	0319	ABD QAIYUM BIN ABD MADID	GAYARIAN	NM	X	X	X			
-	15	1383	ERROL ODDIE BISAUN	MONTANA KINABALU AC	DNS						
-	18	0424	BRYANDEVON DAHREEN	KSBFT@MYWAY	DNS						

NO ACARA : 326			AKHIR								
ACARA : LONTAR PELURU			PEREMPUAN 15 TKB								
KED	GIL	BIB	NAMA	PASUKAN	JARAK	1	2	3	4	5	6
1	10	0729	SUNGRAECINA HAIRRY	SSM SABAH	11.05 m	10.81	10.02	9.35	11.05	9.76	9.79
2	3	0309	KRISTINA LONJU	SEMETRA	10.25 m	10.25	8.69	7.82	7.92	8.70	8.41
3	8	0677	RINDIFELVINA	SMEKEPP ATHLETICS	9.56 m	9.56	9.24	9.09	8.76	9.32	8.72
4	4	0491	ANNA TYEDORRA COLORENCE	SMK LOHAN RANAU	9.36 m	8.62	8.92	9.11	9.06	9.05	9.36
5	12	0919	NORDIANAH BINTI JAINAL @ EDIN	SMK PITAS II	9.19 m	X	9.02	9.19	8.72	8.53	7.90
6	7	1226	DANIELLA NIA JIMIL	SMK TANDEK	8.97 m	8.97	8.23	8.11	8.49	8.82	8.65
7	2	0679	SITI ALEEYA MAISARA BINTI SAMSUDIN	SMEKEPP ATHLETICS	8.21 m	8.19	8.21	7.99	7.01	6.90	6.44
8	11	0224	EUPHRASIA TERRENCE CLAUDIUS	CAC	7.29 m	7.29	6.46	6.92	6.32	5.69	6.15
9	1	0925	ROWENA ROZI@ROGER	PATAU TEAM	7.19 m	6.32	7.19	6.96			
10	6	0727	IRENE TIANG MING JIE	SSM SABAH	6.31 m	X	X	6.31			
11	5	0229	ANNABETH ASHLEE LOJITAN	CAC	4.63 m	X	X	4.63			
-	9	0307	JOY ANGEL JOSUA	SEMETRA	DNS						


NO ACARA : 327			AKHIR								
ACARA : LOMPAT TINGGI			PEREMPUAN TERBUKA								
KED	GIL	BIB	NAMA	PASUKAN	TINGGI	1.35	1.40	1.45			
1	1	0286	WILNIE JOHANIES	DPM TRACK & FIELD	1.40 m	o	xo	xxx			
-	2	0736	CORRIE TRINITY JELSON	SMK MAT SALLEH	NM	xxx					

NO ACARA : 328			AKHIR								
ACARA : 200 m LARI BERPAGAR			PEREMPUAN 15 TKB								
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA					
1	18	0530	ABERNETHA ELISSA TADIUS		SM ST MARTIN	30.35 s					
2	20	0845	CASSANDRA JONNA PATRICK		PLN KENINGAU	30.95 s					
3	1	0770	NUR SYAFIQAH NOR		(TTNF)	32.54 s					
4	12	1187	CRALA ARRELLYEXSA ELVIRA		SMKPI	33.05 s					
5	6	1318	NORYELZA BINTI ABDULLAH		TONGOD AA	33.08 s					
6	14	0724	SHERYNA NATASHA BT MOHD ARSAD		SSM SABAH	33.18 s					
7	16	0921	MELC MARSYELLA JAMIL		SMK PITAS II	33.61 s					
8	8	1020	VANESSA CHAI PEI PEI		RS ATHLETIC CLUB	33.65 s					
9	22	0015	NURUL NAJWA BINTI JAINAL ABADIN		AAC	33.89 s					
10	17	0392	ANDI NUR ATIQA SAIDAH BT NORDIN		KUNAK ATHELETIC	34.01 s					
11	5	0470	KAYZE TIJAN ROBIN		KTDTHB	34.09 s					
12	11	0393	FARIDAH BT ISMAIL		KUNAK ATHELETIC	36.39 s					
13	4	0741	AIZZA RANNI MASHITAH BIN JAMCIN		SMK MAT SALLEH	36.47 s					
14	15	0084	ALYA AMEELDA BINTI ABDULLAH		ATHRA	36.82 s					
15	9	0653	NYREE LIAU CAI XIAN		MONTANA KINABALU AC	37.12 s					
16	3	0083	NUR NATALIA VELANI BINTI CHARLO		ATHRA	37.16 s					

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17	21	0086	PRETTY DEPHNYE PHILIP	ATHRA	40.95 s	
18	19	0082	STELLA STEPHANIE PAN	ATHRA	43.32 s	
-	2	0311	DIAR ANANDA JULIAN	SEMETRA	DNS	
-	7	0312	CHERTY CELCIACERONICA LADUWIN	SEMETRA	DNS	
-	10	0078	NUR HASMIEZAH BTE RUHAMIN	ATHRA	DNS	
-	13	0471	RACHEAL TIJAN TINGANG	KDTHB	DNS	

NO ACARA : 329			AKHIR				
ACARA : 200 m LARI BERPAGAR			LELAKI 15 TKB				
KED	LOR	BIB	NAMA	ANGIN = 0 m/s	PASUKAN	MASA	
1	4	0518	STEVEN GERRAD ERON		SM ST MARTIN	26.09 s	
2	9	0699	MOHAMMAD IZZ ZAIDI BIN JUNAIDAY		SSM SABAH	26.81 s	
3	14	0568	HILAL NAZMI OMARSHAH		MAJAKIR T&F	27.02 s	
4	7	1056	MUHAMMAD FAZWAN BIN ZULFEKAR		SMK TAMPARULI	27.56 s	
5	3	0703	AEDEN DALE MAURICE		SSM SABAH	27.64 s	
6	12	0984	IVAN MIKAEL BIN ROSLEE		RS ATHLETIC CLUB	28.48 s	
7	16	0468	BENEDICT TIVEZ ANAK JULIE		KDTHB	29.36 s	
8	17	0284	ADRIANO ERIC RIBIT		DPM TRACK & FIELD	29.37 s	
9	10	1201	ALLVIC NIKO SONG		SMK TANDEK	30.44 s	
10	8	1179	DEAFRON BIN JOHKIUS		SMKPI	30.60 s	
11	15	1180	DONALFERANDES JESMI		SMKPI	31.09 s	
12	2	0986	JSOZHUA JAINOL		RS ATHLETIC CLUB	31.26 s	
13	13	1069	FAHIM RASYIDI BIN ABDULLAH		STOVE ATHLETICS	31.39 s	
14	6	1071	ALAZIZ		STOVE ATHLETICS	32.49 s	
-	1	0833	REINHARD EZRA CHRISTOPHER		PLN KENINGAU	DNS	
-	5	0301	CIDNEY OLIVERNIKO JAIMMY		SEMETRA	DNS	
-	11	0045	MUHAMMAD IRFAN HASIF B YUSSIRI		ATHRA	DNS	

NO ACARA : 330			AKHIR				
ACARA : 4 x 400 m			PEREMPUAN 15 TKB				
KED	LOR	BIB	NAMA		PASUKAN	MASA	
1	5	NF	TAWAU TRACK AND FIELD		(TTNF)	4 : 42.46 s	
2	8	MS	SSM SABAH		SSM SABAH	4 : 45.09 s	
3	7	MT	SMK MAT SALLEH		SMK MAT SALLEH	4 : 54.39 s	
4	10	MD	MSN SANDAKAN		MSN SANDAKAN	5 : 00.58 s	
5	4	ST	SMK TANDEK		SMK TANDEK	5 : 11.48 s	
6	6	PS	SMK PITAS II		SMK PITAS II	5 : 16.13 s	
7	11	PL	PLN KENINGAU		PLN KENINGAU	5 : 19.81 s	
8	2	MJ	MAJAKIR TRACK & FIELD		MAJAKIR T&F	5 : 26.08 s	
9	1	MP	SMEKEPP ATHLETICS		SMEKEPP ATHLETICS	5 : 36.95 s	
-	3	DT	DREAM TEAM SEMETRA (SMK TIMBUA)		SEMETRA	DNS	
-	9	BS	BERWANG SPORTS CLUB		BERWANG SPORTS CLUB	DNS	

NO ACARA : 331			AKHIR				
ACARA : 4 x 400 m			LELAKI 15 TKB				
KED	LOR	BIB	NAMA		PASUKAN	MASA	
1	9	MS A	SSM SABAH A		SSM SABAH	3 : 51.43 s	
2	5	NF	TAWAU TRACK AND FIELD		(TTNF)	3 : 57.03 s	
3	18	MK A	MONTANA KINABALU AC A		MONTANA KINABALU AC	3 : 57.05 s	
4	14	LN	SMK LOHAN RANAU		SMK LOHAN RANAU	4 : 01.31 s	
5	10	HS	HUMANSPOORT T&F		HUMANSPOORT T&F	4 : 02.59 s	
6	3	SM	SMKPI FODISTENT		SMKPI	4 : 06.39 s	
7	16	MJ A	MAJAKIR TRACK & FIELD A		MAJAKIR T&F	4 : 07.18 s	
8	11	PS	SMK PITAS II		SMK PITAS II	4 : 09.31 s	
9	15	MK B	MONTANA KINABALU AC B		MONTANA KINABALU AC	4 : 09.75 s	
10	6	MS B	SSM SABAH B		SSM SABAH	4 : 09.84 s	
11	7	ST	SMK TANDEK		SMK TANDEK	4 : 10.55 s	
12	21	PP	POD PUTATAN		POD PUTATAN	4 : 13.74 s	
13	8	SL	SMK LIKAS		SMK LIKAS	4 : 16.71 s	
14	2	MJ B	MAJAKIR TRACK & FIELD B		MAJAKIR T&F	4 : 20.01 s	
15	13	DT	DREAM TEAM SEMETRA (SMK TIMBUA)		SEMETRA	4 : 20.81 s	
16	19	SA	STOVE ATHLETICS (SMK TUNGKU)		STOVE ATHLETICS	4 : 25.23 s	
17	12	TA	TUARAN ATHLETICS		TUARAN ATHLETICS	4 : 25.27 s	
-	1	BW	BANDAU WARRIOR		BANDAU WARRIOR	DNS	
-	4	MD	MSN SANDAKAN		MSN SANDAKAN	DNS	
-	17	BS	BERWANG SPORTS CLUB		BERWANG SPORTS CLUB	DNS	

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NO ACARA : 332				AKHIR			
ACARA : 4 x 400 m				PEREMPUAN TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	3	NF	TAWAU TRACK AND FIELD	(TTNF)	4 : 17.90 s		
2	5	MS	SSM SABAH	SSM SABAH	4 : 19.73 s		
3	2	TA	TUARAN ATHLETICS	TUARAN ATHLETICS	4 : 54.40 s		
-	4	TG	TONGOD AA	TONGOD AA	DNS		
-	6	MD	MSN SANDAKAN	MSN SANDAKAN	DNS		
-	7	BS	BERWANG SPORTS CLUB	BERWANG SPORTS CLUB	DNS		

NO ACARA : 333				AKHIR			
ACARA : 4 x 400 m				LELAKI TERBUKA			
KED	LOR	BIB	NAMA	PASUKAN	MASA		
1	3	MS B	SSM SABAH B	SSM SABAH	3 : 36.67 s		
2	10	MK	MONTANA KINABALU AC	MONTANA KINABALU AC	3 : 37.35 s		
3	2	TD	TEAM DEAFSABAH	TEAM DEAFSABAH	3 : 39.11 s		
4	9	PL	PLN KENINGAU	PLN KENINGAU	3 : 42.55 s		
5	17	TA	TUARAN ATHLETICS	TUARAN ATHLETICS	3 : 44.53 s		
6	4	NF B	TAWAU TRACK AND FIELD B	(TTNF)	3 : 44.96 s		
7	16	HS A	HUMANSPOORT T&F A	HUMANSPOORT T&F	3 : 46.51 s		
8	14	RS	RS ATHLETIC CLUB	RS ATHLETIC CLUB	3 : 46.91 s		
9	1	MS A	SSM SABAH A	SSM SABAH	3 : 47.93 s		
10	6	MD	MSN SANDAKAN	MSN SANDAKAN	3 : 50.92 s		
11	12	PP	POD PUTATAN	POD PUTATAN	3 : 51.02 s		
12	18	SL	SMK LIKAS	SMK LIKAS	3 : 52.23 s		
13	11	MN	KELAB OLAHRAGA MONOTOS	KO MONOTOS	3 : 55.05 s		
14	5	HS B	HUMANSPOORT T&F B	HUMANSPOORT T&F	4 : 11.32 s		
15	7	NF A	TAWAU TRACK AND FIELD A	(TTNF)	4 : 15.91 s		
16	8	BS	BERWANG SPORTS CLUB	BERWANG SPORTS CLUB	4 : 22.87 s		
-	13	AT	ATHRA	ATHRA	DNS		
-	15	PG	IPG KAMPUS GAYA	IPG KAMPUS GAYA	DNF		



PUNGUTAN PINGAT

No	Pasukan	P 12 TKB		P 15 TKB		P 9 TKB		P TERBUKA		P VETERAN		L 12 TKB		L 15 TKB		L 9 TKB		L TERBUKA		L VETERAN		Emas	Perak	Gangsa	Jumlah Pingat		
1	SSM SABAH			2	2			3	4	2				5	4	3			3	2	2			13	12	7	32
2	DPM TRACK & FIELD			2	1			2		1				3									7	1	1	9	
3	TAWAU TRACK AND FIELD			2	2	1		2	4					3				2		2			6	9	3	18	
4	SM ST MARTIN TAMBUNAN			2		1								2	1	1			1		1		5	1	3	9	
5	RS ATHLETIC CLUB				1	2		1				1	2		1	1			3	3			4	7	4	15	
6	CORINTHIANS ATHLETICS CLUB	2				2		2		2			1	1	1		1						4	4	4	12	
7	POD SANDAKAN							3										1		1			4	0	1	5	
8	MONTANA KINABALU AC			1								1			1	1		2	1	1			3	2	3	8	
9	BANDAU WARRIOR							1	1					1				3					3	1	2	6	
10	PLN KENINGAU			2	2	2		1												1			2	3	3	8	
11	SMK TAMPARULI							1	1	1				1	1					1			2	3	1	6	
12	MSN PERAK			1	1			1												1			2	2	0	4	
13	SEMEKSI PANGKIS BULAVAN			1				1	1														2	1	0	3	
14	KUNAK ATHELETIC	1																	1				2	0	0	2	
15	PATAU TRACK & FIELD TEAM											2											2	0	0	2	
16	ST.JAMES. KK	2																					2	0	0	2	
17	CHEETAH ATHELETIC CLUB				1	1								1	2	1							1	3	2	6	
18	SMK TANDEK				1				1					1	2								1	3	1	5	
19	MAJAKIR TRACK & FIELD					1		1						1	2								1	1	3	5	
20	ALANGKAS ATHLETICS CLUB				1			1	1											1			1	1	2	4	
21	PENAMPANG MASTERS										1									1	1	1	1	1	2	4	
22	KK MASTERS									1										1		1	1	1	1	3	
23	IPG KAMPUS GAYA							1												1			1	1	0	2	
24	KAيروس ATHLETICS																		1	1			1	1	0	2	
25	KELAB AELMA																			1	1		1	1	0	2	

